



KINGSLEY NEWS

OCTOBER 2019

The news and voice of your village
Community

Kingsley Community Association is a Registered Charity

KINGSLEY COMMUNITY ASSOCIATION
OFFICERS 2019/2020

Chairman	Elizabeth Batey	788788
Vice Chairman	Steve Easton	788050
Treasurer	Simon Batey	788788
Secretary	Elizabeth Batey	788788
Kingsley News Editor	Elizabeth Wilson	787678
Kingsley News Accounts	Julie Mort	
Bookings Secretary	Jo Preston	787899

COUNCIL MEMBERS (elected)

Carol Rowlands, Vic Wodhams

COUNCIL MEMBERS (not elected)

One representative from each of the affiliated groups and clubs

CONTACT DETAILS FOR PARISH COUNCIL

Contact: The Parish Clerk

Email: parish.clerk@kingsleyparishcouncil.org.uk

Mailing Address: The Boardroom, Hollow Lane, Kingsley, WA6 8EF

Telephone Numbers: landline to be advised

Mobile: 0748 3157679

The Parish Clerk will be available at the following times:

Every Friday of the month between 09.00am and 3.00pm

KINGSLEY PRAYER DIARY

Each week of the year Christians in Kingsley pray specially for people in a different area of the village and its surroundings. During October we think of, and pray for people living in: -

W/c Oct 6th Bradley

W/c Oct 13th Brookside

W/c Oct 20th Lower Brookside and Well Lane

W/c Oct 27th Hollow Lane and St John's School

We invite you to add your own prayers

EDITORIAL NEWS AND VIEWS

Dear Readers

We already moving towards the season of "Mists and mellow fruitfulness" and as autumn approaches we can only hope for some dry sunny weather to cheer us up before the winter.

Kingsley Players will be performing their next production 'How the Other Half Loves' from 23-26th October. Get your tickets early.

On 11th October the 9 piece Bill Basey Band will be performing at Kingsley Community Centre performing a wide range of music. Promises be an excellent night.

Would you like to see more daffodils around Kingsley in the springtime? Please see the article asking for your comments on this, as there is the opportunity to purchase more bulbs at minimal cost to the Parish Council.

An invitation has been received for Kingsley to enter the Best Kept Village challenge. Please see the article in the magazine and contact the parish clerk if you are interested in being involved with this.

Elizabeth

**Articles for the magazine to be sent to the Editor
by email to - kingsleynewseditor@gmail.com**

Tel: 01928 787678

**Copy deadline is the 21st of each month
www.kingsleyvillage.co.uk**

A Jazz Journey!

Kingsley Community Centre, Friday 11th October 2019

'Basin St. to Birdland', with the 9-piece Bill Basey Band

Guest Vocalist Irene Martin.

Doors Open 7pm Show Starts 7.30pm Tickets £8 – Students £5

The Bill Basey band, well-known around the North Wales Jazz scene, is a 9-piece group that plays everything from New Orleans style to the music of Ellington, Goodman and Basie – and onwards to Modern Jazz.

The personnel range from their leader Bill Basey (yes, that is his real name), who has led Jazz combos for more decades than he cares to remember, to Liam Byrne – one of the finest young tenor sax players around today.

Guesting with the band will be the vocalist Irene Martin who swings everything from the Blues to Bossa – with style.

Tickets available from 07876 727560 ; The Red Bull, Kingsley ; Holland Pharmacy, Kingsley; Dandelion, Frodsham or
<https://www.ticketsource.co.uk/kingsley-community-association>

Kingsley Parish Council

Daffodil Bulb Planting

Our Ward Councillor Hugo Deynem, is looking to support funding for local communities to plant daffodils bulbs in their communities. The Parish Council is aware that we have had a number of bulb planting events in the past and have lovely displays at the bottom of Brookside and up Hollow Lane past St John's church.

We now have the opportunity to request sacks of 500 bulbs (enough for 50sqm) at a minimal cost to the Parish Council. The requirement for the support from our Borough Councillor is that local people, schools, youth groups, etc; are involved in the planting. At this time, there are no designated areas but suggestions are around the edge of the playing field and verges around the village. Villagers should be aware that Streetscene will not cut the verges until the foliage on the daffodils have died down.

The Parish Council would welcome your comments as to whether we should take up this offer. You can comment via the village Facebook page, or direct to the Parish Clerk via email (parish.clerk@kingsleyparishcouncil.org.uk). We need to make applications by January 2020, and all bulbs need to be planted by March 2020.



**Kingsley Players stage Alan Ayckbourn's best-loved play
'How the Other Half Loves'**

How the Other Half Loves, one of Alan Ayckbourn's most popular plays, will be on stage for four performances by award-winning Kingsley Players in October (23-26).

The play is a classic, bitter sweet comedy of 1960s manners and marital disharmony. There are three couples, played by Neil and Lesley Silcock, Simon Hetherington, Jo Oultram, Phil Murray and Ali Wheeler.

The men all work for the same firm. One of the younger men is having an affair with the boss's wife and when the adulterous pair return home suspiciously late one night, they invent a story about having to smooth over domestic difficulties of a third couple. What could possibly go wrong?!

Director Malcolm Barker, who was in the cast for the Kingsley Players' production of 1986, is at the helm for this latest version. He explains: "The set shows both living rooms, with two couples sharing a common dining room. This takes centre stage for a hilarious fast-moving scene which involves two family dinners served on different nights at the same time. And of course, the third couple show up to pour fat on the fire – a complication that only adds to the fun of this famous farce!"

How the Other Half Loves will play for four performances at **Kingsley Community Centre, 7.30pm, Wednesday 23rd – Saturday 26th October, 2019.**

Tickets cost £8 on Wednesday and Thursday, with £5 student discount; £9 on Friday and Saturday. Book in advance through the website www.kingsleyplayers.co.uk or by ringing the box office on 07724 892154.



Kingsley Parish Council

Best Kept Village Challenge

As you may be aware, the "Best Kept Village" scheme and award has been running for many years, but unfortunately this award scheme has now ceased with the withdrawal of backing and funding from the main sponsors. However, the gauntlet has been thrown down by our nearest neighbours Crowton, who have asked if Kingsley would be interested in taking part in an inter-village event.

As yet there are no details of when this would be done, who would judge it and what the award would be. At this time this is an enquiry from Crowton as to whether there is any interest in Kingsley to run this event. Whilst the initial approach has been made to the Parish Council, entrance to any such challenge would require participation from members of the public and the scheme would have to be run by villagers.

So, is there anyone out there interested in this challenge? Does anyone wish to lead a group to undertake this challenge? If so, in the first instance could you email the Parish Clerk on parish.clerk@kingsleyparishcouncil.org.uk if sufficient interest is shown we will then advise Crowton that the challenge is on for 2020.

KCA IS PROUD TO PRESENT

The Ramayana: Emily Hennessy & Sheema Mukherjee Friday 8th November at Kingsley Community Centre

Storyteller Emily Hennessy and virtuoso musician Sheema Mukherjee playing sitar conjure up a vivid, wild and beguiling world in this retelling of the much-loved Indian epic. When Sita is kidnapped by the ten-headed demon king, Rama needs all the help he can get to rescue her. Who better to have on your side than a shape-shifting monkey? What could possibly go wrong?

Tickets are only available online at the moment but will be on sale locally nearer the time.

<https://www.ticketsource.co.uk/whats-on/cheshire/kingsley-community-centre/emily-hennessey-and-sheema-mukherjee-the-ramayana/2019-11-08/19:30/t-ggpyna>

Ticket prices are £12 and £6 for under 17s.

Presented in conjunction with Cheshire Rural Touring Arts. More information on their Autumn Season can be found at

<http://www.cheshiruraltouringarts.co.uk/wp-content/uploads/2019/09/CRTA-Autumn-2019-Brochure-web-3.pdf>

LITTER PICK UPDATE

On Saturday 21st September 5 of the litter pick team collected 4 bags of litter from the village.

The next litter picks will be on 12th of October and the 16th of November.

There was only a small amount of litter about the village this time. Well done to all who pick up litter as they walk around the village.

Please consider joining us. We meet at the Community Centre at 10 o'clock..

Eila

Kingsley Bookworms

Next meeting 10th October 2019 at the Hurst Chapel at 7.30pm

At our last meeting we talked about "Cold Comfort Farm" by Stella Gibbons followed by the Tattooist of Auschwitz (postponed from the August meeting due to holidays). We had a lively chat about Cold Comfort Farm. Many of us had been unaware that the book is a parody of romantic 19th-century and early 20th-century literature. As we talked about the book, we were greatly amused by the wonderful way that the writer neatly gave everyone a happy ending, including two people who left the farm by planes that were able to land and take off from a nearby field.

The Tattooist of Auschwitz was very different in subject matter. A number of people had been unwilling to read the book, judging that the content would be upsetting. Of those that did read it, most gave a positive review. Again, we had a very interesting chat about the book and the extent to which it was a romanticised view of what went on at the concentration camp.

Our October book is The Silent Companion by Louise Purcell, a paranormal suspense book. It's described as "*A genuinely creepy Victorian ghost story, it'll keep you up half the night reading it . . . and you won't want to turn off the light.*" The book is inspired by the work of Shirley Jackson and Susan Hill and set in a crumbling country mansion.

Our next outing will be to the Chester Literary festival at the end of November to see Benjamin Zephaniah.

Kingsley Bookworms meet on the second Thursday of each month and everyone is welcome to join us at any of our meetings or events. There is no need to commit to coming to every meeting. We aim to be friendly and welcoming to one and all. Meetings start at 7.30pm and are held at the Hurst Chapel. If you want more information, please contact me on vgwillim@coach-work.co.uk or call me on 07799 067 457. We have also got our own Facebook page called Kingsley Bookworms.

The Hurst Church Soup Lunch

Monday 14th October

Meal served at 12 noon.

Home-made Soups, Puddings, Tea and coffee

- only £3.00 all in.

All proceeds this month in aid of "Methodist Homes". If you have not been before you will be warmly welcomed and enjoy a friendly chat whilst eating delicious home-made soup and pudding. Really good selection of both.

There is even a small raffle with many small prizes to be won!!!

JOYCE (JOY) HUGHES

The family of the late Joy Hughes would like to thank everyone for their kind thoughts, cards, flowers and messages of condolence following the peaceful passing of Joy on 22nd August 2019.

The Hurst chapel was full for her funeral and the generous donations will be given to Chapelfields Nursing Home where Joy spent three happy years.

Thank you again from all the family - we will miss her.



Starting School in September 2020?

Come and visit Kingsley St John's CE Aided Primary School



Our doors are always open.

You are welcome to come in and visit our beautiful learning environment at a time of your choosing.

Kingsley St John's offers a warm, nurturing, Christian environment where your child's development is harnessed so that all children can meet their full and real potential.

Through a personalised learning approach, all staff reach out and work hard to find the right way to meet the needs of learners.

Our Nursery/Reception classroom is led by our Assistant Headteacher, Mr Nathan Davies, whose creativity and vibrancy for early year's development sets children off to an excellent start on their learning journey.

Love; Learn; Aspire; Achieve

KINGSLEY AND NEWTON VILLAGE INSTITUTE AGM

MONDAY 14th OCTOBER 2019 at 7.30pm

AT THE INSTITUTE ON TOP ROAD, KINGSLEY WA6 8DA

All residents of Kingsley and Newton and all Friends of the Institute are welcome to attend.

We would like to tell you what we have been doing over the past year and we would love to have your support.

Nominations for election to the management committee (as a Charity Trustee) to be sent to Fiona Crane (Secretary) at the address or e-mail below, to be received by **5:00pm on Thursday 10th October 2019:**
9 Westbrook Road, Kingsley, Frodsham, Cheshire, WA6 8EA or
e-mail fiona.crane1@outlook.com

Nominations must meet the following conditions:

1. You must provide your full name and address
2. You (the person nominating) must live in the Parish of Kingsley or Newton
3. You must provide the full name and address of the person you are nominating. (The person you are nominating is not required to live in the Parish of Kingsley or Newton)
4. You must ensure that the person you nominate agrees to the nomination and confirm that in your nomination
5. The person nominated must be over the age of 18 years

Fiona Crane
Secretary
KNVI
Registered Charity Number: 517740

On Stage Near You

Not already enjoying local shows? You really ought to get out more.

Kingsley Players first senior play of the new season is a revival of one of Alan Ayckbourn's most popular comedies, *How the Other Half Loves*. KP tell us they first staged this play in 1986 when Malcolm Barker was in the cast and he now returns as director with a full cast of local favourites comprising Jo Oultram, Neil Silcock and Phil Murray (who all appeared in last year's *A Bunch of Amateurs*), Simon Hetherington (Peterloo) plus welcome returns after breaks to Lesley Silcock and Ali Wheeler. This brilliantly clever play features two overlapping room sets and famously portrays two dinners on separate evenings in different house at the same time. It may sound confusing but KP say it's a tour de force of stage craft and a laugh a minute. This is definitely one not to miss from one of the most awarded groups in Cheshire. Playing from October 23rd to 26th, the box office opens on 29th September

Others in September

3rd – 5th Ellesmere Port Musical Theatre present Footloose Musicals at The Gladstone Theatre, Port Sunlight – **Annie-** a musical great -
<https://www.ellesmereportmusicaltheatre.co.uk/>

23rd – 26th Harlequin Players – ***The Devil at Midnight*** by Brian Clements. HP tell us this is a directorial debut for Theresa Kay, a semi professional actor who is well known by HP regulars. Just in time for Halloween this play is guaranteed to have you on the edge of your seats. <http://www.harlequinplayers.com>

23rd – 26th Tip Top at The Forum, Chester – ***The Best of Times*** which is a celebration of 39 years of Tip Top productions. <https://www.chesterttheatre.co.uk/>

11th – 17th Nantwich Players - ***Jeeves & Wooster in Perfect Nonsense***, a new play by the Goodale Brothers from the writing of P G Wodehouse. When Wooster is called on to play matchmaker and inadvertently steals an antique silver cow-creamer (don't ask), the ever-dependable Jeeves is on hand to step in and save Bertie's bacon. A must for Wodehouse fans. <https://www.nantwichplayers.com/plays/steel-magnolias/94>

14th - 19th Altrincham Garrick – ***Mother Says I Never Should*** by Charlotte Keathly is a play about the relationships between mothers and daughters. Described as a poignant bittersweet story of love, jealousy and the price of freedom
<https://www.altrinchamgarrick.co.uk/shows/towards-zero/>

In October the professional theatre sees New Old Friends presenting ***Crimes on the Coast***, a classic whodunnit at the Lyceum Crewe; a comedy ***The Right Place at the Wrong Time***, starring Tommy Ball at the Brindley, at The Storyhouse ***it's The Strange Case of Dr Jekyll and Mr Hyde*** by Robert Louis Stephenson and at Theatre Clwyd it an Agatha Christie murder mystery ***A Murder is Announced***.

Reviews

Reviews for the featured plays for the first half of September were for Harlequins and Knutsford Little Theatre. The former performed ***Girls Like That*** with KP's Ellie Hamer in the cast during her summer break from Uni. We really enjoyed this play and were pleased to see was very enthusiastically received with glowing reports all round. We do hope you got to see that one. We missed ***Confusions*** at the latter venue because it ran during the same week but again audiences loved this Ayckbourn classic which was rewarding for those of you who made the trip.

If your production or a play you have seen did not appear here then please email us and do tell us about plays you have seen by emailing cheshireonstage@btinternet.com. John Doe



QUIZ NIGHT IN AID OF KINGSLEY YOUTH CLUB
RED BULL INN
SUNDAY 17th NOVEMBER
7pm for 7:30 Start
£10 including Winter Stew
Tickets on sale at the Red Bull



Kingsley Youth Club runs on Thursday evenings at Kingsley Community Centre. We provide a safe and fun environment for the young people of Kingsley to socialise. We employ professional youth workers to provide this service and all staff, including volunteers, have DBS checks.

It's only £2 on the door and we are always welcoming to new members. Young people in school years 4 to 6 can attend the first session which runs from 5:30 to 7:15pm. People in school years 7 to 11 attend the second session which runs from 7:30 to 9pm. At a typical session we have pool, art activities, dodgeball, computer games and even 'old-fashioned' games such as Bingo.

Kingsley Pilates

The Kingsley Pilates group has been going for several years but due to dwindling numbers it looks as if it might have to close. What a shame that would be.

Pilates is a very good exercise to practice as you get older. It aims to improve balance, posture, strengthens your core and keeps you flexible. Nadia our instructor is lovely and encourages you to work to your own level.

We meet every Tuesday at 1:00 in the Hurst church room. First taster lesson is free so why not come along and see if it is for you.

Val Boote

Vboote2000@gmail.com

KINGSLEY COMMUNITY ASSOCIATION VACANCY

The Kingsley Community Association is looking for someone to assist with manning the Bar in the Centre.

It may suit a retired person who is looking for a few hours work on an occasional basis, but at least the person must be over 18 years old. The work will be to man the Bar on the occasion of such events as parties, christenings and when the Kingsley Players are performing their plays. These events mainly take place during evenings with the occasional daytime requirement at weekends. It would be preferable to have some experience although training can be provided. Some months there will be no requirement, though when the plays take place (2 or 3 times a year) cover could be over 2 or 3 consecutive evenings.

To apply please contact Jo on 01928 787899

Kingsley Walking Group – Summer 2019

The September long walk was to Dovedale in the Peak District. A group on 12 left Kingsley at 9am and reached the car park in time for a 10.45 start. The walk included a river section, two climbs and two places to get a cup of tea. Some people indulged in ice cream as well! The icing on the cake was the lovely weather. We were delighted to welcome two new members.

The short walk in September is to Dodleston and criss crosses the Wales/England border. The short walk is planned to be roughly 5 miles and ends with lunch at the Red Lion.

We have booked our annual Christmas walk on December 10th. We will meet at the Community Centre at 10 and enjoy a local walk, ending at the Red Bull. Everyone is welcome, especially past members. If there is enough demand, we will organise a shorter and longer walk on the day. Give Vony a call if you'd like to join us.

Kingsley Walking group is an informal walking group that has been meeting for several years. Our monthly long walks usually start up to 90 minutes drive away from Kingsley. Generally the long walks would be classified as "moderate" and the short walks are leisurely. We have a leader for every walk who checks for stiles, distance, closed paths etc. New members and walk leaders are very welcome.

The next long walk will be on Tuesday October 8th, meeting at the Community Centre at 9am. Our leader will be Elizabeth. The next short walk will be on Wednesday October 30th.

Kingsley Walking Group has two walks each month. Traditionally we have met on the *second Tuesday* for the long walk of 7 - 8.5 miles (bring a packed lunch) and the *last Wednesday* a short walk of approximately 5 miles with a coffee break and pub lunch. However, from January 2020 we plan to change the day of the short walk to the last Tuesday of the month. The October and November short walks will be on Wednesdays.

During the summer months we meet for our long walks at the Community Centre at 9.00am (9.30 in January and February). We aim to be back in Kingsley by about 6pm. Short walks start at 9.30 and end around 1pm. For details about our walks, or if you're wondering about joining and you'd like more information, contact Vony on 789098.



Norley Wednesday Club
Grand Jumble Sale and White Elephant
at Norley Village Hall on 23rd October
from 2pm to 3:30pm.
Admission 20p including refreshments.
All are welcome

theWI
INSPIRING WOMEN

Wednesday 2nd October
'My Life at Granada TV'
with Judy Popley
Meetings are at 7.30pm in the Community Centre
Visitors are always welcome.
For further information ring 01928 788873

United Benefice of Norley, Crowton & Kingsley

Kingsley Parish Church is one of three churches in the above Benefice. In August 2018 our Vicar left to take up an incumbency in Chester. As we are still in vacancy it has been necessary to change our present pattern of worship.

Our advertised services are now from across the Benefice.

All our family services have a Sunday School each week apart from the 2nd Sunday Family Morning Worship which is a contemporary service for everyone.

Sunday 6th October

10.00 am – Harvest Thanksgiving - Kingsley

6.30 pm Sacred Space at Christ Church Crowton

Sunday 13th October

8.30 am – Holy Communion (traditional) - Crowton

10.00 am – Family Morning Worship – Kingsley

6.30 pm – Evening Prayer (sung) at Norley

Sunday 20th October

10.00 am – Family Holy Communion – Crowton

Sunday 27th October

10.00am – Family Holy Communion - Kingsley

Midweek Holy Communion Services – Thursdays at 10:00am

3rd Oct at Kingsley 10th Oct at Norley

17th Oct at Crowton. 24th Oct at Kingsley.

A warm welcome awaits you at any of these services

Associate Minister: Rev'd Hilary Merrington 01928 788087

hilary.merrington@btinternet.com

Website: nck.org.uk

Coffee Mornings

Friday 4th October and 1st November - Kingsley Church Room

Join us for a drink and chat from 10:00am.

Everyone welcome

FRODSHAM & DISTRICT CHORAL SOCIETY

Saturday 9th November 2019

7.30pm - St Laurence's Church, Frodsham, WA6 7DU

'Simple Gifts'

A present from Chilcott, The gift to be simple, Little Jazz Mass

Jazz Songs of Innocence and Requiem

Tickets £12, under 16s free - Dandelion, 19 Church Street, Frodsham;

Tilly Patel 07971 606409, Morag Bragger 07845 730061



New ideas and events are always welcome; if you would like to get involved with a single event or on a longer term basis then please get in touch. **Meetings in October:**

Monday 14	Gardening Club	8 pm
Tuesday 1, 8, 15, 22, 29	Karate	6-7pm
Tuesday 29	KCA Committee Meeting	7.15pm
Wednesday 2	Kingsley W.I	7.30pm
Wednesday 2, 9, 16, 30	Tai Chi	1.30-2.30pm
Thursday 3, 10, 17, 31	Purestretch	9.30-10.15am
Thursday 3, 10, 17, 31	Kingsley Youth Group	4.30pm
Friday 4, 11, 18,	Pilates	9.30-10.30am
Friday 11 Jazz Evening	Billy Basey Band 7.30pm	
	Tickets £8 (students £5) see separate article	
Saturday 5, 12	Zumba	9.45-10.45am
23 rd -26 th	Kingsley Players performing 'How the Other Half Loves'	

Parish Council meets at the Centre the third Tuesday of each month apart from August when there is no meeting.

The Centre has a great dance floor – it's a fabulous venue for a party, be it Birthday, Anniversary, Retirement or Wedding Celebrations. Children's Parties are particularly popular – AND GREAT NEWS, BOUNCY CASTLES ARE BACK! There is potentially something here of interest for everyone: it is truly a Centre for the Community

Rooms are available for hire at the Centre from as little as £20. We can also hire out at an hourly rate where appropriate. Contact Jo Preston, Booking Secretary, email : joquilter72@outlook.com or 01928 787899.

Planned Future Events at Kingsley Community Centre:-

Jazz Evening 'Basin Street To Birdland' Friday 11 October 7.30pm

CRTA Event 'Romaine' Friday November 8th

Table Top Sale Saturday November 16th

NEW FILM CLUB - A family film to be shown on Sunday 1st December 2pm

ROOM AT THE TOP

Rooms with kitchen facilities for hire at The Hurst Methodist Church.

Ideal for children's parties etc. Moderate charges.

Contact Brian Moores on 787442

WORSHIP AT THE HURST METHODIST CHURCH

October 2019

Sunday 6th October

10:00 am - Morning Worship at The Hurst: Mr. C. Price

6:30pm - At Blakelees Chapel: Mr. P. Johnson

Sunday 13th October

8:15am - Holy Communion: Revd. D. Bintliff

10:00am - Morning Worship at The Hurst: Mr. D. Bintliff

6.30pm - At Blakelees Chapel: Revd. D. Bintliff

Sunday 20th October

10:00am - Morning Worship at The Hurst: Revd. D. Bintliff

6.30pm - At Blakelees Chapel: Deacon. J. Clarke

Sunday 27th July

10:00pm - Morning Worship at The Hurst: Local Arrangement

6.30pm - At Blakelees Chapel: Mr. E. Gregory

All are truly welcome; Please come and join us and bring children, grandchildren and friends.

WINTER WELLBEING EVENT

Thursday 7th November

at Castle Park Arts Centre

6.30pm – 9.30pm

(Presentations on products commence 7pm)

£5.00 per person - raffle ticket included

Pay on door or contact Sarah on

07834716888 to book your tickets

Come along and be inspired with beautiful natural products that are perfect for gifts and stocking fillers.



ELEGANCE

health and beauty

(Hollow Lane, Kingsley (next to the Co-op))

This Month's Offer

Indian Head Massage & Hopi Ear Candles

£57 (a saving of £10)

A beautiful combination of holistic, relaxing therapies to calm the mind and soothe the spirit. (Can help relieve blocked sinuses and headaches)

or

Half Price Back, Neck and Shoulder Massage (30 or 40 mins)

When you purchase an ESPA Body & Bath Oil (100ml) together

Available while appointments last. Book early to avoid disappointment!
To book call 01928-787870, email: mail@elegancehealthandbeauty.com
or click the "Book Now" button on our Facebook or Instagram pages

Kingsley Garden Club - October 2019

Well we kicked off our new season with an excellent talk from William (Bill) Woods from Blackbrook Herbs, what an interesting subject, by definition nearly all plants fall into the "herb" classification. We learnt about culinary uses of herbs, the medicinal uses and even the darker side with poisonous herbs. I never knew that too much sage is poisonous to humans, so just watch how much you are using. Bill brought along a collection of herbs to use in his talk and then sold them after. And for once, it was a non-slide, non-PowerPoint talk!

The Committee would like to say a very big thank you to all our returning members and to those new members who came along. We had 26 people there and all but two took full membership out with us. We would like more people to come along, if you know anybody who is interested in gardening, or, would like to increase your knowledge then please bring them along, or come along yourself.




Our next speaker on **14th October is Chris Brabin who is going to talk about the Flowers of Yunnan**. The Yunnan is a province of China and many of our plant species come from China, so should be another interesting talk.

Gardening Tips and Jobs to be done.....

- Divide your well established rhubarb crown to create new plants, or give some away.
- Cut back perennials that have died down and divide herbaceous perennials
- Move any tender plants into your greenhouse, cold frame or similar before the first frosts
- Harvest and store your fruit crops such as apples and pears and store in a cool dry place.
- Prune climbing roses, deadhead shrub and bush roses that have now finished flowering
- Collect any remaining seeds from plants you wish to grow again next year,
- Finally lawns; last chance to mow and trim your lawns, only do this if it is dry otherwise you will damage your lawn. Time to top dress and feed for the winter. Rake up any fallen leaves and aerate your lawn. Then let it rest until spring!



PLEASE REMEMBER TO KEEP YOUR PETS VACCINATIONS UP TO DATE

<i>Regular boosters are required for life to maintain immunity</i>		<i>We provide a text or email reminder service</i>
		
Cats	Dogs	Rabbits
Feline Infectious Enteritis, Cat Flu and Leukemia	Parovirus, Hepati tis, Leptospirosis and Distemper. Also Kennel Cough	Myxomatosis + two strains of Viral Hemorrhagic Diseases

Call us now for advice or a consultation



Tel: 01928 733228

purestretch

PureStretch
(suitable for all ages)

45 minute fun class to improve:

FLEXIBILITY
POSTURE
STRENGTH
MOBILITY
CORE

Thursdays 9:30am
Kingsley Community Centre
34 Smithy Lane
Frodsham WA6 8ED

Move & Stretch
(new class)

45 minute low impact class to :
INCREASE STAMINA & STRENGTH
LENGTHEN & STRENGTHEN
ENTIRE BODY
IMPROVE BALANCE & CORE

Tuesdays 11:30am
Crowton Village Hall
Kingsley Road
Crowton CW8 2RW

Contact Jo
Tel: 07979 043296
Email: joedge52@gmail.com



ELEGANCE

health and beauty

(Hollow Lane, Kingsley (next to the Co-op))

This Month's Offer

ESPA Limited Edition Express Pro-optimal facial (30 mins) £26

A deep cleansing facial using our clarisonic technology and signature ESPA pro optimal range for rejuvenated skin

or

Complimentary CACI Hydro Mask

A deeply hydrating, soothing and cooling facial mask to take home, with all 60 minute CACI facial treatments

Available while appointments last. Book early to avoid disappointment!
To book call 01928-787870, email: mail@elegancehealthandbeauty.com
or click the "Book Now" button on our Facebook or Instagram pages

Local Professional Carer

Specialising in the care of the elderly, in particular those suffering from dementia. I am CRB checked, fully insured, and I can supply references. My services include personal care, domestic duties, shopping, appointments, and social events.

Call Linda on 01928 731369
or 07850 445184

kingsley

CARPETS & INTERIORS

We are part of the



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Tues 8 th	Kingsley Walking Group. Meet 9.00am at KCC
Sat 12 th	Village litter pick from KCC at 10:00am
Mon 14 th	At the Hurst Soup lunch at 12 noon – for Methodist Homes
Fri 18 th	At the Hurst: Men's Brunch at 10.30am
Thurs 24 th	Tea at Two-Thirty at The Wyches at 2.30pm
Wed 30 th	Kingsley Walking Group. Meet 9.30am at KCC

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