



KINGSLEY NEWS

MARCH 2015

The news and voice of your village
Community

Kingsley Community Association is a Registered Charity

KINGSLEY COMMUNITY ASSOCIATION
OFFICERS 2013/2014

Chairman	Mike Butler	788125
Vice Chairman	Steve Easton	788050
Treasurer	Simon Batey	788788
Secretary	Elizabeth Batey	788788
Kingsley News Editor	Elizabeth Wilson	787678
Kingsley News Accounts	Julie Mort	
Bookings Secretary	Elizabeth Batey	788788

(Available from 12.30-7.30pm)

COUNCIL MEMBERS (elected)

Carol Rowlands, Vic Wodhams

COUNCIL MEMBERS (not elected)

One representative from each of the affiliated groups and clubs (NB. This is a condition of affiliation).

KINGSLEY PRAYER DIARY

Each week of the year Christians in Kingsley pray specially for people in a different area of the village and its surroundings. During March we think of and pray for people living in: -

W/c Mar 1st	Newton Hollows and Hatcheries
W/c Mar 8th	Newton/Hillfoot and Old Hall Lane
W/c Mar 15th	Kingswood
W/c Mar 22nd	Meeting House Lane/Offalpits Lane
W/c Mar 29th	Norley Road

We invite you to add your own prayers

ROOM AT THE TOP

Rooms with kitchen facilities available for hire at The Hurst Methodist Church.

Ideal for children's parties etc. Moderate charges.

Contact Brian Moores on 787442

EDITORIAL NEWS AND VIEWS

Dear Readers

Days are finally getting longer and there are plenty of things going on in the village at the moment.

Anyone interested in keeping fit should read the ad for the Frodsham & Kingsley Fit Camp starting on 2nd March. Places are limited and you need to register beforehand.

Also, on the subject of fitness, the results of the playing field survey are now available and the initial designs for the path and outdoor gym . These can be viewed at the Community Centre and at the KTI market.

If you want to keep your voice fit then how about joining the Frodsham Community Choir or try the Come and Sing Day with Frodsham & District Choral Society.

Finally, it will be the AGM for the Kingsley Community Association on 31st March. This is an excellent facility in the village, please come along to the meeting and show your support.

Elizabeth

**Articles for the magazine to be sent to the Editor
by email to - ewilsonsecretarial@yahoo.co.uk**

Tel: 01928 787678

Copy deadline is the 21st of each month

www.kingsleyvillage.co.uk

NOTICE OF AGM

The Kingsley Community Association AGM is due to take place on Tuesday 31st March at 7.00pm, in the large hall at the Community Centre. As automatic KCA members, all residents are invited to attend. The AGM will elect the committee and present accounts for 2014.

As a committee we are keen to see new people get involved, if anyone is interested in getting involved in any aspect of the KCA's activities then please get in touch. Many people have been to see Kingsley Players' excellent productions, been to Tai Chi and yoga classes, had children's parties and other events at the centre, and with new fitness and yoga classes planned it is an excellent time to get involved.

Mike Butler Chairman, contact 01928788125

KINGSLEY PARISH COUNCIL

**ANNUAL PARISH MEETING
TUESDAY 17TH MARCH 2015
COMMENCING AT 7.30PM
KINGSLEY COMMUNITY CENTRE**

Litter Pick Update

The February litter pick had 12 of our team collect 15 bags of litter. Thank you to those who pick up litter and help to keep our village tidy. **The next litter picks will be on Saturday 14th March and Saturday 18th April. Could you give an hour once a month to help keep our village clean and tidy?**

We will start at 10.00 am at the Community Centre.

New helpers are always welcome. We provide all the equipment needed. Eila Birtwistle – Litter pick co-ordinator.

KINGSLEY AND NEWTON VILLAGE INSTITUTE

Thank you to everyone who attended the AGM on 11 February. At the AGM, 9 new committee members were elected as trustees. Following the first general meeting of the committee, the following officers have been elected:

Chairman	Ralph Oultram	Tel: 07974 818293
Vice Chairman	Graham Jones	Tel: 788217
Treasurer	Elizabeth Batey	Tel: 788788
Secretary	Claire Jones	Tel: 788567
Bookings Secretary	Steve Roberts	Tel: 788186
Building Services Officer	Geoff Ford	Tel: 788561
Responsible Financial Officer	Jon Maddock	Tel: 07515 059129

Ray Wilson and Brian Blamire are also new committee members.

We are pleased to report that the Institute is still open for business but we would ask for your patience whilst we settle into our new roles. The Institute is a wonderful asset to the village and we will be putting regular updates into further editions of Kingsley News. Current activities include quiz nights, line dancing, bowling, snooker and art classes. The venue is also available to hire for special occasions. Please contact Steve, our bookings secretary, if you have made a recent room hire booking or if you would like further information about booking the venue (Tel: 788186 or e-mail: steveroberts84@tiscali.co.uk).

Our diary for March is as follows:

Monday	Spanish class	9.45-12 noon	register with Mid Cheshire College
	Art class	2-4pm	£2.00
Tuesday	Line dancing	7-10.30pm	£2.00
Wednesday	Quiz	8-10.30pm	£1.00 (held on alternate weeks, 4 and 18 March)
Thursday	Indoor bowls	7-10.30pm	£1.50

New members are always welcome.

KINGSLEY ST JOHN THE EVANGELIST PARISH CHURCH

Vicar. Revd. Pete. Rugen. 01928 787180

Curate. Revd. Hilary Merrington 01928 788087

March 1 09:30 Holy Communion
March 8 09:30 Morning Service
March 12 10:00 Holy Communion
March 15 **MOTHERING SUNDAY**
10:00 Mothers' Day Service
March 22 10:00 Holy Communion (at Crowton)
18:30 Encounter (Contemporary Worship)
March 29 **PALM SUNDAY**
Special Service to be arranged

ALL ARE VERY WELCOME

FRODSHAM SINGS COMMUNITY CHOIR



We have had an exciting start to the New Year with the appointment of Ian Oulton as our Musical Director. There has been a large increase in membership, from all over the local area, to 40 and we always welcome more. As we keep our subs very low so we are accessible to all, we are very grateful to Frodsham Round Table for a grant to help with the purchase of music and running costs. A huge thank you to all who voted us into first place in the Frodsham Community Ideas Fund Competition. We are going to buy equipment to help the choir, in rehearsals and performances, which will also allow members with sight and hearing difficulties to get maximum enjoyment from their membership. The choir will be singing at several local events soon and are happy to consider requests from local organisations. Contact us at :- frodshamsings@outlook.com or :- 07952599811

PLAYING FIELD PROJECT



COME AND FIND OUT MORE!

Thank you to everyone who responded to our playing field survey. We had a great response with 252 of you sharing your views.

Kingsley Parish Council and our project partners, Groundwork, would now like to invite you to see the full results of the survey and comment on our initial designs for the path and outdoor gym.

The first event will be held at the Community Centre on **Monday 16th March** from 6.30-8.30pm.

We will also have a stall at the next KTI market on **Saturday 21st March**.

Please note that these dates are different to those that appeared in last month's Kingsley News.

Claire Jones, Kingsley Parish Council

17th March 2015
St Patrick's Day Party



The Benefice of Norley, Crowton and Kingsley Churches
Cordially, invites you to an afternoon of activity and entertainment. Fun is not the prerogative of the young we older ones are just as able to enjoy ourselves so come along.

Venue: NCK Centre, Norley
Time: 1.30pm to 3.30pm

Light refreshments will be provided
Transport can be arranged

Please contact:
Audrey Griffiths 01928 788535
Anne Davidson Lund 01606 853556
Angela Askwith 01928 787655

Frodsham and District Choral Society

Come and Sing Day
Saturday 14th March 10.30 a.m to 5.30 p.m
in aid of Heart Research UK.

Choruses from Creation

Their popular conductor Howard Kane will be directing the workshop with his humorous style covering Haydn's Kleine Orgelmesse, Te Deum in C and 3 choruses from Creation. The choir's accomplished pianist Robert Woods will be accompanying.

The cost of £15 includes hire of the music and refreshments. Our renowned fabulous cakes will also be available to tempt you! The venue is Frodsham Methodist Church on Kingsley Road.

Why not do yourself good and others by joining us in singing some happy music by Haydn?

Please fill in a registration form or join us on the day.

Please email Margaret Rogerson at maggierogerson@btinternet.com for more details and for a registration form, visit our website, www.fdcs.org.uk or phone Mags on 01606 852863 or Ros Rowe on 01928 733247

LATEST NEWS FROM KINGSLEY ST JOHN'S SCHOOL

February 2015

Inter-faith Learning

On the week beginning 9th February Kingsley St John's CE Primary School had a special week of learning.

The school welcomed a range of visitors from different religions to share their experiences of their faith. Together the children have learnt about all different faiths in a very focused and valuable manner.

The special focus week was organised by RE Co-ordinator, Mrs Jean Cowell and Keith Ryecroft from the West Cheshire *Inter-Faith* Forum. The week saw visitors from religions including: Christian, Humanism, Quaker, Buddhism, Baha'i, Judaism and Islam. Throughout the learning the children made important evaluations of the similarities and differences between the religions and also focus on the unity of humankind to honour and respect difference and diversity. The week culminated in a special assembly to bring together the learning and reflect upon the diversities in society.



The assembly also welcomed some of the faith visitors from the week and parents were involved in sharing the learning.

Headteacher, Rachel Jones said "I cannot speak highly enough regarding the quality of learning that has taken place during this week. The children thoroughly enjoyed the learning opportunities and it was a privilege to take part in the focused learning week."



"The behavior of pupils and their attitudes to learning are exemplary."

"The care and welfare of pupils are at the heart of the school's work." (Ofsted 2014)

Tel: 01928 788536

www.kingsley-st-johns.cheshire.sch.uk



Kingsley & District Nursery

St. Johns C of E Primary School,

**Complete Nursery Care
centrally located in Kingsley.**



**Fully-qualified and experienced staff
Children from age 2 welcome**

Free to children aged 3 to pre-school (subject to Government funding)

Good staff- child ratio

Term Time Only

Monday – Wednesday Sessions : 9.00am–11.45am 12.30pm – 3.00pm

With lunchtime care option

Thursday Session: 9.00am – 12.00 noon

**For further information contact
the Nursery (Tamsyn) on 01928 787903**

<http://www.kingsleyanddistrictnursery.co.uk>



YOGA

COMPLETELY New Class

commencing on Thursday 5th March

1.30-2.30pm

KINGSLEY COMMUNITY CENTRE

£30 for 10 Week session

**To reserve a place please contact: 01829 751398 or email:
ash-worthtime@hotmail.co.uk**

WESTERN RURAL POLICE REPORT

Western Rural Police Team

Email western.rural.npu@cheshire.pnn.police.uk

Twitter @WesternRuralNPU Website www.cheshire.police.uk

Message from Inspector Keith Curbishley

This month, I would like to concentrate my message on some of the measures you can take to prevent you from becoming a victim of crime.

Identity theft sounds innocuous, but can have long term effects on individuals' ability to obtain future credit. Offenders will use a variety of means to gather basic information about you (name, address, phone number etc.) and then use this to try to gather extra information – possibly by phoning you up, pretending to be from a bank or computer company, or going through rubbish in your wheelie bin for un-shredded documentation etc. They will then use this additional information to apply for things such as financial loans or home delivery shopping, which they will intercept before it reaches your door. Please treat your personal information with the same care that you take of your credit cards or cheque books – destroy or shred any paperwork with such details and do not divulge personal information to unsolicited callers.

Secondly, social media evolves quickly, with new sites quickly gaining in popularity. However, all sites require a certain amount of personal information about each user upon registration. They will also request additional information which enables additional features of the site to be accessed. Unless each user goes into 'settings' for the site to restrict how this information is used, then this information may well be available to all other users of the site! This information may well identify when a user is not at home, such that an offender will know when an address is unoccupied. If you use any social media sites (Facebook / Instagram / Twitter etc.), please make sure you adjust your security settings to restrict who has access to your personal information.

1. **Shed & Garage burglaries** – Such outbuildings are being targeted by offenders, mainly overnight, stealing expensive pedal cycles and power tools. Officers are aware of the areas being targeted and are taking measures to deter future offences and to arrest the offenders.
2. **Road Safety** – At this time of year, roads are often icy, hedges are thin, possibly allowing livestock to stray onto roads, and high winds regularly bring trees down. Police publicise as widely as possible where problems arise and also proactively target those who drive too fast for the conditions (note that this may be substantially less than the maximum speed limit)!

Local Professional Carer"

"Specialising in the care of the elderly, in particular those suffering from dementia. I am CRB checked, fully insured, and I can supply references. My services include personal care, domestic duties, shopping, appointments, and social events.

Call Linda on 01928 731369 or 07850 445184."



Something New and Exciting is coming to the Hurst
in March!

It's always been 'Messy', but now **at the same time** it's
'Sweaty Church.' Are you **7-11**? Then this is for **YOU!**

While your little brother and sister stay downstairs
making & playing with the adults, you will be climbing the
steep stairs to the 'Sweaty' zone. A really tricky craft to
challenge you, but then, no sitting around. There's now
games and music and.....well you'll have to join us and find
out.

Interested? Then join us with the rest of the family on
Thursday March 5th at 4.30pm. No need to hang around,
just come straight on in! All you need to bring with you is
plenty of energy and an adult.

KINGSLEY THEATRE GROUP

BARNUM

Thursday 6th August 2015
At The Lowry, Salford Quays
Discounted ticket price £41.50

IF ANYONE RANG FOR TICKETS LAST MONTH PLEASE RING TO CONFIRM AS THERE WAS AN ERROR ON THE PHONE NUMBER!

(A further reduction will be available for all tickets paid for before 20th February and this will be taken off the transport cost of £13.00 per person)

This exhilarating musical follows the irrepressible imagination and dreams of Phineas T Barnum, America's greatest showman, who lit up the world with colour, warmth and the excitement of his imagination.

Starring Brian Conley and Linzi Hateley, Cy Colman's wonderfully exuberant score includes the hits *Come Follow the Band*, *The Colours of My Life* and *There is a Sucker Born Every Minute*.

Contact Ray Wilson to book your place.
Tel: 01928 787678

For Sale

Hotter Ladies Shoes, size 5 (UK) 38 (EU) all unused still in boxes:-

- Sunshine BF in Grey (similar style to current Sunset)
- Sunshine BG in Rich Tan (mid-brown)
- Passion AG in Black (summer shoe with ventilation and Velcro fastening)

Offers to Kate on 01928 787397.

JOIN OUR 4 WEEK FREE

24FIT CAMP

TOTAL FITNESS AND NUTRITION

An easier way to get in great shape

- 12 FREE workouts
- HIIT Training increases metabolism and burns fat
- Fitness Evaluation and coaching • Nutrition advise
 - Complete body transformation
- Group fun sessions • All fitness levels welcome



Information meeting
Saturday 28th Feb
Frodsham Community
Centre, Fluin Lane,
Frodsham

Doors open 10.00 am
Meeting starts 10.30 am

Camp Commences
Monday 2nd March
includes morning, afternoon
and weekend sessions Full
timetable available at
information meeting.

To register and reserve your place go to
www.24fitcamp.co.uk/rachb find Frodsham & Kingsley fit
camp and complete the registration form (Invited by Mandana)
or contact Mandana 07790932797 or
mandana.habibi@hotmail.co.uk

THANK YOU

Myra and family would like to thank everyone very much indeed for their warm support and kind tokens in memory of George. It is so much appreciated.

Myra Killip



ARE YOU OVER 60 ?

GET SUPERFAST BROADBAND !

Do you want to improve your IT skills?

Do you want to skype relatives living away?

If you are over 60 years of age, a Kingsley resident and would like to improve your IT capabilities then KTI can help.

Use of a laptop during the session and payment towards your tuition is available but funds are limited so ring as soon as possible.

Ian Bebbington, Helsby PCs: [07747 630371](tel:07747630371)

A member of the KTI Trades Group

Womens' World Day of Prayer

March 6th

Service at Helsby Methodist chapel at 2.00p.m

Refreshments will be served after the service.

LUXURY HOLIDAY APARTMENT

Elmers Court Country Club, Lymington

**1 bedroom apartment, sleeps 4
Week commencing 30th May 2015 for 7 days**

Normal cost of booking direct with Macdonalds is £693

Special offer £595

Elmers Court is on the southern edge of the New Forest. The resort looks over lawns and gardens towards the Solent and Isle of Wight. Lymington is only 5 minutes by car or a 20 minute walk. The Isle of Wight Ferry terminal is approximately 500 metres, taking 30 minutes to sail across to Yarmouth.

The Resort has excellent leisure facilities, a health & beauty spa, and spacious self catering apartments set in and around a Tudor style manor house.

Photos of Elmers Court can be viewed on Macdonald Hotels website at www.macdonaldhotels/elmers.court.

For further information please contact Elizabeth on 01928 787678

Kingsley Bookworms – March 2015

At our February meeting we discussed “Frog” by Mo Yan. We all found this a bit strange and unusual. As a result, a very lively discussion with everyone chipping in with their ideas of what it was all about!

We are currently reading “The Churchill Factor” by Boris Johnson. We will meet at 7.30 on Thursday 5th March at the Red Bull. In March we are reading “The Goldfinch” by Donna Tartt. Meetings are open to all and everyone is encouraged to come along.

If you want more information, please contact me on vgwillim@coach-work.co.uk or call me on 01928 789098.

The Hurst Souperstars

Monday 9th March

Noon to 1.00pm

Home-made Soups and Baps

Puddings to include trifle

Tea and Coffee

- only £2.50 all in.

All proceeds this month in aid of "Frodsham Will to Work". Do please come along. If you have not been before you will be warmly welcomed and enjoy a friendly chat whilst eating delicious home-made food.

This is for all young and older people including "ladies who lunch"..



Kingsley & District Nursery

St. Johns C of E Primary School,

Would Like To Thank

The Horseshoe Inn

and

Forresters

For Their Continued Support And

Charitable Donations

For further information contact

the Nursery (Tamsyn) on 01928 787903

<http://www.kingsleyanddistrictnursery.co.uk>



<http://www.kingsleyanddistrictnursery.co.uk>

The Kingsley Trades Group meets every month for breakfast. The objective of the group is to promote local trades people to the residents of the local area. Our existing members are AT YOUR SERVICE.....

Ian Bebbington – Helsby PC's

Tel: 07747 630371

We provide a professional and personal service to domestic and business users, offering an at home or collection service covering any aspect of computer repairs, upgrades, new system set ups, broadband or wireless problems. Genuine advice and no call out fees.

www.helsbypcs.co.uk

Neil Cook – Senior Care – Home Instead

Tel: 01928 733020

Our Care Givers provide help from a couple of hours a week to 24 hours, Seven days a week. Services include: cleaning, meal preparation, medication reminders, convalescence support, sit in or take out service, personal care. NeilCook@homeinstead.co.uk

www.homeinstead.co.uk

Steven Curwell – T8 Design Ltd

Tel: 01928 788738

T8 Design Ltd is a local architectural practice. We have experience in planning and building applications for numerous fields of design and construction, from contemporary to traditional, both large and small, always making the most of the buildings space & surroundings using varied and sympathetic design. www.t8dtc.co.uk

Stephen Ford – Joiner Carpenter

Tel: 01829 760255 or 07940 106295

Time served tradesman offering to undertake all aspects of joinery work. 25 years experience, competitive prices and quality workmanship.

Kevin Foster – The Glazier

Tel: 01928 787256

Local independent tradesman with 30 years experience. Fed up of trying to see through those misty/failed double glazed units? Units can be replaced in wood, upvc, or aluminium. Glazing for doors, patios, roof lights, greenhouses. Mirrors fitted.

www.kevin.pecksbrow@btinternet.com

Peter Littlemore – Kingsley Travel

Tel: 07803 125338

Kingsley Travel is your local private hire company, whether going on holiday, on corporate travel or a night out. Kingsley Travel will provide a professional and reliable service as we pay attention to detail and guarantee a friendly, professional car service. Check our website for details.. www.kingsleytravel.co.uk

ALSO AT YOUR SERVICE:

Tobias Miller – Black Cat Chimney Sweeps Tel: 01928 787428 or 01606 781714
Member of the National Association of Chimney Sweeps. HETAS Approved. Fully Insured
Helpful, Practical Advice Given. Bird nests and Blockages Removed. Certificates Issued. A
Family Run Business. SWEEPING ACROSS CHESHIRE SINCE 1992

Joe Murphy – Handyman Services Tel: 07866 154107
A professional handyman dedicated to providing a prompt reliable high standard service
where 'no job is too small'. Reasonable rates and ability to carry out a wide variety of tasks
including painting, plumbing, tiling, garden maintenance, jet washing and fencing. Customer
satisfaction guaranteed.

Frank Pilgrim – Kingsley Electrical Services Tel: 01928 788971 or 07711 258677
We specialise in electrical installation and testing work. We are an approved N.I.C.E.I.C
Contractor, Part P registered. Electrical Condition Reports. Industrial, commercial and
domestic work undertaken. Landlord Safety Certificates

Neil Robinson – Cheshire Handyman and Garden Services
Tel: 01928 787674 or 07944 954724
Your local village handyman whose prime aim is to provide a professional service at a
sensible price - decorating, painting (internal & external), tiling, plumbing, odd jobs, jet
washing, gutters cleared & cleaned, garden maintenance for all seasons inc. flagging &
fencing. All work fully insured and guaranteed

Eric Smith – Gas Plumbing and Heating Services
Tel: 01928 788055 or 07931 906860
Time served local tradesman offers gas, plumbing and central heating installations, servicing
and maintenance, gas safety checks, landlord certificates. Eric is Gas Safety registered and
an approved contractor and member of the Chartered Institute of Plumbing and Heating

Norman Whitehead – Domestic Appliance Engineer – KB Appliances
Tel: 01928787621 or 07760 387710
Kingsley based appliance engineer offering repairs and service to washing machines, dryers,
dishwashers, ovens and refrigeration. Prompt and competitive repairs to all makes of
appliances. Also sales and installation of new freestanding or built-in appliances



Frodsham
Transition
Initiative

Building a Resilient Community



Frodsham Transition Initiative Energy Debate

and 2nd Anniversary Event

Frodsham Community Centre WA6 7QN

Wed. 18th March 6.30pm

- **Professor Joe Howe**, Director of the Energy Research Institute at Thornton Science Park, University of Chester - is coming to paint the picture of Energy supply and security.
- **Professor Roy Alexander**, Professor of Environmental Sustainability, University of Chester - will address the issue of energy conservation and community energy.
- **Peel Energy, Stephen Snowdon** - will be talking about their arrangements to commence the installation of the Wind Farm and about the associated Community Benefit Fund.


This will be a balanced debate with a focus on your local energy issues.

Admission by £2 donation on the door



**Working locally together
| for a sustainable future**

For more information please contact
email: frodshamtransition@gmail.com
web: www.frodshamtransition.weebly.com



Transition
Network



Hollow Lane Kingsley (Next to the Horseshoe Inn) Tel 01928 787870
www.elegancehealthandbeauty.com

Perfect Mothers Day Pamper

or

Treat yourself or a friend

1 Hour of Heavenly Bliss

Choose any 3 treatments for only £40

** Back Neck & Shoulder Massage*

** ESPA Facial*

** Hand & Arm Massage*

** Leg & Foot Massage*

** Luxury Scalp Massage*

**Hot Stone Back Massage (add £6)*

(Add on Hair Wash and Finish only £12

Offer ends 31st March 2015

Gift Vouchers available

Kingsley Market

Saturday 21st March

Kingsley Community Centre

Smithy Lane, off Hollow Lane, Kingsley WA6 8ED

9.30am-1.00pm

Buy direct from local traders, foodmakers
and farms and help support local business

K
T
I Supported by Kingsley Transition Initiative. Find out more at
kingsleytransition.org.uk or follow us on twitter @KingsleyKti

NCK Mothers' Union

Unfortunately by the time you read this we will already have had a talk from Vicki Coates about the work that Phoenix Support Group does to help people suffering abuse – both physical and emotional, maybe she will include sexual abuse and neglect in her talk also – I don't know, but whatever, it promises to be an interesting talk and for many probably enlightening. This part of our programme is in support of the Mothers' Union work on 'Activism against Gender Violence'. I started this short paragraph with the words 'unfortunately' because I am sure this topic would have been of interest to many of you and I want to take this opportunity to remind everyone in the Parish that our monthly meetings are open to anyone that wants to come and listen.

At our AGM Revd Pete Rugen talked about encouraging children to cope with the demands of modern life. Pam Lee retired as Branch leader being succeeded by Pam Owens. The usual business and thanks was attended to. Watch this space for more information about our next talk on 'Memory in later life'.



Sacred Space

1st Sunday of every month

6.30 - c.7.15 p.m.

Christ Church, Crowton

A quiet time in a peaceful place

Bathe in the stillness.

Drink in God's Word.

Be refreshed by the Holy Spirit.

**Go out soothed and equipped for
the week ahead.**



ASHCROFT VETERINARY SURGERY

59 Main Street, Frodsham, Cheshire WA6 7DF

Tel. 01928 733228



**Does your pet have
toothache?**

**Healthy teeth mean
happy pets!**

***FREE**

Dental checks

***Fixed
Price**

Scale & polish

***15% off**

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products

* Offers available 1st Jan—31st March 2016



www.ashcroftvets.co.uk

WORSHIP AT THE HURST METHODIST Chapel

Minister: Revd Steve Santry

Sunday 1st March-2nd in Lent

10.00am-Morning Worship: Mr M.Smyth

6.30 pm at Blakelees Chapel : Mr A.Ellams

Sunday 8th March-3rd in Lent

No COMMUNION AT 8.15AM

10.00 am-All Age Worship: Mr A.ELLAMS

6.30pm at Blakelees Chapel: Mr G.Robinson

Sunday 15th March-Mothering Sunday

10:00am-Morning Worship: Rev S. Santry

6.30pm at Blakelees Chapel : Rev S. Santry

Sunday 22nd March-5th in Lent

10:00am - Morning Worship: Rev S.Santry

6.30pm at Blakelees Chapel : Rev P.Braisdell

Sunday 29th March-Palm Sunday

10 :00am-Morning Worship: Rev B.Chantler

6.30pm at Blakelees Chapel :Rev N.Stacey

All are very welcome, please do come and join us and please bring the children! There is a Sunday school for children, which those who presently attend, really do enjoy!

THE MOBILE LIBRARY WILL VISIT KINGSLEY ON TUESDAY 10th MARCH

KINGSLEY GREEN. 10 40 am

COMMUNITY CENTRE. 11 20 am

RED BULL. 11 55 am

YOU CAN BORROW FROM THE MOBILE BUT RETURN TO ANY CHESHIRE LIBRARY OR RETURN LIBRARY BOOKS TO THE MOBILE.

FOR MORE INFORMATION OR TO CHECK WHEN THE MOBILE LIBRARY WILL BE COMING TO KINGSLEY. TEL. 01606 44221.

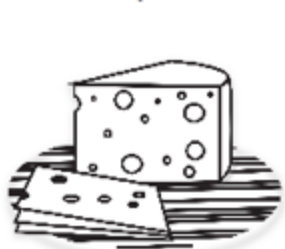


FORRESTER'S

Telephone: 01928 789217

Mill Lane, Kingsley, Nr. Frodsham,
Cheshire, WA6 8HY

A range of fantastic food products at wholesale prices in your local Forrester's shop!



10 large chicken fillets - fresh or frozen for only £10 !



Chicken Nuggets, Goujons & Fillets

Bacon, Sausages & Eggs

A Selection of Cheese & Crackers

Mrs Darlington's Jams & Preserves



Mrs Bridges Marmalades, Chutneys & Dipping Sauces

Cheshire Farm Ice Cream

Cartmel Puddings



OPEN 7 DAYS A WEEK

Monday-Friday 8.30am-5.30pm

Saturday 9.00am-5.00pm Sunday 10.00am-4.00pm





@ The Hurst Methodist Church,
4.30 – 6-00 pm on Thursday 5th March

FOOD GLORIOUS FOOD!!

An evening meal is provided, with food liked by all ages. A vegetarian option will always be available.

Suggested donations of £1 per child, £2 per adult or £5 per family are welcome to help cover costs.

It's messy! It's Church – but not as you know it!
chat, create, celebrate & eat.

Plus activities for all ages. Please note – it would be super if some older children could come as well as younger ones!!!

Rounded off with a short song, puppets and worship time, full of interaction and fun

It's all happening in Kingsley – come & see.

Messy Church is your Church!!!

Please come promptly at 4.30pm

If you have not been before-come and see what fun it is

Get Online Fridays @ Frodsham Library

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KINGSLEY WALKING GROUP



On 28th January ten hardy walkers met at the Community Centre. Our first stop was The Horseshoe where we pre-ordered our meal. We took the path by the cemetery into Depmore Lane. Then the path from Meeting House Lane, crossing Hillfoot and following the boundary of Kingsley Green, crossing Kingsley Road we dropped down to Watery Lane and Bradley Lane where inquisitive llamas stretch their necks to see over the high hedge. Passing Cattenhall and up Wood Lane we returned to the Horseshoe where two people joined us for an enjoyable meal. We had survived strong blustery winds, hail and sunshine.

On 10 February, ten people braved the cold, overcast weather for the long walk. Starting at King's Gate off Waste Lane, Kelsall, we walked south along the Sandstone Trail, then across to Duddon Common and the Eddisbury Way, returning via Willington and Little Switzerland. Approx. 7.5 miles. The cold weather kept the walking brisk and the breaks short. We passed a hunt gathering - in our anoraks we had the wrong dress code (hunt saboteurs?). Most people greeted us cheerfully, though we did get a few strange looks!

Kingsley Walking Group have two walks each month: on the second Tuesday there is a long walk of 7 - 8.5 miles (bring a packed lunch); on the last Wednesday a short walk of approximately 5 miles with a coffee break and pub lunch. We meet at the Community Centre at 9.30am (Note however an earlier start of 9.00am for the long walks from May to September). Information on the walks programme may be found on the Walking Club page of the Kingsley Village website. For more information tel. 788132 (short walks), 788068 (long walks).

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Thurs 5 th	Messy Church at the Hurst Chapel-4.30-6.30pm for all the family.Now includes Sweaty Church for 7-11 year olds.
Mon 9 th	Noon -1pm at The Hurst: Soup Lunch in aid of "Frodsham Will to Work"
" "	8:00pm at KCC :Kingsley Garden Club :Clematis through the seasons.
Tues 10 th	7:45 for 8: Hurst Guild: Update on the charity "Camp Project Wales"
" "	Kingsley Walking Group - meet 9.30am at KCC
Sat 14 th	10:00am from KCC : Village Litter Pick.
Sat 21 st	9.30am-12.30pm Hurst Holiday Club-for all 5-11 year olds
" "	9.30am to 1.00pm at KCC :KTI Local Produce Market
Wed 25 th	Kingsley Walking Group - 9.30am at KCC



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