



# KINGSLEY NEWS

MARCH 2010

The news and voice of your village  
Community

Kingsley Community Association is a Registered Charity

**KINGSLEY COMMUNITY ASSOCIATION**  
**OFFICERS 2009/2010**

<b>Chairman</b>	<b>Mike Butler</b>	<b>788125</b>
<b>Vice Chairman</b>	<b>Steve Easton</b>	<b>788050</b>
<b>Treasurer</b>	<b>Paul Atkinson</b>	
<b>Secretary</b>	<b>Vacant</b>	
<b>Kingsley News Editor</b>	<b>Elizabeth Wilson</b>	<b>787678</b>
<b>Bookings Secretary</b>	<b>Elizabeth Batey</b>	<b>788788</b>

(Available from 12.30-7.30pm)

**COUNCIL MEMBERS (elected)**

**Della Bunney, Sue Elliott, David Fletcher, Carol Rowlands,**

**COUNCIL MEMBERS (not elected)**

**One representative from each of the affiliated groups and clubs  
(NB. This is a condition of affiliation).**

**KINGSLEY PRAYER DIARY**

**Each week of the year** Christians in Kingsley pray specially for people in a different area of the village and its surroundings. During March we think of, and pray for people living in: -

**W/c Mar 7th    Newton/Hillfoot and Old Hall Lane**  
**W/c Mar 14th    Kingswood**  
**W/c Mar 21st    Meeting House Lane/Offalpits Lane**  
**W/c Mar 28th    Norley Road**

***We invite you to add your own prayers***

# *EDITORIAL NEWS AND VIEWS*

Dear Readers

It is strange what you can find in the hedgerows when out walking the dog. Usually it is just rubbish of varying kinds, very annoying because there is no excuse for leaving rubbish anywhere else but in a bin. However, this particular day I found a pair of roller boots, which seem to be in good condition. If you have lost a pair please contact me.

On March 20th we have the next local produce market, which this time will be held inside the Community Centre, just in case the weather is as cold as the last market day! There will be a good selection of home made and local grown produce, so please come along and see what's on offer.

Finally, don't forget the clocks go forward at midnight on 27th March and we can start to enjoy the longer days of Spring and hopefully some much needed warmer weather.

*Elizabeth*

**Articles for the magazine to be sent to the Editor  
either by email to - [ewilsonsecretarial@yahoo.co.uk](mailto:ewilsonsecretarial@yahoo.co.uk)**

**Tel: 01928 787678**

**Copy deadline is the 21st of each month**

**[www.kingsleyvillage.co.uk](http://www.kingsleyvillage.co.uk)**

**Lynnette Elizabeth Linkman**  
**1948 -2009**

Many of you will know by now that Lynn died of cancer on the Tuesday before Christmas. Once she had taken the decision in October to refuse further medical intervention, Lynn's earnest wish was to be nursed at home until the end. The unstinting support of so many of our friends and neighbours in Kingsley helped to make that possible and bearable. For months on end our house was filled with gorgeous bouquets of flowers and exotic plants. You sent cards, notes and thoughtful gifts. You came to visit, you came to help nurse Lynn and you came to support us. You did the shopping, ran errands and helped to look after Sparky. We want you all to know how much we valued your concern, generosity and acts of kindness. Those who came to Lynn's funeral will know that she requested a civil ceremony and a cardboard coffin. What she cannot have known was the number of people who would come to pay their last respects to her. People filled the seats in the chapel of the crematorium, the aisle between the seats and entrance hall outside. Lynn would have been deeply touched by this expression of regard and affection

Even after the funeral the cards and letters kept pouring in. People remembered Lynn's sense of humour, her cheerfulness, her positive attitude, her strength of character and her readiness 'to lend support and help through bad times'. It seems that no act of kindness on Lynn's part, however small, was forgotten by the recipient. Everybody who has lost a loved one knows how much such letters mean to the bereaved. They show that the person we loved was also valued by others, and this knowledge has proved a source of comfort to counter the confusion, emptiness and pain of grief.

Due to the generosity of those of you who attended the funeral and those who enclosed cheques with their letters, we were able to make donations of £300.00 to Macmillan Nurses and £800.00 to Halton haven hospice.

We end with a sincere and heartfelt thank you to you all.

John, Helen and David.




# Kingsley Transition Initiative

# Local Produce Market


Saturday 20 March, 10am - 1pm  
Kingsley Community Centre



Breads from Devonshire Bakery  
Fresh fruit and veg from Davenports  
Delicious pies from Happy Beef  
Cakes from St John's School  
Happy Jam & Preserves  
Local Free range bacon  
Fresh Free range eggs



Also available:  
Advice on home composting  
Energy saving and sustainability tips  
KTI information desk  
Kingsley Allotment Association update



If you would like to find out more about KTI or the market  
please call Allan on 01928 788335, Simon on 01928 787813  
or visit the village website at:

[www.kingsleyvillage.co.uk](http://www.kingsleyvillage.co.uk)

## **Kingsley Parish Council – February Report**

The dominant issue at the February Parish Council meeting was the proposed affordable housing scheme. A number of residents attended the meeting to express their views.

Fiona Grant informed the Council that a number of residents had raised objections to the Pike Lane development and a petition had been formed. The objections given were that the development fell outside the village development boundary, was in the Green Belt and had failed to demonstrate a need for the number and density of mix of dwellings. She also queried what comparisons had been carried out between the three sites as she could find no record of this in the Parish Council Minutes.

The Chairman confirmed that all three sites were considered and a vote had been taken and the Pike Lane site was the preferred site.

The Chairman recommended that anyone having a view about the proposed development should submit their comments to the Planning Department at Cheshire West as they were the authority who would be making the final decision on the application.

Several other members of the public spoke mainly concerned with traffic safety issues. The Parish Council had submitted their comments on the application and had expressed some concern about the access from Pike Lane. This was fully reported in the January edition of the Kingsley News.

Due to the half term holiday, a meeting with the Planning Officer had not yet taken place to discuss the points raised regarding the occupancy criteria. The Parish Council has made it clear that this is of paramount importance and that people with a Kingsley connection must take precedence over others.

There were concerns expressed about the availability of information. Everyone is reminded that the minutes of the Parish Council are available on the village website which is [www.kingsleyvillage.co.uk](http://www.kingsleyvillage.co.uk). Notices of meetings are posted on the village notice board and on the website.



## **1st Newton and Kingsley Scout Group**

*Present the 2010 Spring Ball*

**"Raise the roof again"**

**Saturday, 13th March 2010**

**Kingsley Community Centre**

**Tickets £25 (includes 3 course meal and live band-'Retro')**

**For more information and tickets contact Ian Hayes 788494**

## **FOUND**

**Pair of black roller boots**

**Tel: Elizabeth on 787678**

## **FREE TO GOOD HOME**

Piano stool

Phone Sue on 787687

Dark grey Philips TV stand - has 2 shelves and glass door at front. 19" high x 23" wide x 18" deep

Phone Elizabeth on 787678

## Litter Pick Update

On Saturday **Saturday 6<sup>th</sup> February** 14 of our litter pick team cleared the village of 13 bags of litter. Having realised that there was a clash with people getting ready for the Methodist jumble sale I wasn't expecting much help and was delighted with the turn out. Thank you to the team and also to the 4 people who because of the clash collected litter on the Friday and also to those who litter as they walk around the village. The next litter picks will be on **Saturday 13<sup>th</sup> March and Saturday 17<sup>th</sup> April** starting at 10.00 am at the Community Centre. New helpers are always welcome. We provide all the equipment needed.

Eila Birtwistle – Litter pick co-ordinator.

## KINGSLEY CRICKET CLUB



Founded 1971

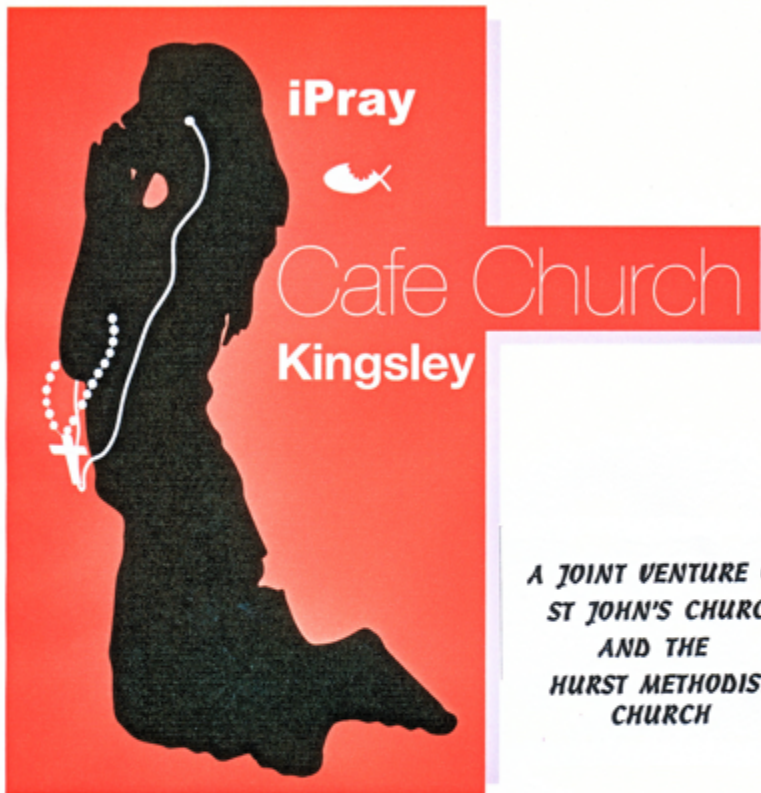


## CLEANER

Kingsley Cricket Club are looking for a cleaner for the Cricket Pavilion. The job would be on a weekly basis during the playing season.

To discuss full details, duties involved, and remuneration, please telephone Club Vice Chairman Adrian Burden on: 07966 711940





Next Session is on  
Wednesday 17<sup>th</sup> March 2010  
at The Hurst Methodist Church  
8.00 pm

Can worship of God be shaped by popular culture? Come along to this new style of church to find out. The service will include modern songs led by a band, teaching through film and video and very

good quality coffee. If traditional church is too staid and doesn't stimulate you then come along to this alternative. You will be made welcome into a very relaxed atmosphere.

## "BARNEY'S BUDDIES"

Caring for babies and children aged 0-5 years.

Please come for a coffee and a chat in a relaxed, friendly atmosphere with plenty to occupy the little ones. Drinks and healthy snacks provided.

Play Dough - Crafts - Toys - Ride Around - Singing  
Storytime - Healthy snacks

Tuesdays from 9.30 to 11.30 am  
at The Hurst Methodist Church

For further details please contact Beth Ferrigno  
0776350619 beth27f@btinternet.com

## **Crowton Quiltaholics**

Patchwork Exhibition  
Crowton Village Hall  
Friday May 21st 12-00 noon to 4-30 pm  
Saturday May 22nd 10-00am to 4-00pm

Patchwork by children of Crowton Primary School also on display  
Quilt raffle and refreshments  
trader Material Pleasures  
Entry Fee £1.00, children free.

## **DATES IN MARCH**

*Fri 5 Mar Women's World Day of Prayer*

Mon 8 Mar - Noon to 1.00 pm: Hurst Soup Lunch in aid of Hope House Hospice

Sat 13 Mar - 10.00 am from KCC: Village Litter Pick

Sun 14 Mar Mothering Sunday

- 8.15 am at Hurst: United Holy Communion

- 10.00 am: Hurst Family Praise led by Mrs Janet Batey

Tue 16 Mar - 7.45 for 8.00 pm at The Hurst: Hilary Jones on "Calligraphy"

Wed 17 Mar - 8.00 pm: "Café Church" at The Hurst

Fri 19 Mar - 7.30 pm at St John's Church: Rivendell Singers

Sat 20 Mar – Kingsley Local Market

*Fri 26 Mar Schools Easter holiday to Mon 12 April*

*Sun 28 Mar Palm Sunday*

### **Sun 28 Mar Clocks go forward 1 hour**

Mon 29 Mar – Noon onwards at The Hurst: Young Family Soup Lunch and "Puppet Praise"

## **APRIL DATES**

Sun 4 Apr **EASTER DAY**

Sun 11 Apr - 8.15 am at St John's: United Holy Communion.

Mon 12 Apr - Noon to 1.00 pm: Hurst Soup Lunch

Sunday, 18 Apr - 10:00 to 12:00 noon at Heaton Park, Manchester: 6 kilometre "Live Earth - Run for Water"

## **Come and sing Stainer's Crucifixion and other Passiontide anthems with Frodsham & District Choral Society**

### **Saturday March 27th**

Workshop starts at 2pm at St Laurence Church

Refreshments and music included in price

Concert at 7.00pm

£10 for singers / £5 for audience

Registration forms from Margaret Rogerson on 01606 852863

All proceeds to Frodsham Girl Guides to repair their HQ

St John the Evangelist Parish Church  
Kingsley

Presents

**The Rivendell Singers  
in Concert**



With  
Susan Turner (soprano)  
and David Hay (baritone)



In the Church

Friday March 19 2010  
at 7.30pm

Admission £5.00  
including refreshments

Tickets from 788314  
or Church Members



## **A MESSAGE OF THANKS**

I would like to give my sincere thanks to all my friends and neighbours who have been absolutely brilliant following the death of my husband Stewart on January 2nd.

Sincere thanks for all your support and messages of sympathy at this sad time and to everyone who donated money instead of flowers,. Money was split between Macmillans and the Hospice of the Good Shepherd.

Your kindness has meant so much to me at this sad time.

Margaret Livingstone

## **THANK YOU**

Ken and Gwenda Howarth thank you for all the many acts of kindness, warm expressions of concern and practical thought and help given so generously during a difficult time. The memory of the uplifting support of so many here in this village will stay with us always - you truly have made all the difference.

Special thanks to Eila who, without fail and in the depths of winter, exercised my dog Lucy three times a day for many weeks. Thank you to the lovely Reyna for permitting it and to Eila's grandson Sam for serenely supervising proceedings.

## **KINGSLEY GARDEN CLUB** **NOTES FOR A RADICAL APPROACH!**

Here are a few controversial thoughts for gardeners and reluctant gardeners.

Apart from shopping, perhaps it might be said that gardening is the new pastime. To some they may bring pleasure, to others, boredom and to some, antagonism. So maybe from time to time, we should look again at our attitude to gardens and gardening. If you are a gardener who is a self confessed plantaholic who must have every new species and variety but who has difficulty in finding a suitable space in the garden for your latest impulse buy then perhaps there's no remedy except cost, bankruptcy or lack of energy to keep up with the work.

However, for mere mortals who feel that perhaps their garden could be more attractive and satisfying why not walk around your plot and ask yourself a few questions:

Does that shrub really justify its place?

Is it a one season, one flower flush with a boring presence for the rest of the year (lilac comes to mind here)? If so why not dig it out and replace it with a better variety or by something which gives say flowers in the Spring and good Autumn colour, such as the newer viburnum varieties.

Do you hate mowing lawns? Then get someone else to do it or rip up the lawn and have an interesting flower bed or vegetable patch.

Or why not consider a gravel garden which is easy to maintain by helping to suppress weeds and allows you to grow interesting hardy perennials and grasses. Many plants which like dry well drained conditions will thrive in these conditions such as salvias, eryngiums and even herbs.

But please, please don't just create another parking lot!

Do you have a tree(s) that do no more than create shade, are too big, or denude the soil of nutrients so that nothing else will grow near it? Then chop it down and have something more interesting.

Do you spend leisure time in the garden or is it just another work place?

If the latter, then unless you enjoy hard work why not simplify your garden. Reduce the number of varieties in the borders and have fewer but more of the same type which may give a more attractive look and allow some space for judicious hoeing rather than back breaking hand weeding.

Do you love your garden? Then share it with others. Only you know where the weeds are and a few words of appreciation from a friend walking round your garden is a real tonic. If your visitor is of a critical disposition, sit them in the best corner and enjoy a cuppa!

Kingsley Garden Club cont.....

Have you read or heard that you should only divide perennials, move plants etc. at a very precise time of the year and unfortunately you've just missed it again? Then accept that as a council of perfection and a sure way of making certain that for one more year the job doesn't get done. So, just do it anyway and with a bit of TLC you will most likely get away with it and have a more satisfying garden for that year.

Oh, and by the way, support your local Nurseries who will give you good advice. Better than the author!

**Helsby High School  
Parents' Society**

invite you to a

**Table Top Sale**

Sunday 21 March 2010

at  
**Helsby High School**  
Chester Road, Helsby

*Lots of free parking. Light refreshments.*

**To book a Table**  
contact Anne –  
**01928 733373**  
(£7 in advance / £10 on the day ).



**All proceeds towards a minibus  
(with disabled access) for the  
pupils.**

## **HOLIDAY APARTMENT**

### **Elmers Court, Lymington**

**Available school holiday week - 29th May - 5th June**

1 bedroom apartment, sleeps 4

Facilities onsite include indoor and outdoor pools

Pitch n put, tennis, gym, beauty salon  
gardens, 2 restaurants

This apartment has wonderful views towards the Solent

The New Forest is minutes away by car

Photos can be viewed on the website below  
[www.macdonaldhotels.co.uk/elmerscourt](http://www.macdonaldhotels.co.uk/elmerscourt)

**For further information and price please contact  
Elizabeth on 787678**

## **SPRING IN THE AIR**

Leaving behind dark winter's sheath  
Bright spikes of crocus and snowdrop  
Reach towards the light

Green haze on fronds of wispy willow  
Ballet dance in slow motion  
In the pond's reflection

Spirits rise in sparkling air  
Everywhere bird song  
Fresh smells breathing new life

Frisky breeze billows washing  
On the line, where fat shirts flip  
Their tails in legless frolic:  
Spring is in the air

Myra Killip



## **Kingsley & Newton Village Institute**

### **Top Road, Kingsley**

This article should have been in the February issue of Kingsley News. The Editor apologises for its oversight.

We would like to wish all our members a Happy New Year.

We had our usual Christmas Hotpot lunch in December, again organised by Mr & Mrs George Killip. The committee appreciates their efforts each year and to those who come along and make it a good party., and to everyone else who helps out.

We were sorry to lose two of our hard working members in December. June Grinney who had been on the committee for a long time sadly passed away. She will be sadly missed by all. Also our dear friend Lynn Linkman who was always there to give a helping hand when needed. The BBQ won't be the same without her, but I'm sure we must do our best to keep things going in their memory. Our thoughts are with Bernard and John and their families.

#### What's On in March

Monday	1st, 15th, 29th	Bridge	7.30pm
Monday	8th & 22nd	Bingo	7.30pm
Monday	Weekly	Art	2.00pm
Tuesday	Mornings	Spanish	9.30am
Tuesday	Weekly	Line dancing	8.15pm
Wednesday	Mornings	Spanish	10.00am
Wednesday	3rd, 17th, 31st	Quiz	8.30pm
Thursday	Weekly	Indoor bowls	7.30pm
Friday	Mornings	Bridge	10.00am

We have a pool table, darts, table tennis, snooker tables, tennis courts and a bowling green. Everyone welcome.

Our room is for hire for parties etc. We cater for all occasions at a very reasonable price. Tel 788505



## Kingsley & District Nursery

St. Johns C of E Primary School,  
Hollow Lane, Kingsley,  
Cheshire. WA6 8EF  
01928 787903  
Registered Charity No. 1026418



### **Complete nursery care centrally located in Kingsley.**

**Fully-qualified and experienced staff**  
NNEB, NVQ 3

**Children from age 2 welcome**  
Free to children aged 3 to pre-school (subject to Surestart funding)

**Good staff- child ratio**  
2-3yrs 1:4    3 to pre-school 1:8

**Open 5 days a week (term time)**  
Sessions : 9.15am–11.45am 12.30pm – 3.00pm  
With lunchtime care option  
Pre-school and after school care from the age of 3yrs, to 6.00pm by arrangement

**Self-contained premises**  
Annexed to Kingsley St.John's Primary School

**“Provision is good. Children are settled and happy due to calm, positive interaction from staff who follow good effective procedures and practices which meet the children’s physical, nutritional and health needs”  
(OFSTED 2006 – Kingsley and District Nursery)**

For further information contact  
the Nursery (Wendy) on 01928 787903

<http://www.kingsleyanddistrictnursery.co.uk>



**LOTTERY FUNDED**

*NEWSLETTER FROM ST. JOHN'S PRIMARY School: FEBRUARY 2010*



Hollow Lane  
Kingsley  
Frodsham  
Cheshire  
WA6 8EF

Tel: (01928) 788536 Fax: (01928) 787600

HEADTEACHER Mrs Ann Griffiths  
*VISITS WELCOME ANY TIME*

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Dear Readers,

Kingsley St. John's School is celebrating this month after receiving a glowing Ofsted report in January. Overall the school was rated as 'good' with many outstanding features. The visit was made more challenging as I had broken my wrist prior to the visit and was in plaster and two members of staff were off due to illness but all the staff rallied round magnificently! Thanks also go to our supportive parents and hard work of the Governors. However, above all praise must go to the children who were singled out by Ofsted for their commitment and concern for each other.

As a Church school with a strong commitment to seeking to get the best from every child and working in partnership, we were particularly pleased that this was recognised in the report. Here are just a few of the lovely comments from the report:

- It is an extremely inclusive school.
- Relationships are exceptionally strong and pupils have an excellent awareness that they should respect people's differences.
- Outstanding care, guidance and support ensure pupils feel very safe and happy.
- Those pupils who are most vulnerable and those with special educational needs and/disabilities receive superb support, as do their families.
- There is very close cooperation between the federated schools which has a positive impact on many aspects of provision at St. Johns.
- The excellent partnerships with schools internationally, with external agencies as well as the community and the parish, help to raise pupils' aspirations and the quality of their learning.

The end of January also marked the leaving of Mrs Browne who will be greatly missed by staff, children and parents. Mrs Browne has played a huge role in the life of the school. This has included a pastoral care role, working as a TA, class cover across the school and voluntarily running a wide range of after school clubs over the years. We marked her leaving with a special celebration assembly.

Ann Griffiths (Headteacher), staff and children

# **Frodsham & District Choral Society**

## **Giant Book Sale**

**Saturday 20th March  
10.00-12.00 noon  
Frodsham Parish Hall**

Lots of books for sale, please come and browse

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## **FDCS 40th Anniversary Celebrations**

## **Crowning Glories**

**Saturday 24th April  
St Laurence Church**  
Tickets £8 or £6 concessions from  
Frodsham Frames or phone Nikky Hankey on 01928 717246

## **Stephen Ford**

**Local joiner / carpenter  
(time served tradesman)  
Based in Kingsley**

**Telephone - 07940 106 295**



***COMMUNICATING DOORS*** by Alan Ayckbourn

Directed by Malcolm Barker

and to be performed at KINGSLEY COMMUNITY CENTRE

**WEDNESDAY 19<sup>th</sup> to SATURDAY 22<sup>nd</sup> MAY**

This is our usual Spring format, with standard auditorium layout on Wednesday and Thursday with seats at £5 (£4 concessions).

***On Friday and Saturday we present our Supper and Theatre evening, comprising a two course meal and the play.*** Tables can be reserved for 6, 8 or 10 people so why not get a bunch of friends together and create your own party. Individual booking can be made and tickets are £12 per head inclusive. The box office is now open on **07925 516760**. Tickets will shortly be available online at [www.kingsleyplayers.co.uk](http://www.kingsleyplayers.co.uk)

This play is not a typical Ayckbourn although written with his usual skill and attention to detail, An intricate time travel comic thriller compared to Physco meets Back to the Future. The story follows the adventures of a Dominatrix from the future who stumbles into a murder plot that sends her, compliments of a unique set of doors, travelling back in time to save herself and possibly alter the future. It will keep you on the edge of your seat .....unless you're rolling on the floor laughing.

The cast is Reece : Simon Sutton, Poopay : Laura Williams, Julian : Neil Silcock, Ruella : Kath Kerry, Jessica Lesley Silcock, Harold : Colin Smith. The assistant director is Fiona Crane, the Stage Management Team headed by Jane and Vic Wodhams with the KLAS team producing many special effects.



## KINGSLEY COMMUNITY PRIMARY & NURSERY SCHOOL

Middle Lane  
Kingsley  
Frodsham  
Cheshire  
WA6 6TZ  
Tel. 01928 788436

email: [admin@kingsleycp.cheshire.sch.uk](mailto:admin@kingsleycp.cheshire.sch.uk)  
Headteacher: Mrs F Rimmer

Dear Readers

### **Cake Sale**

Last half term we ran a cake sale to raise money for the



Unicef Haiti Earthquake Disaster Fund. We would like to thank everyone who donated cakes so generously and those who bought cakes during our sale; you have raised £314.50. This is the most money that we have ever raised through a cake sale and we would like to thank you for your support for this very needy fund. We would also like to thank the School Council and Mr Scrivens who organised the event in school.

### **Year 5**

#### **Playleaders**

10 of our Year 5 children have volunteered to become junior play leaders.



After a rigorous application process, the successful candidates have taken part in some training. Last half term this group of children have begun to organise games and activities for our younger children at playtimes. These have proved to be very successful and many

children can be seen taking part in traditional playground games including large skipping games and old favourites such as 'duck, duck, goose' and 'Lucy Locket'.

### **School Disco**

Our PFA recently organised a school disco for the children. The infants' disco was held in the school hall and was followed by the Junior disco an hour later. All the children who attended this event had a great time whilst several parents had the opportunity to chat and relax over a cup of tea/coffee in an adjacent classroom. We look forward to the next disco!



### **Key Strings**

The group of musicians known as 'Key Strings' recently visited school to put on two performances for the children. The children learnt about different aspects of music through the performance and some of the older children had the opportunity to play a variety of instruments including the double bass (which is massive!) Thank you to our PFA for sponsoring this event.

F Rimmer (Headteacher)

# *The Horseshoe Inn*

## *TRADITIONAL SUNDAY ROAST*

*Locally sourced produce*

*1 COURSE - £6.95*

*2 COURSES - £8.95*

*3 COURSES - £10.95*

*Served every Sunday 12-6  
Bookings Welcome*

## *CURRY AND A PINT\**

# **£5.99**

*Every Thursday 6-8 on  
Curry of the Day*

*\*Carling or Robinson's*

## *St patrick's Day*

*GUINNESS promotions from 12<sup>th</sup>-20<sup>th</sup>  
March*

*A great deal on our home made Irish food  
6 Nations Rugby Showing Here*

*Watch out for details of our Paddy's  
day entertainment*

## *TREAT MUM THIS MOTHERS DAY*

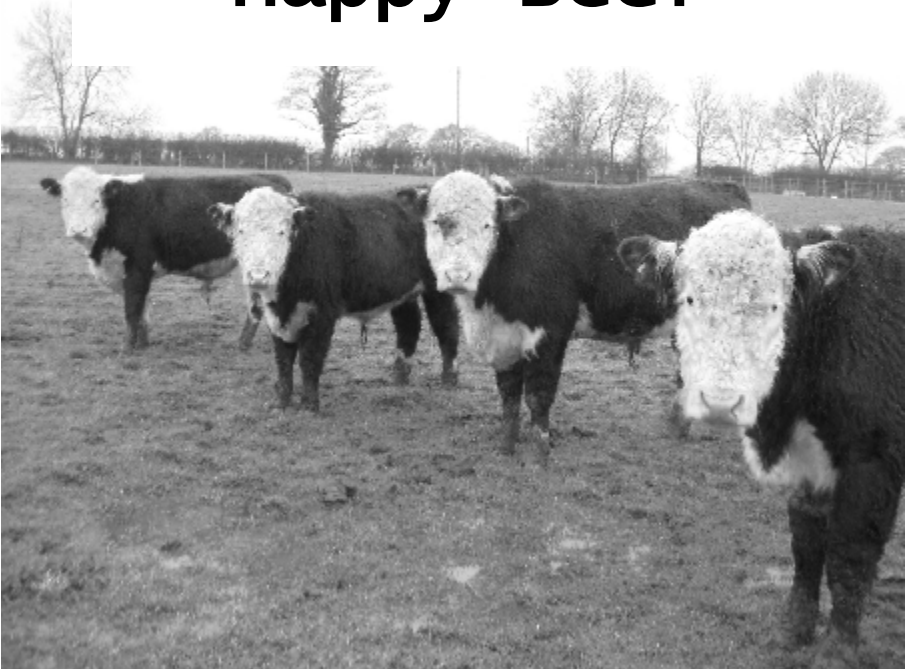
*Sunday 14<sup>th</sup> March*

*Selection of meats to choose from*

*Free glass of wine for Mum with every  
purchase of 2 adult main courses*

**LIVE FOOTBALL SHOWN ON SATELLITE TV**

# Happy Beef



It's springtime and after a long winter the Happy Beef herd is in full bloom, the cows can't wait for the sunshine (and for those pesky puddles to dry out). With the recent success of *The Happy Beef pie* at various local farmers markets, we will now be selling them frozen from the farm.

As well as this we have a fresh selection of meat arriving very shortly so if you want to try any specific cuts of beef please don't hesitate to ask. Fresh meat and delicious cooked pies will be available at the next Kingsley local produce market on the **20<sup>th</sup> of March** at Kingsley Community Centre.

We look forward to seeing you there and would like to thank everyone for the fantastic support they offer by attending the market and buying our local produce.

So if you have any inquiries call us on **01928 788 020** or pop into to the farm located on Crewood Common just off Kingsley road, (there's a sign at the end of the road just to help you out!)





## KINGSLEY WALKING GROUP

Unfortunately due to the inclement weather the long walk planned for 12<sup>th</sup> January saw only the leader and one other prepared to face the elements, so an alternative short walk was taken around Delamere Forest.

The short walk on 26<sup>th</sup> January attracted 13 walkers and 1 dog, starting from the Ring-o-Bells in Frodsham. The walk went along the edge of Frodsham Hill to Woodhouse Hill and over to the Ridgeway. At this stage, proceedings were halted while the owners of a dog, which had been following us, were telephoned to collect their pet. The walk continued up the Ridgeway leading back to Woodhouse Hill and The Delamere Way, eventually leading to Simons Lane, Bellemonte Road and the Ring-o-Bells.

Rain held off until we were eating our Lunch and our pre-ordered food was excellent. As usual a well planned five mile walk.

### Kingsley Long Walk on the 9<sup>th</sup> of February 2010

10 Walkers commenced from Barns Bridge Gates in a southerly direction along the Delamere Way/Sandstone Trail. After climbing an easy gradient and continuing downhill, and passing a pig with a head at both ends they came to the A54, which they crossed to arrive at Grestys Waste. Stairs led them down to a stream crossed by a bridge and then up to Primrose wood. They then followed the path leading to Kings Gate and then on to Waste Lane and other roads in Kelsall leading back to the A54, crossing fields containing various early crops, and then back to the Eddisbury Way. Following the signs they arrived at Brines Brow for lunch. After lunch they took a track under the Railway Bridge and crossed a field and a stream. At Manley Common they changed from the Eddisbury Way to the Sandstone Trail and made their way through the Forest to Barns Bridge Gates and their cars.

Kingsley Walking Group have two walks each month, meeting at the Community Centre at 9.30am. On the second Tuesday there is a long walk, bring a packed lunch. On the last Wednesday a short walk with a coffee break and a pub lunch. We are a friendly group. For more information tel. 787055 or visit our website at [www.kingsley.walkers.btinternet.co.uk](http://www.kingsley.walkers.btinternet.co.uk)

## THANK YOU

Once again I must thank you all for your support and generous donations for Jack

Jack is continuing to make encouraging progress.

The enthusiasm and energy that Jack puts in to each Son Rise session and the enjoyment he gains is fantastic. We are conscious that this is not a sprint and it is important to be patient and at times although extremely positive and optimistic about the Son Rise programme and the encouragement we get from Jacks progress, we do have moments when we find the current situation difficult, however Jacks timing is a tonic he does have a habit of kicking us up the backside and saying in his own way look at me look what I can do.

Jack is trying so hard, his eye contact continues to improve, his attention span is increasing and his interest in the types of toys is broadening. Wey hey the ball comes down now from his toy shelf regular and we have a brief kick around in his room.

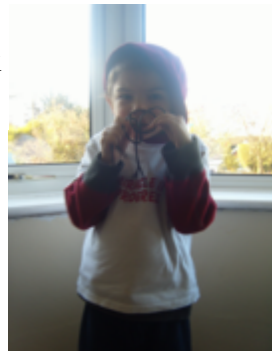
We are continuing to fundraise for Jacks intensive therapy at Sonrise, Sheffield, Ma,USA.

Our next event is at the Forest Hills Hotel, 19<sup>th</sup> March 7.30pm with a Male Vocalist from South Wales called Daniel James, who sings a range from Blues to Pop. Tickets are £15 including Hot Pot Supper, Auction, Jack's Programme in action on the big-Screen.

Jack now also has his own website with his progress updated once a week this can be found at [www.joiningjacksteam.co.uk](http://www.joiningjacksteam.co.uk)

If you would like to find out more or become one of Jacks valuable volunteers or tickets to Jacks Fundraiser please contact Natalie on 01928 788246 or [natalienell@aol.com](mailto:natalienell@aol.com)

Many thanks again Mark, Natalie Jack and George x



**FRODSHAM COMMUNITY ASSOCIATION**  
*The Centre, Fluin Lane, Frodsham WA6 7QN*  
01928 732222 [www.frodshamcc.co.uk](http://www.frodshamcc.co.uk)

# **EASTERR QUIZ**

**Where?** *The Centre, Fluin Lane.*  
**When?** *Tuesday 30<sup>T</sup> March 2010*  
*Doors open 7pm.*  
*Quiz starts 7.30pm*  
**Who?** *Teams of 6. £3 a head.*  
**What?** *Bar. Refreshments. Raffle.Prizes.*  
**How?** *Contact us - 01928 732222*  
*events@frodshamcc.co.uk*  
**Why?** *Why Not?.*

## **How the quiz works**

Doors open 7pm. Quiz starts 7.30pm.  
Teams of up to 6. Entrance fee £3 a head, collected at the interval.

20 rounds of 5 questions, answered by the team in writing.

1st, 2nd, booby & spot prizes (6 per team). Raffle Prizes  
Trophy for the winning team to be displayed at the Centre.

Bar open 7.00pm to 10.30pm.  
Sandwiches *etc* at the interval; tea and coffee also on sale.

# The Hurst Souperstars'

## SOUP LUNCH

Monday 8<sup>th</sup> March

Noon to 1.00pm

\*\*\*\*\*

Home-made Soups, Dessert,  
Tea or Coffee - only £ 2.50 all in.

-----

All proceeds for Hope House Hospice.

\*\*\*\*\*

Everyone is warmly welcomed to the lunch - and to  
"Thought for the Day" which follows !

## **Womens World Day of Prayer**

**At Frodsham Methodist Church**

**on 7th March at 7.45pm**

**All are welcome at this service**



**“Hold a Fish and Chip Supper to help spinal cord injured people live full and independent lives.”**

### **Great British Fish and Chip Supper – Friday 21<sup>st</sup> May 2010**

Want to do something different? Want to raise money where you live or work? Want to eat Fish and Chips, while raising money for charity? Hold a fish and chip supper on Friday 21<sup>st</sup> May 2010 whilst raising awareness of spinal cord injury and supporting SIA's information and support services.

You can hold a fish and chip supper in your own home, at work or hold a larger supper at your local community centre.

SIA will provide a fundraising pack containing hints and tips, recipes, invitations and donation envelopes. By inviting 7 friends and asking them to donate an additional £5.00 means you will raise at least £35.00 from your supper but we will also give you additional fundraising ideas to raise even more money for SIA.

Last year we had over 80 suppers taking part in England and Wales. In 2010 we want to double that figure and ensure we can provide more support to spinal cord injured people.

The money raised from the suppers will help the Spinal Injuries Association offer support to individuals who become paralysed and their families, from the moment a spinal injury occurs, and for the rest of their lives by providing services and publications which enable and encourage paralysed people to lead independent lives.

Every year in the UK over 1,000 people experience a spinal cord injury and there are an estimated 40,000 spinal cord injured people in the UK alone.

Community Fundraising Officer, Elizabeth Wright, says, “The Fish and Chip Supper is a wonderful opportunity for a great evening with friends and family. We are also encouraging people who work to hold a Fish and Chip Lunch in their work places to raise even more funds. You may be even a local community group wanting to run a fun evening with your group.

Be a part of something special and make a real difference to help spinal cord injured people gain access to the information and support they need to enable them to live full and independent lives.”

For more information or request a fundraising pack call Elizabeth Wright on 0845 678 6633 xtn 229 or email [fishandchips@spinal.co.uk](mailto:fishandchips@spinal.co.uk) or visit [www.spinal.co.uk](http://www.spinal.co.uk)

## **ROOM AT THE TOP**

Rooms with kitchen facilities available for hire at The Hurst Methodist Church.

Ideal for children's parties etc.

Moderate charges.

Contact Brian Moores on 787442

---

## **THE JINORMOUS JUMBLE**

The February Jumble and Book Sale (plus Internet sales) raised nearly £500 for the charity 'Pump Aid'.

Many thanks to all who helped with shifting, sorting and selling jumble and books - also to those who provided much needed refreshments.

Great work Kingsley - you are a wonderful team!

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## KINGSLEY GARDEN CLUB



**WELCOMES NEW MEMBERS & VISITORS**

**Meeting held in**

**Kingsley Community Centre**

**8th March 2010 at 8.00pm**

**Speaker will be Martin Blow**

**BEAUTY FOR MORE THAN A DAY**

**DAY LILIES IN THE GARDEN**



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# KINGSLEY CRICKET CLUB



Founded 1971



- ❖ The new season is rapidly approaching and Seniors indoor nets are taking place at two venues. These are Tuesdays at Helsby High school on 23<sup>rd</sup> February, 9<sup>th</sup> March and 16<sup>th</sup> March from 6.30 pm to 9 pm. Junior nets will run from 6.30 pm for each of those sessions with adult nets starting at 7.30 pm. The second venue is Frodsham Sports Centre on Sundays 21<sup>st</sup> and 28<sup>th</sup> March. These nets at Frodsham will run from 5 pm to 6 pm.
- ❖ The Club's signing on night is Tuesday 30<sup>th</sup> March 2010 at The Croft Cricket Ground, at 7 pm. The Chairman and Team Captains will be there to greet members old and new and the format will be the same as for previous years. New members will be most welcome.
- ❖ The Summer Barbeque has been arranged for Saturday 26<sup>th</sup> June 2010, and the Club are organising a Festival of Beer to be held at The Croft Cricket Ground on Friday, Saturday and Sunday 24<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup> September 2010. At the moment these are really dates for your diaries with much more detail to follow nearer to the event.
- ❖ As always the Club welcomes anyone in joining whether as player or social member, sponsor, coach, scorer, umpire, or in any other way that will encourage and support cricket in the community.
- ❖ For all contact details and more about the Club's activities, statistics and other information please visit the Club website: [www.kingsley.play-cricket.com](http://www.kingsley.play-cricket.com) . Club secretary Keith Trenell can be contacted on 01928 788465.



## **Kingsley, Norley and Crowton Mothers' Union**

At the start of our meeting in February, members stood in silence in memory of Mrs Amy Hulse, our oldest member, who died in January. Amy had been Deanery Presiding Member and Branch Enrolling Member, and we remember her with great affection.

Our speaker for the evening was Mr Andrew Rudd, Cheshire's Poet Laureate in 2006. He read a selection of his poems, giving us background and stories behind his work. He writes poems of everyday events with a fresh and wondering eye looking at the world around us. An extract from his poem *Here*: 'I live two blackbirds from the church, three robins from barley-fields, four gardens from the post-box, one cloud from the sky'.

Church Banners will be the subject of the talk to be given by Mrs Jennie Jamieson from Frodsham on 2nd March. We meet monthly in the Church Room, Kingsley, on the first Tuesday in the month at 7.30 p.m. and anyone is welcome to join us.

## **THANK YOU**

Blakelees Methodist Church wish to thank all who supported them when they were carol singing in the village and surrounding areas. Because of your generosity we were able to raise £461 on our two nights singing, all of which has been sent, as usual, to Halten Haven Hospice.

Jean Perry

# March is Prostate Cancer Awareness Month

## Men----Don't die of ignorance or embarrassment

### BE AWARE THAT:

1. Prostate cancer affects only men
- 2.. Prostate cancer is the most common male cancer
3. In the UK, every year 10,000 men (1 every hour) die of the disease and there are 35,000 new cases diagnosed
4. If there is a family history of prostate cancer ie if you have a grandfather, father or brother who has had the disease, you are more than twice as likely to develop the cancer
5. If caught and treated early, prostate cancer is often curable.

### BE AWARE OF SYMPTOMS:

1. Difficulty passing water, slow to start and stop
2. Passing water often, particularly getting up in the night
3. Feeling your bladder has not emptied after a visit to the toilet
4. Pain in the testicles or groins or lower back

**BE AWARE** If you have one or more of the symptoms, see your Doctor immediately and **ask for a PSA test. DON'T DELAY**

**BE AWARE** If you have symptoms you wont necessarily have prostate cancer. There are many other non- cancerous conditions giving rise to these symptoms which are easily treated.

**BE AWARE** Sometimes there are no symptoms with prostate cancer, so if you are worried and concerned for any reason and if there is a family history of the cancer and you are over 40, **DON'T DELAY ask for a PSA test.**

**BE AWARE** You can get further help & information from The Prostate Cancer Charity---0800 074 838883 or visit [WWW.prostate-cancer.org.uk](http://WWW.prostate-cancer.org.uk)  
The NHS iVan (Information Van ) will be at:

Frodsham Market,	Thursday	March 11
Tesco, Helsby	Monday	March 29
Morrisons, Frodsham	Wednesday	March 31

# Amnesty International



A Griffiths  
2 Depmore Lane  
FRODSHAM  
WA6 6UB

03/02/2010

Supporter No. 400247480

Dear Audrey Griffiths

Thanks so much for raising £65.00 at your **AMNESTEA**. We've been thrilled, humbled and inspired by the number of people who have hosted and attended tea parties in aid of Amnesty. *+ £5.00 sent later.*

Often the simple things that we take for granted (like having a brew and a chat with friends) are denied to the people Amnesty fights for; people who have been "disappeared", or locked up for peacefully expressing their beliefs. Coming together as you did to raise money through an **AMNESTEA** is a perfect and fitting way to show solidarity.

If you took photos at your **AMNESTEA** and haven't already sent them in, please do email them to [tea@amnesty.org.uk](mailto:tea@amnesty.org.uk) (we'd also love to hear if you sent greeting cards at your event).

Once again, thanks for getting your friends and community together to drink tea and raise money for human rights. Your support is valued and will make a difference.

With best wishes

Corinne Tarbet  
Community Fundraising Manager.

P.S. Amnesty will be asking supporters to host tea parties again next year, so we do hope you'll host another **AMNESTEA**!

**PROTECT  
THE  
HUMAN**

[www.amnesty.org.uk](http://www.amnesty.org.uk)

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United Kingdom Section  
The Human Rights Action Centre  
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# Frodsham Music and Arts Club

Community Centre, Fluin Lane, Frodsham at 7.45pm

## 66<sup>TH</sup> SEASON 2009 - 2010

- FRIDAY**                    *Music from the Age of Elegance - with the Telemann Baroque Quartet.*  
**25 September** A stylish season-opening with 17th and 18th century music from expert players
- FRIDAY**                    *Sight and Sound Spectacular - Orlyk Ukrainian Folk Dance Ensemble.*  
**16 October**                A warm welcome in their sixtieth anniversary year for the dynamic company of prize-winning dancers, singers and musicians who perform in full costume.
- FRIDAY**                    *Mary Taylor Memorial Concert - the Manchester Light Orchestra Prom.*  
**13 November**             Typical of her longstanding support for the Club, funding for this professional orchestra's Frodsham début comes from our late former Honorary Treasurer.
- FRIDAY 7.00pm**        *Members Christmas Special - party food, jolly atmosphere, musical features*  
**11 December**             Kick-start the festive season with stunning performances and a great night out!
- FRIDAY**                    *Twenty Five Paintings You Should See Before You Die - Derek De Maine.*  
**22 January**                An illustrated presentation on some fine works from a charismatic art historian.
- FRIDAY**                    *Tap Your Feet, Swing the Night Away - Booth Street West jazz sextet.*  
**19 February**                After their earlier wonderful event these classical musicians just have to return.
- FRIDAY**                    *Soloists in Performance - spend an evening with Eva Warren and Friends.*  
**19 March**                    Sparkling recital event featuring young performers of rare talent introduced and presented by the well known accompanist and teacher par excellence.
- THURSDAY**                **Fund Raising Coffee Morning,** Church Hall, Church Street - 10.00 to 12.00.  
**25 March**                    Paper back books, cakes, bric-a-brac needed for sale. Please support this event.
- FRIDAY**                    *Steinway Concert Grand Celebrity Recital - STEVEN OSBORNE, piano.*  
**23 April**                    He has worked with top international orchestras, played at the world's greatest venues, and at the Proms and Edinburgh Festival. In another Club coup the renowned British virtuoso performs Beethoven, Debussy and Rachmaninov.
- FRIDAY**                    *Classical Re-discovery - Jonathan Aasgaard, cello and Ian Buckle, piano.*  
**21 May**                    A lost Dvorák cello concerto unveiled by two leading musicians from the great Royal Liverpool Philharmonic Orchestra: music making in a class of its own.
- FRIDAY**                    **Annual General Meeting,** then a chance to meet the officers and committee informally at a Social Evening with refreshments; all members are welcome.  
**18 June**

-----o-----

- Annual Membership-** £15.00 for admission to the whole season of events - available at the door.  
**Guests Welcome**        - children under 16 admitted free if accompanied by a member or adult guest.  
**Club Secretary**        - Margaret Dodd, tel. 01928 722282. *The Club is grateful for support by Vale Royal Borough & Arts Councils, NW Arts (piano loan), Frodsham Town Council, and benefactors.*

## DIARY OF MARCH EVENTS

Tues 9th	Kingsley Walkers - meet at Comm Ctr	9.30am
Sat 13th	Litter pick - meet at Comm Ctr	10.00am
Sat 13th	Scouts Spring Ball at Kingsley Comm Ctr	
Fri 19th	Rivendell Singers at St Johns, Kingsley	7.30pm
Fri 19th	Jack's fundraising event at Forest Hills	7.30pm
Sat 20th	KTI Local Produce Market at Comm Ctr	10-1pm
Sat 20th	Giant book sale - Frodsham Parish Hall	10-12
Sat 27th	FDCS workshop at St Laurence Church	2pm
Wed 31st	Kingsley Walkers - meet at Comm Ctr	9.30am

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