



KINGSLEY  
COMMUNITY  
ASSOCIATION



# **KINGSLEY NEWS**

**FEBRUARY 2021**

**KINGSLEY COMMUNITY ASSOCIATION**  
**OFFICERS 2019/2020**

Chairman	Elizabeth Batey	788788
Vice Chairman	Steve Easton	788050
Treasurer	Simon Batey	788788
Secretary	Elizabeth Batey	788788
Kingsley News Editor	Elizabeth Wilson	787678
Kingsley News Accounts	Julie Mort	
Bookings Secretary	Heather Hayes	788494

(Available from 12.30-7.30pm)

**COUNCIL MEMBERS (elected)**

Carol Rowlands, Vic Wodhams

**COUNCIL MEMBERS (not elected)**

One representative from each of the affiliated groups and clubs (NB. This is a condition of affiliation)

**CONTACT DETAILS FOR PARISH COUNCIL**

Contact: The Parish Clerk  
Email: parish.clerk@kingsleyparishcouncil.org.uk  
Mailing address: The Boardroom, Hollow Lane, Kingsley, WA6 8EF  
Mobile: 0074 3157679  
The Parish Clerk will be available at the following times:  
Every Friday of the month between 09.00 and 15.00

Articles for the magazine to be sent to the Editor

By email to: kingsleynewseditor@gmail.com

Tel: 01928 787678

Copy deadline is the 21st of each month

[www.kingsleyvillage.co.uk](http://www.kingsleyvillage.co.uk)

## Editorial News and Views

Dear Readers,

I hope everyone is safe and well in these strange times. Many of you will have tried something new to pass the time during the isolation of lockdown. Some of us will keep a diary of the experience and many of us will be using Zoom to keep in touch with family and friends. However, nothing can ever compare to meeting face to face.

Lockdown has curtailed all activities at the Community Centre since before Christmas. The Village Institute and the tennis courts are also closed until the present restrictions are eased.

The Centre user groups have been working hard during the winter months to prepare for their return when Lockdown is lifted. This edition of Kingsley News contains details and contact information about the activities planned for when the Centre re-opens. As you will see, much has been done to ensure that the Centre remains Covid-19 secure and safe for all who go there.

These have undoubtedly been dark winter months but there are brighter times ahead. Spring is on its way!

*Elizabeth*

**CHESHIRE WEST AND CHESTER GARDEN  
WASTE COLLECTIONS HAVE BEEN  
SUSPENDED FURTHER, RESUMING ON 1ST  
MARCH 2021.**

## Yoga and Fitness Classes with Janet

I've been teaching yoga and fitness for over 16 years but have only recently started teaching in Kingsley. I have 11 years' experience of working in the NHS and with local councils helping people to improve their health and wellbeing. My key strength, I believe is the way in which I adapt what we do to make it safe and enjoyable for people of all ages, abilities and varying stages of "wellness".

### Yoga - Mondays 6.15-7.30pm

I teach a gentle style of yoga, called Dru Yoga. It is ideal for beginners and also for people who enjoy a more relaxing style of yoga. Joints are kept soft and movements are flowing. It is wonderfully relaxing and leaves you feeling calm and peaceful. This style of yoga also helps you to build strength safely and keep you strong and flexible, both mentally and physically.

### Keep Fit – Wednesdays 11.00-12.00pm

I teach a Gentle Keep Fit Class aimed primarily at older adults. Low-impact aerobics and gentle exercises to keep your joints supple, your muscles and bones strong and to improve your balance and co-ordination. Set to music, this class is fun, social and uplifting.

The above classes will begin again once at Kingsley Community Centre once Covid restrictions ease. I am currently teaching yoga classes online and have a keep fit DVD available to buy.

### **For further information please contact:**

Janet Woodcock

Cheshire Yoga & Fitness

Email: [helenjanetwoodcock@gmail.com](mailto:helenjanetwoodcock@gmail.com)

Tel: 0787 11 55 740

### **KINGSLEY PRAYER DIARY**

**Each week of the year** Christians in Kingsley pray specially for people in a different area of the village and its surroundings. During February we think of, and pray for people living in: -

W/c Feb 7th Middle Lane and CP School

W/c Feb 14th Mill Lane and Scotlands Lane

W/c Feb 21st Ball Lane and Crewood Common

W/c Feb 28th Newton Hollows and Hatcheries

***We invite you to add your own prayers***

## The Hurst and Blakelees' Methodist Churches

Our churches are currently closed for public worship, however services are still available online, as The Hurst and Blakelees continue to offer worship alongside their sister church Helsby at 10.30 each Sunday – online worship can be found on 'you tube' - Helsby Methodist Church.

At this time of writing the public are not able to be present while the service is being broadcast live.

### KINGSLEY YOUTH CLUB

As many of you know, in normal times Kingsley Youth Club meets every Thursday at the Community Centre. We run two sessions for school years 4 to 6 and 7 to 11. The youth club is staffed by qualified Youth Workers and volunteers, all of whom have DBS checks.

However, we closed our shutters nearly a year ago due to the Covid-19 epidemic and we are not able to predict when we can re-open. We are keeping a close eye on the situation.

When we do re-open we will face several challenges including recruiting new Youth Workers, improving our finances and finding new committee members. If you would like to help, please contact Anne on 07935 331982 or by email at [annekavanagh1234@gmail.com](mailto:annekavanagh1234@gmail.com).

We will use Kingsley News and the village website to publicise developments.



### Kingsley WI

All is going on much as it has for the last twelve months, it will be so good when we can all get together again and exchange news. We have asked all members to write a few sentences about what they have been doing during the year, or their thoughts on how they have coped. These will be put in our WI archives for future members to read to give them a taste of these strange times.

Some members have been joining zoom talks with local WIs, the Cheshire Federation or Denman, which have been very enjoyable. Modern technology has made it much easier to keep in touch with family and friends.

Many of us are having the vaccination now, hopefully this will make a difference eventually.

## St John the Evangelist, Kingsley

As we continue to adjust to life with COVID-19, what a blessing our postal workers are! A lifeline for those who have yet to master online communication. And even for those of us who *have*, there's nothing quite like the clatter of the letterbox, the flump of a card or a letter onto the doormat, and then the fun of guessing the sender's identity, from the nature of the envelope, the hand-writing, the stamp or the postmark.

Sometimes the post is disappointing: circulars, or bills. Sometimes, though - with an added frisson around the 14<sup>th</sup> of February?! – it's a delight. Maybe a message from a trusted friend, to be tucked into a pocket and savoured later, over a cup of coffee.

If I were a card or a letter, I wonder what message I would contain? And would my arrival in someone's day be an irritation, or a joy? Would my presence, like a tax demand, leave them distressed, or would I be a humorous postcard, lifting their hearts, and leaving them feeling cherished, and smiling?

Paul tells us 'You are a letter of Christ ... written not with ink but with the Spirit of the living God, not on tablets of stone but on human hearts.' (2 Corinthians 3:3)

Margaret Silf says, 'we are ... written with the same Holy Spirit that Jesus breathes into his friends in the Upper Room', when they are locked away, isolated and afraid of what might lie in store for them outside. God 'sends them out to carry his truth and life into the world.' (Silf, M. *Lighted Windows*)

Even in lockdown, each morning we wake up to the possibility that Christ will 'post' us to someone we encounter today. We can't know which address we'll be sent to, so it's as well if we encounter everyone in the spirit of God's love.

As our new vicar, Ron, and his wife, Tracey, settle in at their Kingsley address, let's ask the Spirit to scribble away in our hearts, so God's loving word can be safely delivered through us all. As Isaiah said, 'Here I am, Lord. Send me.' (Isaiah 6:8)

Yours in Christ

Anne Davidson Lund *Licensed Lay Reader*

### Services

We continue to stream a service every Sunday Morning at 10.00am and this can be accessed via the church website [www.nck.org.uk](http://www.nck.org.uk) and viewed at any time afterwards.

### Thursday 11<sup>th</sup> February – Induction of Reverend Canon Ron Iveson

This will most likely take place on Zoom, further information will be posted on the church website.

**Wednesday 17<sup>th</sup> February - Ash Wednesday 10.00am Service on-line**  
[www.nck.org.uk](http://www.nck.org.uk)

## Prayer for this month

Loving God,  
may your grace shine upon us.  
Give us a new revelation of your love  
And help us be a light to the world. Amen

With Love and prayers  
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Website: [www.nck.org.uk](http://www.nck.org.uk)

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## **Kingsley Parish Council**

Following on from our update in December's Kingsley News, the Parish Council has been continuing with undertaking our statutory duties. We have managed to secure the tenure of our Locum Clerk on a 6 month contract whilst we advertise and interview for a full time replacement Parish Clerk. We are taking advice from CHALC and NALC on the recruitment process and drawing up detailed job specification, the Parish Clerk is also the Responsible Financial Officer so must be suitably qualified and hold SILCA qualifications, be familiar with NPPF, have experience with Planning Applications, Neighbourhood Plans, writing grant bids and other tasks that will be outlined in the new job specification.

We have had one formal application in writing with supporting biographic details and at the January Parish Council meeting the person was formally co-opted onto the council. He will be summonsed to attend at the February meeting. Should anyone wish to apply for one of the remaining Councillor vacancies please email the Parish Clerk Luke Trevaskis for an application pack.

At the January meeting the Parish Council agreed the new Budget for 2021/22 and set the new precept. Tenders for Grounds Maintenance were discussed and contractors appointed for the Cemetery, Playing Field and Public Rights of Way.

The Parish Council has been in regular contact with Torus Housing, and handouts are now available on the imminent sale of the properties on Higher Heyes, these can be picked up from the Co-op, Forresters, Charity Shop and Chemist if you have not already had one through your doors. This is your opportunity as residents of Kingsley to have advance purchasing rights to these properties, this can apply to members of your family, people working in Kingsley or have a direct Kingsley connection. Details are also available on the Parish Council website, Kingsley Village website and the Kingsley Facebook page.

The Parish Council have also raised with Cheshire West through our Borough Councillor the water course that is now running down the footpath on Hollow Lane from Top School to the Cemetery. Our Borough Councillor has agreed to chase Street Scene to get them out to investigate and to stop the leak or divert the natural ground water. We have also stated that the path is broken up and is extremely dangerous for children and parents walking to and from Top School or those residents wishing to go for a walk.

We have been working with CWAC in the past few days to review the location and condition of the Grit bins around the village which have been in use in recent weeks. The Chair of the Council did a survey and visited all the bins identified to us by CWAC. We identified a broken bin on the corner of Acres Crescent and we are advised that this has now been replaced.



## **ZUMBA at KINGSLEY COMMUNITY CENTRE**

The first time I went to a Zumba class, I fell in love. With Zumba.

What do I love about it? EVERYTHING!

I love the music which is fun and uplifting.

I love the dancing. It's easy to follow and everyone can go at their own level.

I love the inclusivity. "By All, For All" is the motto. And it is true. Any age, any fitness level.

It makes me smile, it makes my brain work, it makes my body work. It makes me happy.

And it torches calories just like running.

There's no body judging, no dance capability judging, just smiles, fun and friendship. No wrong moves. It's just like going to a party!

I am so happy to be able to run classes at Kingsley Community Centre with its fantastic hall and sprung floor. It's the perfect venue.

Classes are live streamed on Zoom at the same time as running live at the Centre. I have participants joining from all over the country and abroad.

So, why not join us? Friendships are waiting to be made in Zumba class, and I guarantee you will smile!

Classes are Mondays 7pm on Zoom, Wednesdays 7pm live at KCC and on Zoom, and Saturdays 9.45am at KCC and on Zoom.

Live classes £5-, Zoom classes £3.50, or pay £30- for a month of classes.

For more info contact me at [rachel\\_lebreuilly@yahoo.co.uk](mailto:rachel_lebreuilly@yahoo.co.uk) or visit my fb page

(NB currently classes are Zoom only due to Covid restrictions)

### **ROOM AT THE TOP**

Rooms with kitchen facilities for hire at The Hurst Methodist Chapel

Ideal for children's parties etc. Moderate charges

Contact Brian Moores on 787442



It's been a quiet year for local live theatre but Kingsley Players have many plans for your entertainment once COVID restrictions start to lift. We already have in production and rehearsal (thanks to modern technology) several shows which we know you will enjoy.

We have postponed the two one act plays due to be staged at Kingsley Community Centre at the end of January and beginning of February but we are optimistic that they will go ahead soon using social distancing measures for both the cast and the audience: a new entertaining, drama for adults, **Alice's Quest for Wonderland: Down the Rabbit Hole with Lewis Carroll**, by writer/director, Lynn Pegler and **TWO**, a bitter sweet comedy set in a pub, by Jim Cartwright, directed by Tom Hayes, featuring Neil Silcock and Sue Elliott. As both these productions have small casts, our plan is to re-stage them when Cheshire moves back into Tier 2 level restrictions or lower.

Also waiting in the wings is a production of the wonderful Alan Ayckbourn comedy **How the Other Half Loves**, directed by Malcolm Barker. Our hope is to be able to stage this later in the spring season.

Our charity fund-raising tour of 'Allo 'Allo in March has been pushed back to November, when our biannual tours will start again.

**Kingsley Players Youth Theatre**, led by the amazing Jake Powell, is going digital with online performances of their award-winning production, **Chatroom**, Enda Walsh's hard-hitting play about manipulation, cyberbullying and adolescent insecurity. Don't miss this brilliant production which can be viewed on Friday 26 and Saturday 27 February, 7.30pm, at a cost of £10 per household, including a donation to POPYRUS: Prevention of Youth Suicide. Please go to our website box office to book [www.kingsleyplayers.co.uk](http://www.kingsleyplayers.co.uk).

Looking further ahead, we will be planning for a musical/panto January 2022 (if you'd like to join us for all the fun of the musical, please come along when we announce read throughs and audition); and we have two popular plays (Funny Money and Hobson's Choice) also in the pipeline.

In the meantime, we are delighted to welcome the new extension to our theatrical home at Kingsley Community Centre. The Players contributed £6,000 towards the cost, saved up from several years of box office revenue. The new flexible side room will provide much-needed dressing rooms during production weeks and will mean we won't need to inconvenience other groups using the centre as much.

And three cheers, actors won't need to run outside from the foyer to the emergency door during the cold and rain to access the stage door onto the set anymore!

**Please check the Kingsley Players website for more details of production dates and how to buy tickets. Live performances in our auditorium will be socially distanced and special COVID arrangements will be in place for as long as required. [www.kingsleyplayers.co.uk](http://www.kingsleyplayers.co.uk).**

#### KINGSLEY NEWS

Here we are with the second edition of the relaunched Kingsley News. Your printers are just a little more experienced and the font size is hopefully a little easier to read!

If you weren't kind to our first attempt, please be a little kinder this time. If you fancy getting involved yourself, then please let us know. There is no heavy work involved, and if we can do it, you can!

Thanks

Mike and Simon

Tel 788125, [jenandbutty@yahoo.co.uk](mailto:jenandbutty@yahoo.co.uk)



## A KINGSLEY ST JOHN'S APPROACH TO LOCKDOWN 2

Most of our KSJers have been learning from home instead of coming into school since January 5<sup>th</sup>.

It has been a bit of a shock and an adjustment, but the teachers have been working incredibly hard to try to keep the days as normal as possible.

Each class have a morning zoom session. This is where we can all start the day off with positivity and listen to the explanation of the day's planned work.

The children then have a set of tasks to complete - as close to the normal curriculum as possible. The children can complete the tasks in their own time and share it with the teacher via email.

Then there is another zoom in the afternoon for the classes to say a prayer and share their learning. Some classes also have a story at this time.

On a Friday there is a celebration zoom for everyone in our school family to attend and look at the brilliant and hard work that has been completed in the week and to celebrate some achievements. It is also a chance to say thank you to our parents for their support and patience.

Learning online, during lockdown is tiring, but it is still fun. And we are all continuing to learn together, to see hope in the future and keep each other safe and happy.

## Kingsley Community Centre – Update

Due to the current national lock down we have sadly had no option but to close the centre. The centre will reopen as soon as it is deemed safe to do so and taking account of all the latest government guidance. Since the summer, the centre has been utilised and we have had a number of groups and activities regularly taking place. I would like to express our thanks to all the organisers who have diligently followed the Covid safety measures and also importantly to all those participants who felt able to continue to use the centre.

To ensure the centre remains Covid-19 Secure and safe we have taken the following precautions;

- Hand sanitisers located at the entrance to the centre and in each room
- 2 metres spacing of all activities
- Risk Assessments regularly updated after each fresh government announcement
- Regular fogging (sanitising) of all spaces
- Increased cleaning and sanitisation before and after each session
- All organisers of activities ensure that they all have their own risk assessments and also ensure that only those who have pre booked places can attend.
- Strict limits have also been placed on the number of attendees at each session to ensure that social distancing can take place.

Once the centre can open again we plan to welcome back the following activities;

<b>GENTLE YOGA</b>	MONDAY	6.15pm – 7.30pm	<a href="mailto:helenjanetwoodcock@gmail.com">helenjanetwoodcock@gmail.com</a>
<b>PILATES</b>	TUESDAY	1pm – 2pm	<a href="mailto:vboote2000@gmail.com">vboote2000@gmail.com</a>
<b>KARATE</b>	TUESDAY	6pm – 7pm	<a href="mailto:dan@kenshinryu.co.uk">dan@kenshinryu.co.uk</a>
<b>YOGA</b>	TUESDAY	7.45pm - 8.45pm	<a href="mailto:will@yogaandhealingcheshire.co.uk">will@yogaandhealingcheshire.co.uk</a>
<b>GENTLE EXERCISE</b>	WEDNESDAY	11pm - 12pm	<a href="mailto:helenjanetwoodcock@gmail.com">helenjanetwoodcock@gmail.com</a>
<b>ZUMBA</b>	WEDNESDAY	7pm - 8pm	<a href="mailto:rachel_lebreuilly@yahoo.co.uk">rachel_lebreuilly@yahoo.co.uk</a>
<b>ZUMBA</b>	SATURDAY	9.45am – 10.45am	<a href="mailto:rachel_lebreuilly@yahoo.co.uk">rachel_lebreuilly@yahoo.co.uk</a>

Please note that some of the instructors are also offering on-line classes and within this edition of Kingsley News you can find further information about the classes.

## The Knoll Surgery

The Knoll Surgery continues to offer medical support to all residents.

The vaccination clinics are now up and running (subject to availability of vaccines) and residents will be informed either via phone or letter as to when it is your turn to be vaccinated.

The Knoll has asked us to stress that they continue to operate their surgery alongside the vaccine programme and they would encourage anyone who needs to speak to a GP to please call the surgery to make an appointment on the usual number 01928 733249

Finally, the surgery has also requested that we convey their thanks to you all for the support throughout the past year, as it is appreciated and has helped them to maintain staff and patient safety.

## Useful COVID-19 Resources

### **COVID Testing for people with symptoms**

The easiest way to get a Covid test is via the online government website [www.gov.uk/get-coronavirus-test](http://www.gov.uk/get-coronavirus-test) If you have difficulties using the online service then you can call 119 between the hours of 7am to 11pm

### **COVID Testing for people without symptoms (for eligible people only)**

Cheshire West and Chester Local Authority has been provided with Lateral Flow tests which allow for results to be provided within 30 mins of the test. The testing centres are currently aimed at eligible groups. These groups include those who work with vulnerable people, people who provide unpaid support to family or friends who could not manage without their help and people who cannot work from home and come into contact with others. Unfortunately, at present, the centres cannot test people under the age of 18. You do not need an appointment to get tested. You can arrive at a time that suits you - although if the test centre is busy you may have to queue.

The test centres are open from 9am to 7pm from Monday to Friday, and from 9am to 1pm on Saturdays. The local sites are;

**Stanney Oaks Leisure Centre, in Ellesmere Port, CH65 9DB**

**Winsford Lifestyle Centre, The Drumber, Winsford, CW7 1AD**

Further information about the test can be found here <https://www.cheshirewestandchester.gov.uk/news-and-views/incidents/coronavirus-covid-19/covid-19-testing/covid-19-testing.aspx>

### **Post Covid Support**

For post COVID recovery support please see <https://www.yourcovidrecovery.nhs.uk/>. It includes information from rehabilitation experts about how to manage ongoing symptoms and health needs at home, and signposts to sources of support.

## Mental Health Support

Local NHS Trust, Cheshire and Wirral Partnership (CWP), has launched a new mental health helpline for residents of Cheshire West, Cheshire East and Wirral. **Open 24 hours a day**, seven-days a week, it is open to people of all ages including children and young people who need urgent mental health support. The helpline is part of the NHS Long Term Plan to improve access to mental health support. It is available to support local people during the Covid-19 pandemic. Please call **0300 303 3972** and local NHS staff will support you to access the help you need.

### **Local Professional Carer**

Specialising in the care of the elderly, in particular those suffering from dementia. I am CRB checked, fully insured, and I can supply references. My services include personal care, domestic duties, shopping, appointments, and social events.

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or 07850 445184



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## 'Askrigg Horticultural Gardening Services

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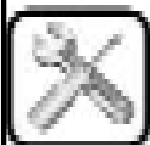
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Please contact Dave  
on 01928 731369 or  
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[cheshirehandyman@hotmail.co.uk](http://cheshirehandyman@hotmail.co.uk)

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arrange an appointment:

**07876 167254 or 01928 725331**

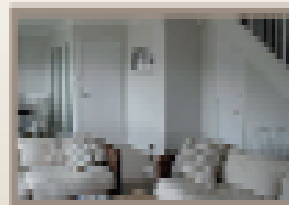
email: [info@davetheoven cleaner.co.uk](mailto:info@davetheoven cleaner.co.uk)

website: [www.davetheoven cleaner.co.uk](http://www.davetheoven cleaner.co.uk)

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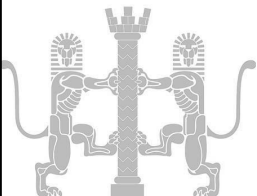
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