

KINGSLEY NEWS

JANUARY 2015

The news and voice of your village Community

Kingsley Community Association is a Registered Charity

KINGSLEY COMMUNITY ASSOCIATION OFFICERS 2013/2014

Chairman	Mike Butler	788125
Vice Chairman	Steve Easton	788050
Treasurer	Simon Batey	788788
Secretary	Elizabeth Batey	788788
Kingsley News Editor	Elizabeth Wilson	787678
Kingsley News Accounts	Julie Mort	
Bookings Secretary	Elizabeth Batey	788788
(Available from 12.30-7.30pm)		

COUNCIL MEMBERS (elected) Carol Rowlands, Vic Wodhams

COUNCIL MEMBERS (not elected)

One representative from each of the affiliated groups and clubs (NB. This is a condition of affiliation).

ROOM AT THE TOP

*R*ooms with kitchen facilities available for hire at The Hurst Methodist Church.

Ideal for children's parties etc. Moderate charges.

Contact Brian Moores on 787442

EDITORIAL NEWS AND VIEWS

Dear Readers

I hope everyone had a good Christmas.

January is a rather quiet month after all the hustle and bustle before Christmas and I suspect probably a relief to most of us! We can unwind, reflect on the good and bad parts of the past year and look forward to the New Year.

I would draw your attention to the AGM on 11th February for the Village Institute and the earlier meeting on the 14th January for people who may be interested in being on the Committee. Please see the centre pages for full details. It is important for as many people as possible to attend the AGM.

Thank you to Simon Sherlock for providing some photos of the Children in Need Rickshaw Challenge which passed through Kingsley during November.

HAPPY NEW YEAR

Flizaheth

Articles for the magazine to be sent to the Editor by email to - *ewilsonsecretarial@yahoo.co.uk* Tel: 01928 787678 Copy deadline is the 21st of each month

www.kingsleyvillage.co.uk

FRODSHAM & DISTRICT HISTORY SOCIETY

Invites you to join, rejoin or visit our Society in 2015

We meet in Main Street Community Church, Frodsham on Monday evenings, beginning at 7.45pm. Afterwards we have refreshments in the café area. There is a car park in Chapelfields and plenty of nearby street parking.

Membership £5.00 p.a. + £1.50 per meeting. Visitors £3.00

Our Programme of Meetings begins on 5 January, 2015, with a talk entitled *The Tabley House Collection: reflections of change in the Cheshire gentry* by Clare Pye

The entire Programme of Meetings is displayed on notice boards around the district, including Frodsham Community Centre & the window of Elliott's Newsagents in Main Street, Frodsham. Further details about the Society may be obtained from Kath Gee (Hon.Sec. F&DHS) – Kgee96@aol.com

Litter Pick Update

There was no December litter pick. Thank you to those who pick up litter and help to keep our village tidy. The next litter picks will be on Saturday 10th January and Saturday 7th February.

Could you give an hour once a month to help keep our village clean and tidy? We will start at 10.00 am at the Community Centre.

New helpers are always welcome. We provide all the equipment needed. Eila Birtwistle – Litter pick co-ordinator.

"WINTER WHEELS FOR SALE

Set of 4 steel wheels fitted with very lightly used cold weather tyres. 5 stud fixing wheels. Tyres are Arctica 195 x 65 x 15 M+S with snowflake logo. Complete with snap-on wheel trims.

(Reason for sale - they came from my previous Mazda 6, but won't fit my new car.) Nearly new condition. Cost over £500 but would accept £200 o.n.o. Ring Peter on 788794 to view."



Kingsley Transition Initiative (KTI), from steering group to market stall holders, would like to take this opportunity to thank everybody who has supported us throughout 2014 and wish everyone a very happy 2015.

We welcome your ideas, participation and help in any way you feel able with our plans for 2015:

- Review our KTI activities, our profile, our communications and our constitution
- Implement a marketing plan to further develop our quarterly markets
- Aim to establish a Food Assembly
- Support both primary schools with development of their outside spaces
- · Help older residents with access to faster broadband
- · Engage with Kingsley youth, Scouts, Guides and KU17's etc
- Promote our KTI Trades Group
- Support Frodsham Transition Initiative 2nd anniversary celebration and Energy debate on Wednesday 18th March 2015.

Our constant aim is to make Kingsley and its community more sustainable, more resilient and more fun in the face of so many future uncertainties. If this is a New Year resolution you feel you share then please come and join us!

You can contact us by email: info@kingsleytransition.org.uk or pop along to our next steering group meeting at The Red Bull, 7.30pm Tuesday 13th January 2015.

http://www.kingsleytransition.org.uk



Frodsham OPAL Club Coming Soon!! New Year, New Volunteering Opportunity

The Frodsham OPAL Club will meet every Tuesday from 10am to 3pm at Frodsham Methodist Church, Kingsley Road, Frodsham, WA6 6BA

The club will cater for older men and women from Frodsham and the surrounding areas who would welcome a chance to get out of their own surroundings and spend time with other people, making new friends, enjoying a varied programme of activities and sharing a hot, two course lunch.

The OPAL Club will not be able to run without the help of a team of dedicated volunteers who come to help on a regular basis, usually fortnightly, to suit their own lifestyle. We are still in need of new volunteers to help us get the club off the ground by February.

Volunteers will spend their time in a variety of ways helping members, both at the Methodist church and when we go out for visits or trips. Some will cook and serve the meals, others plan and organise the activities with active support from the members so that everyone can enjoy the fun, friendship and family atmosphere.

Members can be picked up and taken home by one of our volunteer drivers, or they can make their own arrangements.

If you, or someone you know, wishes to find out more, please contact our organiser (details below) for details of how you can get become a member, a volunteer or just an interested friend.

Zoe Blocksidge, Organiser

tel: 07562 619 275 email: <u>zoe.blocksidge@rcswc.org.uk</u>

CARPET - UNUSED OFFCUT - GOOD QUALITY COLOUR OATMEAL. APPROX SIZE 159 x 333cm. OFFERS? RING 787402

Kingsley Bookworms

Kingsley has a new book club, open to everybody in the village. We meet at the Red Bull on the first Thursday of the month at 7.30. Membership numbers are not limited – if we end out with a large membership we can split into groups at the meetings.

We are relaxed and informal. As a new club we are putting a list of books together for the next year and everyone's input is welcome. The discussion is informal and lively with everyone pitching in. The idea is to read and discuss a wide variety of books, very often those that many of us would not have chosen to read. So far we have read "We are all Completely Beside Ourselves" by Karen Joy Fowler which led to a lively discussion.

This month we are reading "The Hand that First Held Mine" by Maggie O'Farrell and we are meeting on Monday 5th January at 7.30 (note change of day). January's book will be Frog by Mo Jang and the meeting will be Thursday February 5th. Book choices and dates of meetings will be announced in the Kingsley News and on the village Facebook page. Everyone is welcome to come along.

If you are interested in joining us please come along to one of our meetings please email vony@coach-work.co.uk. *Men are welcome!*

Bravo Kingsley Parish Council regarding the proposed outdoor gym and path around the village playing field.

I tried an outdoor gym in Aldeburgh,Suffolk this summer and, although I am in my 80th year I enjoyed it very much.

In Aldeburgh the gym is adjacent to the childrens play area, which enables parents to have a workout while keeping an eye on their children. It's a layout that works out really well.

June Toft'

TRAILER CAGE

Could Dave who rang about the trailer cage please ring me if you are still interested in purchasing it. Sorry, but lost your number. Tel: 01928 787678

ASH-WORTH TIME BANK UPDATE:

2015- A New Year- A New You!

TAI CHI – KINGSLEY COMMUNITY CENTRE - Wednesdays, 1.30-2.30

If you are interested in attending these classes, please ring the Time Bank office on 01829 751398 for further information- Taster Session available.

PILATES: Hurst Methodist Church, Kingsley - Tuesday 1.30- 2.30

These sessions run continuously, if you are interested attending any of these sessions, please phone 01829 751398 – Taster Session available.

HOLISTIC THERAPY DAYS - HURST METHODIST CHURCH KINGSLEY

For the last several years, Ash-worth Time Bank have organized a free Holistic Therapy Day in Kingsley for people over 60, Carers, and people suffering from anxiety or stress, as well as people who have had a recent bereavement.

We have 3 highly qualified therapists who give their time freely each month (2nd Friday every month, from 2pm – 4pm), providing Reiki, Acupuncture, (Facial and Auricular) Reflexology, Sports Massage, Aromatherapy and Indian Head Massage.

Over the last 6 months, attendance at these sessions have fallen, or people have booked appointments and failed to turn up. Our therapists take time out of their busy schedule to provide therapies and advice, and unless we have more people attending, we will be cancelling all future sessions in Kingsley after February 2015, which would be a great shame.

Holistic therapies have been proven to relieve stress and also help with a number of conditions, such as arthritis, IBS, shoulder, leg and back pain.

Our New Year session will commence on Friday 9^{th} January. Each therapy costs £2.50 (to cover cost of room hire).

If you would like attend this session, please phone Susan on 01829 75398 or email : <u>ash-worthtime@hotmail.co.uk</u>

IF YOU WOULD LIKE TO RECEIVE A COPY OF OUR NEWSLETTER – PLEASE LET US KNOW - NEW MEMBERS ALWAYS WELCOME (MEMBERSHIP IS FREE)

We would like to wish all our members and supporters in Kingsley a very Happy Christmas and New Year.

Kingsley, Crowton & Norley Mothers' Union

The last month has really flown by with all the Christmas activities! December 12th was our Christmas lunch at Froodsham Golf Club, over 30 members and their guests attended and it was an excellent event! The food was first class, as was the service, the fellowship was warm and the surroundings festive. Apart from the lunch, the meeting was a good opportunity to share gifts with our prayer partners. During the year members pray for another member (names selected randomly) and then at the Christmas lunch you find out who has been praying for you and receive a gift from them. Names are then picked out for the next year, all members have a prayer partner and it is nice to know that someone will be praying especially for you during the year. Our visitors were given a small gift so they did not feel left out! Members who could not attend will be visited by their prayer partner with their gift, so they are included. It is always a pleasure to find out who has been praying for you.

January 29th 2015 is our Mothers' Union AGM, this will be held in Kingsley Church Room at 1.45pm. Vicar Pete Rugen will be the speaker and afternoon tea will be served. Everyone is welcome to our meetings and if you want any more information please ring Pam Lee 01928 787343, Pam Owens 01928 732508 or Jean Starkey 01928 788350. Wishing everyone all the very best for 2015!

Looking for a fun new challenge in 2015?

Kingsley & Norley Guides are looking for a new adult leader to join the existing team. We meet on Monday evenings during school term time.

Guides are girls aged 10-14. We do lots of fun and exciting activities and it's a very rewarding voluntary role. Full training and support is given & we're a friendly group!

For more information or to volunteer, please e-mail kandnguides@hotmail.co.uk



To find out more about Girlguiding, visit www.girlguiding.org.uk



Local Police Drop-In

At: **Kingsley Community Centre** On: Tuesday 3rd January 2015 Time: 3.00pm

With: PCSO Phil Brandreth

Ask a question, report a problem in your area, mention anything bothering you or simply just meet your local Police Community Support Officer (PCSO) for your area.

MENS SOCIAL EVENING

To be held at the Kingsley & Newton Village Institute on Monday 2nd February at 7.30 pm. The Hurst Methodist Church is hoping to form a social group for men, meeting several times a year for visits to places of interest, activities and discussions. The evening will include a hot pot supper and indoor games. Please come along to this inaugural meeting to plan out our activities for the year and enjoy the fellowship. If you are interested please contact either Dave Wood on tel. No.787461, Peter Withenshaw tel. 788943 or Ken Maddock tel. 787126

The Hurst Souperstars

Monday 12th January Noon to 1.00pm

Home-made Soups and Baps Puddings to include trifle Tea and Coffee - only £2.50 all in.

All proceeds this month in aid of the charity "Crewe YMCA".. Do please come along. If you have not been before you will be warmly welcomed and enjoy a friendly chat whilst eating delicious home-made food. This is for all <u>young</u> and <u>older</u> people including "ladies who lunch"..

KINGSLEY THEATRE GROUP

OAKLAHOMA

Thursday 19th March 2015 At The Lowry, Salford Quays Ticket price £29.50 plus £13.00 for transport Total cost £42.50 per person

As refreshing and thrilling as the day it was written, Rodgers & Hammerstein's OKLAHOMA! is the original feel-good musical. From the minute the rugged cowboy Curly steps on to the stage singing **Oh**, **What a Beautiful Mornin'** we know that all will be right with the world. This colourful production overflows with well-known songs such as **I'm Just a Girl Who Cain't Say No, Surrey With a Fringe on Top, Kansas City, People Will Say We're in Love** and, of course, the rousing title song itself!

Please contact Ray Wilson to book your place Tel: 01928 787678

BARNUM

Thursday 6th August 2015 At The Lowry, Salford Quays Discounted ticket price £41.50 (A further reduction will be available for all tickets paid for before 20th February and this will be taken off the transport cost of £13.00 per person)

This exhilarating musical follows the irrepressible imagi nation and dreams of Phineas T Barnum, America's greatest showman, who lit up the world with colour, warmth and the excitement of his imagination.

Starring Brian Conley and Linzi Hateley, Cy Colman's wonderfully exuberant score includes the hits *Come Follow the Band, The Colours of My Life* and *There is a Sucker Born Every Minute.*

Contact Ray Wilson to book your place. Tel: 01928 787878

WORSHIP AT THE HURST METHODIST CHURCH

Minister: Revd Steve. Santry

Sunday 4th January

10.00am Morning Worship: Dr J. Ford 6.30pm Blakelees Chapel : Rev C .Dutton

Sunday 11th January

8.15amHoly Communion: Rev S. Santry10.00 amAll Age Worship: Revd S. Santry6.30pmBlakelees Chapel : Rev N.Stacey

Sunday 18th January

10:00am Morning worship: Rev S. Santry 6.30pm Blakelees Chapel : Rev S.Santry

Sunday 25th January

10.00 am Morning Worship: Mr A.Carter 6.30pm Blakelees Chapel: Mr M.Ridley

All are very welcome, please do come and join us and please bring the children! There is a Sunday school for children, which those who presently attend, really do enjoy!

FREE TO GOOD HOME

2 Large Plastic compost bins and 1 Water Butt

Contact No 01928 788135

ASHWORTH TIMEBANK RURAL WELL BEING CLASSES

PILATES -

Every Tuesday 1.30pm - Hurst Methodist Room

TAI CHI -

Every Wednesday 1.30 pm - Kingsley Community Centre

CLASSES OFFER FREE TASTER - SESSIONS. JUST COME ALONG.





ASHCROFT VETERINARY SURGERY 59 Main Street, Frodsham, Cheshire WA6 7DF Tel. 01928 733228

Did you know 1 in 5 dogs suffer from joint pain?

We want to help you and your pet stay active this Winter

FREE

Mobility Assessment*

HALF PRICE Dasuguin joint supplement*

www.ashcroftvets.co.uk

* Offer available until 31st Dec 2014



ARE YOU OVER 60 ?

Do you want help being linked to SUPERFAST BROADBAND?

Do you want to improve your IT skills? Do you want to skype relatives living away? If you are over 60 years of age, a Kingsley resident and would like to improve your IT capabilities then KTI can help. Use of a laptop during the session and payment towards your tuition is available but funds are limited so ring as soon as possible.

> Ian Bebbington, Helsby PCs: 07747 630371 A member of the KTI Trades Group



Sacred Space

1st Sunday of every month

6.30 - c.7.15 p.m.

Christ Church, Crowton

A quiet time in a peaceful place

Bathe in the stillness.

Drink in God's Word.

Be refreshed by the Holy Spirit.

Go out soothed and equipped for the week ahead.



Hollow Lane Kingsley Tel 01928 787870

www.elegancehealthandbeauty.com



Would you Like to Look and Feel Younger? Or maybe just Relax after a hectic Christmas

Elegance offers such a wide range of treatments to suit every ones needs and we are happy to tailor a package or just a one off treatment to suit you!!!!!

Don't put it off Phone or call in to make your complimentary consultation.

WE wish everyone a very Happy & Healthy New Year

Paulíne Kate & Emma

NOTICE FROM KINGSLEY PARISH COUNCIL

KINGSLEY AND NEWTON VILLAGE INSTITUTE ANNUAL GENERAL MEETING 11TH FEBRUARY 2014 TO BE HELD AT KINGSLEY COMMUNITY CENTRE, SMITHY LANE, KINGSLEY AT 7.30PM

NOTICE is hereby given that an Annual General Meeting of the Kingsley and Newton Village Institute will be held on Wednesday 11th February 2014 at 7.30pm at Kingsley Community Centre.

All residents who live within Kingsley Parish and Members of the Village Institute are welcome to attend. However, only residents will be entitled to vote at the meeting under the Institute's Constitution.

Residents of Kingsley: This is your Village Institute, which is a charity for the benefit of the residents of Kingsley and Newton. The Parish Council consider that it is important that you attend this AGM and help the Village Institute to move forward with a sound management structure.

At the AGM a Management Committee for the Village Institute will be elected. The meeting will make decisions regarding the size and composition of the new Management Committee. The size is likely to be up to 15. The composition may reflect the groups which form part of the Institute, e.g. The Social Group; the Bowling Group; The Tennis Group; the Snooker Group and any other considered appropriate. It may also include a representative from the Parish Council and have some general seats. The AGM will also be asked to decide on the maximum number of Management Committee seats which may be filled by people who are not residents of Kingsley. The AGM will then elect the Management Committee.

The Constitution requires that, once elected (at its first meeting) the new Management Committee will elect from its number a Chairman and Vice Chairman. A Treasurer and Secretary will also need to be chosen at that first meeting.

Nominations for election to the Management Committee to be sent to Fiona Crane (Parish Councillor) at the address or e-mail below, to be received by 5:00pm on Friday 6th February 2014:

Fiona Crane 9 Westbrook Road Kingsley Frodsham WA6 8EA

fiona.crane@virgin.net

Nominations must meet the following conditions:

1. You must provide your full name and address

2. You (the person nominating) must live in the Parish of Kingsley

3. You must provide the full name and address of the person you are nominating. (The person you are nominating is not required to live in the Parish of Kingsley)

4. You must state whether the person nominated is standing as a representative of a group which uses the Institute e.g. Social Group, Bowling Group; Tennis Group; Snooker Group; or whether he or she is standing for the "General" seats which will not be specifically reserved to a User Group (If the meeting decides that any group does not require specific representatives then the nomination will be included in the nominations for a "General" seat on the Management Committee).
5. You must ensure that the person you nominate agrees to the

nomination and confirm that in your nomination.

6. The person nominated must be over the age of 18 years

PRE-MEETING

Prior to the AGM a meeting will be held on **Wednesday 14th January 2014** at 7.30pm at The Hurst. This meeting is aimed at people who are considering standing for the Management Committee and want to find out more. The meeting will explore what the responsibilities of Management Committee Members will be; what work needs to be done by the new Management Committee and what the priorities will be. It will also consider what assistance is available.

If you are interested in standing for the Management Committee but cannot attend the meeting on 14th January, please contact Fiona Crane, (01928 787629) if you have any questions.

The Kingsley Trades Group meets every month for breakfast. The objective of the group is to promote local trades people to the residents of the local area. Our existing members are AT YOUR SERVICE.....

Ian Bebbington - Helsby PC's

We provide a professional and personal service to domestic and business users, offering an at home or collection service covering any aspect of computer repairs, upgrades, new system set ups, broadband or wireless problems. Genuine advice and no call out fees. www.helsbypcs.co.uk

Neil Cook – Senior Care – Home Instead

Our Care Givers provide help from a couple of hours a week to 24 hours, Seven days a week. Services include: cleaning, meal preparation, medication reminders, convalescence support, sit in or take out service, personal care. <u>NeilCook@homeinstead.co.uk</u> <u>www.homeinstead.co.uk</u>

Steven Curwell – T8 Design Ltd

T8 Design Ltd is a local architectural practice. We have experience in planning and building applications for numerous fields of design and construction, from contemporary to traditional, both large and small, always making the most of the buildings space & surroundings using varied and sympathetic design. <u>www.t8dtc.co.uk</u>

 Stephen Ford – Joiner Carpenter
 Tel: 01829 760255 or 07940 106295

 Time served tradesman offering to undertake all aspects of joinery work. 25 years
 experience, competitive prices and quality workmanship.

Kevin Foster – The Glazier

Local independent tradesman with 30 years experience. Fed up of trying to see through those misty/failed double glazed units? Units can be replaced in wood, upvc, or aluminium. Glazing for doors, patios, roof lights, greenhouses. Mirrors fitted. www.kevin.pecksbrow@btinternet.com

Peter Littlemore – Kingsley Travel

Kingsley Travel is your local private hire company, whether going on holiday, on corporate travel or a night out. Kingsley Travel will provide a professional and reliable service as we pay attention to detail and guarantee a friendly, professional car service. Check our website for details... <u>www.kingsleytravel.co.uk</u>

Tel: 01928 787256

Tel: 07803 125338

Tel: 07747 630371

Tel: 01928 733020

Tel: 01928 788738

ALSO AT YOUR SERVICE:

Tobias Miller – Black Cat Chimney Sweeps Tel: 01928 787428 or 01606 781714 Member of the National Association of Chimney Sweeps. HETAS Approved. Fully Insured Helpful, Practical Advice Given. Bird nests and Blockages Removed. Certificates Issued. A Family Run Business. <u>SWEEPING ACROSS CHESHIRE SINCE 1992</u>

Joe Murphy – Handyman Services Tel: 07866 154107 A professional handyman dedicated to providing a prompt reliable high standard service where 'no job is too small'. Reasonable rates and ability to carry out a wide variety of tasks including painting, plumbing, tiling, garden maintenance, jet washing and fencing. Customer satisfaction guaranteed.

Frank Pilgrim – Kingsley Electrical Services Tel: 01928 788971 or 07711 258677 We specialise in electrical installation and testing work. We are an approved N.I.C.E.I.C Contractor, Part P registered. Electrical Condition Reports. Industrial, commercial and domestic work undertaken. Landlord Safety Certificates

Neil Robinson – Cheshire Handyman and Garden Services

Tel: 01928 787674 or 07944 954724 Your local village handyman whose prime aim is to provide a professional service at a sensible price - decorating, painting (internal & external), tiling, plumbing, odd jobs, jet washing, gutters cleared & cleaned, garden maintenance for all seasons inc. flagging & fencing. All work fully insured and guaranteed

Eric Smith – Gas Plumbing and Heating Services

Tel: 01928 788055 or 07931 906860

Time served local tradesman offers gas, plumbing and central heating installations, servicing and maintenance, gas safety checks, landlord certificates. Eric is Gas Safety registered and an approved contractor and member of the Chartered Institute of Plumbing and Heating

Norman Whitehead – Domestic Appliance Engineer – KB Appliances

Tel: 01928787621 or 07760 387710

Kingsley based appliance engineer offering repairs and service to washing machines, dryers, dishwashers, ovens and refrigeration. Prompt and competitive repairs to all makes of appliances. Also sales and installation of new freestanding or built-in appliances

To Readers of the Kingsley News

"Supermarkets? All are equal, but some are more equal than others" To paraphrase a well-known author.

The supermarkets in general have come in for considerable criticism regarding their treatment of the farmer, and in some cases those criticisms are entirely justified. However, as a dairy farmer, I have been fortunate enough to obtain a contract with Tesco, though my primary buyer Muller-Wiseman Dairies; the 1.2million litres of liquid milk that our cows produce per year (that's around 9000 litres per cow per year, or an average of 28 litres per cow per day (for those who like numbers!) is collected by Muller-Wiseman on a daily basis and processed so as to go into Tesco stores. For the privilege of filling those shelves the approximately 700 farm members of the Tesco's Sustainable Dairy Group are paid around 31.5 pence per litre. This is calculated from the known average costs of production, with the addition of a wage for the supplier. Sainsbury's suppliers are paid at a similar level.

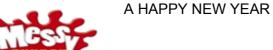
Now most people would like to be paid more for what they do (who doesn't?), but this payment is considerably more than the less fortunate farmers whose milk goes to other supermarkets, but who do not have a contract with the supermarket; these suppliers will receive up to 10 pence per litre less, than do contracted suppliers of Sainsbury's and Tesco. This would cost us a drop in turnover of up to £120,000 per year if we were unfortunate enough to be paid this lower price.

Tesco expect us to earn our payment our cows are health monitored every 3 months by scoring the herd for soundness, signs of discomfort, cleanliness and body condition (this is externally verified at least annually); we have to record our medicines usage and the use of certain antibiotics which are of importance in human health is monitored closely. Our herds must be milk recorded on a monthly basis so that the quality of the milk is monitored, as is the health of each cow's udder all through a simple milk sample (obviously this is a cost to us) ... Did you know that milk with a "cell count" of 400,000 cell/ml of milk cannot be sold in the UK because it has a shorter shelf life. reduced preservability and just isn't as clean as we would like? But milk of that quality is drunk in other countries in the developed western world! In the UK we do strive for the highest quality product and Tesco insist in our maintaining a level of less than 250,000. This quality isn't achieved without good animal health and welfare standards, and we are better able to achieve this if we are paid enough to allow for investment in cow comfort and care. Our seven years of supplying Tesco has enabled us to do this, whereas those supplying other supermarkets cannot advance. Every one of our cows, when housed at night or through the winter, has access to cubicles which are made spacious using

modern designs and which are bedded using modern mattresses (the test is simple If you can't drop to your knees onto a cow's bed, it's not good enough for the cow!). When our cows proceed through their milking parlour they walk and stand on rubber matting which is so much better for their feet and helps minimise lameness/sore feet.

It is reassuring that some supermarkets are prioritising the welfare of the animals which produce our food, and it is to be hoped that others will follow suit. With these thoughts in mind I would like to wish Tesco and Sainsbury's a happy and prosperous New Year.

Thomas Oultram



@ The Hurst Methodist Church,

4.30 – 6-00 pm on Thursday 15th January

FOOD GLORIOUS FOOD!!

An evening meal is provided, with food liked by all ages. A vegetarian option will always be available.

Suggested donations of £1 per child, £2 per adult or £5 per family are welcome to help cover costs.

<u>It's messy! It's Church – but not as you know it!</u> chat, create, celebrate & eat.

Plus activities for all ages. <u>Please note</u> – it would be super if some older children could come as well as younger ones!!!

Rounded off with a short song, puppets and worship time, full of interaction and fun

It's all happening in Kingsley - come & see.

Messy Church is your Church!!!

Please come promptly at 4.30pm

If you have not been before-come and see what fun it is



KINGSLEY WALKING GROUP

The traditional Christmas walk and lunch were held on 9 December. Starting from Frodsham Golf Club, on a chilly morning, we took a 5 mile walk along the length of Frodsham Hill, returning via the Shepherds Houses and across the Golf Course. There followed an excellent lunch at the Club House marred only slightly by a power failure! !6 participated in the walk and 27 took lunch!

Kingsley Walking Group have two walks each month: on the second Tuesday there is a long walk of 7 - 8.5 miles (bring a packed lunch); on the last Wednesday a short walk of approximately 5 miles with a coffee break and pub lunch. We meet at the Community Centre at 9.30am (Note however an earlier start of 9.00am for the long walks from May to September). Information on the walks programme may be found on the Walking Club page of the Kingsley Village website. For more information tel. 788132 (short walks), 788068 (long walks).

THE MOBILE LIBRARY WILL VISIT KINGSLEY ON TUESDAY 13th JANUARY

KINGSLEY GREEN.10 40 amCOMMUNITY CENTRE.11 20 amRED BULL.11 55 am

YOU CAN BORROW FROM THE MOBILE BUT RETURN TO ANY CHESHIRE LIBRARY OR RETURN LIBRARY BOOKS TO THE MOBILE.

FOR MORE INFORMATION OR TO CHECK WHEN THE MOBILE LIBRARY WILL BE COMING TO KINGSLEY. TEL. 01606 44221.

FOR SALE

Climbing harness by Wild Country. Elite Ziploc adjustable. Size small Cost £54.99 - never used. £35 ono Tel: 01928 787678

TEAM PUDSEY GOES THROUGH KINGSLEY

Pudsey Bear travelled through Kingsley in November in aid of Children in Need.

Below are a couple of photos courtesy of Simon Sherlock.





CONCEPT HAIR

Unisex Salon Hollow Lane Kingsley

Restyling, Colour, Foil highlights, Conditioning, Everything your Hair needs. Spoil Yourself!

> Please Call In 01928 788575

Stephen Ford

Local joiner / carpenter (time served tradesman) Based in Kingsley

> Telephone 07940 106 295



Robert Gleave & Sons Ltd

Home & Garden Centre, Mill Lane, Frodsham, Cheshire, WA6 7JA www.robertgleave.co.uk Tel - 01928 735713

We are a Garden Centre, Builders Merchants & Timber Supplier all under one roof

Monday to Saturday -8am till 5pm

Sunday -Open till 4pm



Great breakfast and lunch menu to eat in or take out

Tuesday to Friday - 7am till 2pm Saturday and Sunday - 8am till 3pm

Tel - 01928 731208

gleaveshgc 🕒 🖉





Monday to Friday 9am till 4pm

Saturday & Sunday 9.30am till 4pm

A delightful little place that still believes in homemade food, using local suppliers, fresh ground coffee, family values....

and that a smile and piece of cake will solve most problems.

The Willow Tree Café is now open at Gleave's Garden Centre.



KINGSLEY ELECTRICAL SERVICES LTD

SPECIALISTS IN ELECTRICAL INSTALLATION & TESTING

N.I.C.E.I.C. APPROVED CONTRACTOR PART P REGISTERED

Tel & Fax: 01928 788971 - Mob: 07711 258677 E-mail: kingsleyelectric@btconnect.com www.kingsleyelectrical.co.uk

MEMBER OF THE INSTITUTE OF ELECTRICAL ENGINEERS



GARDEN MAINTENANCE AND LANDSCAPING PROJECTS

(Formerly Acton Bridge Garden Centre)

20 years experience

Please call David Hodkinson

07791414919 or 01606-624364

Scott Architecture

Architectural Design Planning & Building Control Applications

Introducing Scott Desert, a Norley resident who has recently set up his own local architectural practice, Scott Architecture



ch teetur:

call us: 07973117032 email: scottsltd@gmail.com web: www.scottsltd.wix.com/portfolio



MOBILE CHIROPODIST

Lesley Mathieson M.INST. Ch.P, L.Ch.

Offers a Professional & Friendly Service Treating: Ingrowing Toe Nails, Corns, Callouses, Nail Infections and Verrucas etc.

FOR HOME VISIT APPOINTMENTS CALL ME ON : 01928 733630

Registered with the Health Professions Council







Your local Private Hire Company

Serving the community with a professional and reliable service.

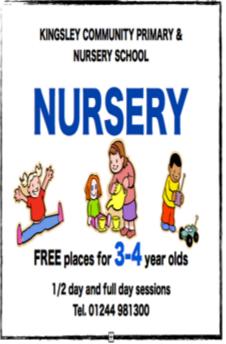
> Seats 1-8 people Airport Transfers Race Days / Nights out Corporate Accounts

Fully Licensed, CRB checked, and insured. Pre-bookings only

Call Peter : 07803 125 338

Email: Peter@kingsleytravel.co.uk

www.kingsleytravel.co.uk





Services include

- Airport Transfers
- Corporate accounts
- Sports fixtures and events
- Race days
- Same day courier service

We offer:

- Highly competitive rates
- New saloon cars & MPVs
- All major cards accepted
- Online Quick Quote
- Online Booking
- Same day booking confirmation

We now have a new 16-seat Mercedes minicoach!



We now offer **4**, **6**, **8** and **16** seater vehicles.

Call 01928 731756

info@cheshiretravelservices.co.uk www.cheshiretravelservices.co.uk



CURTAINS | BLINDS WALLPAPER | POLES | TRACKS & ACCESSORIES

If you are looking for ideas, style, innovation, quality, competitive prices, backed by an excellent reputation for over 30 years

1000's of fabrics to choose from

Stockist of all major suppliers: CROWSON I HARLIQUIN I WILMAN I SANDERSON I PRESTIGIOUS

...to name a few

SALE NOW C

FANTASTIC OFFERS

ON CURTAINS

Measuring and installation service

Head office: Victoria Hall, Fluin Lane, Frodsham, WA6 7QH

(C) 01928 731508

IAN BARLOW **BUILDER & SONS**

Established over 20 years

- Extensions
- Renovations
- Roofing
- Garden walls
- All general building work undertaken

Free estimates Call Ian on

07714 755 580 Or 01606 889 891

Kingsley carpets

A family company established for 33 years, supplying fooring throughout Cheshire and North Wates.

CHOOSE IN YOUR OWN HOME Personal advice, measuring and planning

FREE ESTIMATES All our staff are fully trained. Expert fitting

All carpets include

FITTING | UNDERLAY GRIPPERS | DOOR PLATE

Thousands of carpets, vinyls and laminates to choose from

Victoria Hall, Fluin Lane, Frodsham, WA6 7QH also at 24 Peopler Sreet, Nantwich CW5 5AB



FRODSHAM 01928 739444

CHEMITER 01244 378404

CREWI 01270 882731

Sarah Whitehead

Freelance Hairdresser

Professional hair in your home

Specialist in cutting, colouring & styling

*Leading Products

*Competitive rates

Call for an appointment or free consultation

On Kingsley

01928 787621 or 07712 561782

E. W. Smith Gas, Plumbing and Heating Installation, Servicing and Maintenance Gas Safety Checks Landlord Certificates Chartered Instatute of Plumbing and Heating Engineering Chartered Instatute of Plumbing and Heating Engineering

THE GLAZIER Replacement Double Glazed Units

Fed up of trying to see through those misty/failed double glazed units? Units can be replaced in wood, pvc and aluminium. All types of glazing for windows, doors, patios, roof lights, and greenhouses, mirrors fitted Call Kevin or Sue on 01928 787256 Free quotes given BACK, NECK AND SHOULDER ACHES AND PAINS? SCIATICA, SPORTS INJURIES, HEADACHES, POOR SLEEP...

Bowen Fascial Release Technique can help with these complaints and many more! Plus...Nurturing Pregnancy Massage now available incorporating Full body, face and scalp massage. Bean bags and pillows completely support mum and bump

New Product! The IBX Nail Treatment System. Rectifies Split, Peeling, Dry, Damaged Nails



Holistic and Beauty Therapies Ruth Greenleaves 07903830732 01928 734592 ruthgreenleaves@gmail.com









ARCHITECTS & PROJECT MANAGEMENT

Contact: **Stuart Begg** Architect RIBA MAPM Office: 01928 788227 Mobile: 07947 251588 E – Mail: office@fob-architecture.co.uk Web: www.fob-architecture.co.uk



Dates in January 2015

Mon 5 th Jan:	7:30pm-Rev S. Santry leads a new study course : "I believe" One God. (A weekly study course)
Mon 12 th Jan: "	Noon to 1pm. Soup lunch at the Hurst Chapel 8:00pm at KCC: Kingsley Garden Club. "Spring into Action"
Tues 13 th Jan	7.45pm for 8pm: Guild. The story of a brave woman, fleeing Communist Czechoslovakia to serve God in Africa.
Tues 13th Jan	Kingsley Walking Group - meet at KCC 9.30am
Sun 25 th Jan-	World Leprosy day
Tues 27 th Jan- Wed 28th Jan	Holocaust Memorial Day Kingsley Walking Group - meet at KCC 9.30am

Every Wed-1.30pm-2.30pm at KCC – Tai Chi. This consists of meditation and gentle relaxation movement. Really helpful if stressed/worried/overworked! Free trial for your first attendance !!!