

KINGSLEY NEWS

THE NEWS AND VOICE OF YOUR COMMUNITY

NOVEMBER 2023

Newsletter Highlights

"Autumn Bounty"

Parish Council News

Did you know ...

Flukes Charity
Music Morning

Poppy Appeal 2023

Return of the
Soup Lunch

Kingsley Walkers

The Kohima



by Mary Roberts



KINGSLEY
COMMUNITY
ASSOCIATION

A registered charity

Online edition at www.kingsleyvillage.co.uk Charity number: 503072

Kingsley Community Association - Committee Members

<i>Chairman</i>	Elizabeth Batey - Tel: 788788
<i>Vice Chairman/Kingsley News Editor</i>	Steve Easton - kingsleynewseditor@gmail.com
<i>Treasurer</i>	Heather Jones - Tel: 788104
<i>Bookings/Secretary</i>	Heather Hayes - Tel: 788494
<i>Council Members elected</i>	Vic Wodhams, Carol Rowlands, Anne Kavanagh (In addition, one representative from each affiliated group supports the committee)
<i>Printing: Simon Batey; Printing Support: Jane Wodhams; Distribution Co-ordinator: Carol Rowlands</i>	

Kingsley Community Centre: Regular Weekly Classes

Tai Chi	Monday	10.30am to 11.30am	liverpooltaichi@gmail.com
Gentle Yoga	Monday	6.15pm to 7.30pm	helenjanetwoodcock@gmail.com
Pilates	Tuesday	12pm to 1pm	dickienad@yahoo.co.uk
Karate	Tuesday	6pm to 7pm	dan@kenshinryu.co.uk
Yoga	Tuesday	7.30pm to 8.30pm	bjerkam@hotmail.co.uk
Gentle Exercise	Wednesday	11am to 12noon	helenjanetwoodcock@gmail.com
HiiT	Thursday	6.30pm to 7.30pm	info@alutotraining.com
Slimming Group	Thursday	9.00am	Contact Beeweighed: 07799 892782

Community Centre Standard Hire Charges	Whole Centre	The Hall	Club Room	Green Room
Friday or Saturday Evening 6pm to 11pm	£90	£50	£45	£45
Sunday to Thursday Evening 6pm to 11pm	£60	£40	£30	£30
Sunday to Friday 8am to 12 pm or 1pm to 5pm	£45	£30	£20	£20
Saturday 8am to 12pm or 1pm to 5pm	£50	£35	£25	£25
8:00am to 11pm (All Day)	£150	£90	£75	£75

Rooms can be hired for an hourly rate of £15 per hour.

There is a standard charge of £35 per session for the provision of the bar.

FROM THE EDITOR

Welcome to the November 23 edition of Kingsley News,

Its great again to be able to share through Kingsley News events and opportunities to meet with one another in the village.

If like me, you sometimes struggle with your mental health and well being, then perhaps joining a group and getting friendship support would be a good thing to do.

A friend of mine invited me along to a walk about a year ago, organised by Talk Hub, a 'walk and talk' group set up with the purpose of giving men the opportunity to open up about mental health issues in a safe, welcoming environment. Needless to say, we walk, we talk (generally about nothing much in particular) but for a couple of hours once a month we become a 'band of brothers' and it feels good.

I trust you all agree that Mary Roberts' artwork on the front cover is truly wonderful. She is a member of Kingsley Art and Craft group which meets in the Institute every week. If you too have a talent perhaps you might like to send in your artwork or photograph to feature on the December issue of Kingsley News - the theme is "festive Kingsley" and totally open to interpretation.

Best Wishes
Steve

I hope you continue to enjoy reading this edition and please do give feedback too. Please, don't forget that Kingsley News is also available in digital format on the Kingsley village website, www.kingsleyvillage.co.uk.

*Photos/Articles for the newsletter to be sent to the Editor at
kingsleynewseditor@gmail.com*

Copy deadline the 21st of the month.



The Macmillan Coffee Morning, 29th September 2023

Thank you to all those who came along to the Kingsley Community Centre last month to support our Macmillan Coffee Morning.

We raised a magnificent £1557 for Macmillan Cancer Support.

Particular thanks are extended to all those involved with organising the raffle and a big thank you to all who so generously donated the raffle prizes prior to the day and on the day itself; to The Carriers Inn at Delamere, our local businesses Concept Hair and Forresters, and the Co-op for, once again, providing the tea, coffee, milk and sugar for the event. All very much appreciated. Thanks, too, to all the stallholders who gave of their time and supported the event and to all those who gave money donations to Macmillan Cancer Support.

Of course these things don't happen by chance and a great deal of hard work was done on the day. Thanks to those who helped set up the room and those who helped to put everything away at the end of the morning. As ever, the ladies of the Kingsley W.I. worked tirelessly in the kitchen serving refreshments and selling the cakes baked for the occasion.

Thank you, every one, we couldn't have done it without you.

It was lovely to welcome the children and staff from St John's School throughout the morning. The joy of the Macmillan Coffee Morning is that it brings the village together, young and old. Thank you for caring.

See you next year!

Elizabeth M. Batey, KCA Chairman

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THE RETURN OF THE SOUP LUNCH



The Hurst started soup lunches in June 1992, providing a social setting for a lunch, as the title says of soup, but also a pudding and cup of tea or coffee. This provided a place to chat, and also raise money for charity – a different charity each time. This has ranged from 'Action for Children', and 'Aid to Romania', though to 'Will to Work Frodsham' and 'Women in Afghanistan'. Up until March 2020, there had been 300 lunches, which were on a monthly basis, and had raised a total of £34,720 for good causes.

The lunches stopped during the lockdowns for Covid. Since then, a small group has got together with the intention of re-starting the lunches to which all are invited. The first one will be on Thursday 16 November at 12:00 noon, in aid of KSN Hospital in Sarenga, West Bengal. The lunches will then be on a three-monthly basis (the third Thursday of the month – February, May, August, November).

Cost £5 per person, there will additionally be a raffle for those that want to take part

KSN Hospital was set up in 1914 serving the rural community around Sarenga in West Bengal. It relies entirely on donations and outside funding. KSN is not only a traditional hospital providing all the services expected, but also a teaching hospital for nurses, especially midwives. It also runs a hostel for local girls whose families are struggling to look after them. In addition to the physical hospital, KSN provides a mobile clinic to go into the more rural areas, where (even) poorer people would not have the ability to get to the hospital.

For further information please see view the poster on the back cover of this edition of Kingsley News



CHRISTMAS CRAFT WORKSHOP

(felt crafts, candle holder, origami-type craft etc)

At the Hurst Methodist Church, Kingsley

Saturday, December 2nd 10am-3pm

All materials provided.

£20 - includes lunch and refreshments

LIMITED SPACES

so contact Jean 787442 or Julie 788775 asap to secure your place



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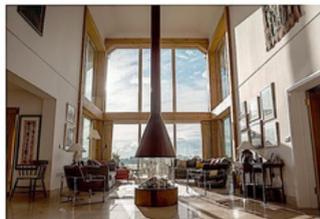
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KINGSLEY GARDEN CLUB



Our next meeting is on Monday, 13th November at 8pm when our speaker will be Kate Fitch who will be talking to us about the history and restoration of Grappenhall Hayes Walled Garden.

Grappenhall Hayes is a four-acre walled garden near Grappenhall in Warrington. Following the demolition of the grand house at Grappenhall Hayes, the walled garden was retained and restored as an amenity for the community. This should be a very interesting talk combining both local history and gardening - we hope you will come along to listen.

Visitors are always welcome at our meetings and it costs £4 – why not come along and find out more?

We look forward to seeing you at The Community Centre on 9th October at 8pm.



Kingsley Garden Club now has its own Facebook page. If you wish, you can follow the notices and news this way.



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FREE PRESCRIPTION COLLECTION AND DELIVERY SERVICE to all patients at Princeway Health Centre, Helsby Surgery, Weaverham Surgery and all other local surgeries.

The Kingsley Surgery (Brookside) is now closed and so you can now collect your prescriptions from Holland Pharmacy. Simply ask the surgery to nominate Holland Pharmacy as your preferred pharmacy and then order your prescription as normal.

If you have any queries then please call us or pop into the pharmacy to discuss.

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GUEST WRITER OF THE MONTH

Weekend of Talents at the Hurst.

A weekend full of the many talented people living in Kingsley.

It began on Friday Sept 22nd with a school assembly from St John's school showing children's achievements led by the headteacher and her staff.

Saturday and Sunday open days showing the many talents of the village from metal sculpture, wood turning, quilting, crochet, cross stitch, embroidery not forgetting the talented artists - too many to mention - and ending with the Harvest service, the preacher Rev Andrew Pratt, a hymn writer.

Thank you to the Hurst for organising a very interesting and rewarding weekend enjoyed by many people.

Joan Loukes

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Flukes Charity Musical Morning in Aid of Children in Need

Saturday, 18th November 10am - 12.30pm
at Acton Bridge Village Hall

We're excited to share our music with you! Join us for a musical morning on Saturday 18th November to raise money for Children in Need. Listen to tunes from the bygone days to the present with lots for children and adults to enjoy and sing along to. There will be refreshments and cake served by friendly volunteers and some mini craft workshops and activities for the kids! Anytime from 10.00 til 12.30 ish. Acton Bridge Parish rooms.

Any donations gladly received. All proceeds to Children in Need.



Flukes are a locally based band (who practise in Acton Bridge) and whose members came together through their love of the humble ukulele! They enjoy playing, experimenting and making arrangements not necessarily associated with this smallest of instruments. Flukes play a range of music from the 1920s to modernish! From jazz to folk punk if that's a thing. The group is led by Martin who adeptly provides bass ukulele and musical wisdom. Singing is shared democratically in typical Flukes fashion between David and Sarah. Tricia adds some nifty picking and plucking and Tim wears hats and mildly offensive t-shirts whilst keeping us in time!



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CHURCH NEWS



St John the Evangelist, Kingsley

We are part of the United Benefice of
Norley, Crowton and Kingsley with Alvanley
and Manley

Services in November 2023

Sunday 5th November

10.00 am Holy Communion at Norley
6.30 pm Sacred Space at Crowton

Sunday 12th November – Remembrance Sunday

10.00 am Remembrance Service
in Kingsley Church
10.45 am Act of Remembrance
at the Cenotaph

Sunday 19th November

10.00 am Holy Communion at Crowton

Sunday 26th November

8.30 am Holy Communion at Crowton (BCP)
10.00 am Holy Communion at Alvanley

Mid-week Holy Communion all at 10.00 am

2nd November at Crowton
16th November at Norley
9th November at Kingsley
23rd November at Crowton
30th November at Kingsley

Enquiries for any services to Revd Hilary
Merrington

Tel: 01928 788087

Email: hilary.merrington@btinternet.com
Church website www.nck.org.uk

Worship at The Hurst Methodist Church

November 2023

Sunday 5th November

8:30am Holy Communion
led by Revd A Crookes
10am Morning Worship
led by Mrs J Batey

Sunday 12th November

No service at the Hurst
10am Remembrance service at St
John's Church

Sunday 19th November

10am Holy Communion
led by Revd P Levitt

Sunday 26th November

No service at the Hurst
10.45am United service at Norley
Methodist Church

A warm welcome awaits all who wish
to attend.

We are anxious the most vulnerable
of our community feel safe, so ask
that you please do not attend if you
have cold or flu symptoms.

Feel free to wear a mask if you wish.

Coffee and Chat

Please come and join us each

Tuesday morn 10am at the Hurst Methodist Church

For 'Coffee and Chat', meet old friends and new.



You will be most welcome.



CHURCH NEWS



KINGSLEY PRAYER DIARY



Each week of the year Christians in Kingsley pray specially for people in a different area of the village and its surroundings. During November we think of, and pray for people living in: -

W/c Nov 5th The Cross

W/c Nov 12th Highbank Road

W/c Nov 29th Top Road

W/c Nov 26th Mansefield Road

We invite you to add your own prayers

They're back - two of our pre lock down favourites - please come and join us

Tea at 2.30 - Thursday, 23rd November 2023 at 2.30pm at The Hurst meeting room

Men's Brunch - Friday, 24th November 2023 at 10.30am at The Hurst meeting room

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The Kohima

I have heard on the news that the number of men and women wanting to sign up for the armed forces has grown dramatically. Of course, the powers-that-be won't take any volunteers there has to be a rigorous selection process, quite rightly, but in view of the strong likelihood that new recruits could well be facing mortal danger very soon in many world trouble spots I wonder why this is the case...

Is it the desire to fight for one's country?

To bring peace and restore democracy to a troubled people?

The glory of war?

The desire or need to do something or be something worthwhile?

An over-optimistic view of the real dangers of being frontline troops?

Being able to make a difference?



Perhaps some of these and other reasons too. But certainly, we do not lack in this country the desire to stand up and fight. And despite the rights and wrongs of being caught up in such conflicts those who do end up being trained and fighting in our name have great courage and bravery. Tales of men and women risking their own lives – and losing them too – in order to save comrades and civilians are numerous.

We may shake our heads in the futility of all that goes on and sympathise with families concerned for their loved ones who are involved in these conflicts but in the month of November we have the opportunity to do more than that. We have the opportunity to really show our concern, our gratitude and our support for those men and women who are there now in the conflicts. We can do this by buying a poppy, wearing the poppy, attending one of the Acts of Remembrance – It is a small thing, surely, to give up an hour one Sunday morning to honour those who are fighting on our behalf and to remember those who have done so in many other conflicts in the past... a small thing, but one where we can show that we really mean what we say when we talk about our regret at such conflicts and the deaths and injuries that ensue.

'The Kohima' of my opening line comes from India where at a place called Kohima the troops fought a long and hard battle to halt the advance of the Japanese forces and they paid with their lives. The inscription is written on a very tall cross dedicated to their memory.

That was in 1944... but the phrase is nonetheless significant and true for today. Still men and women are giving and offering the ultimate sacrifice, giving up their futures to secure our futures.

Let's not allow that that sacrifice to be dishonoured.

by Revd. Jane Parry

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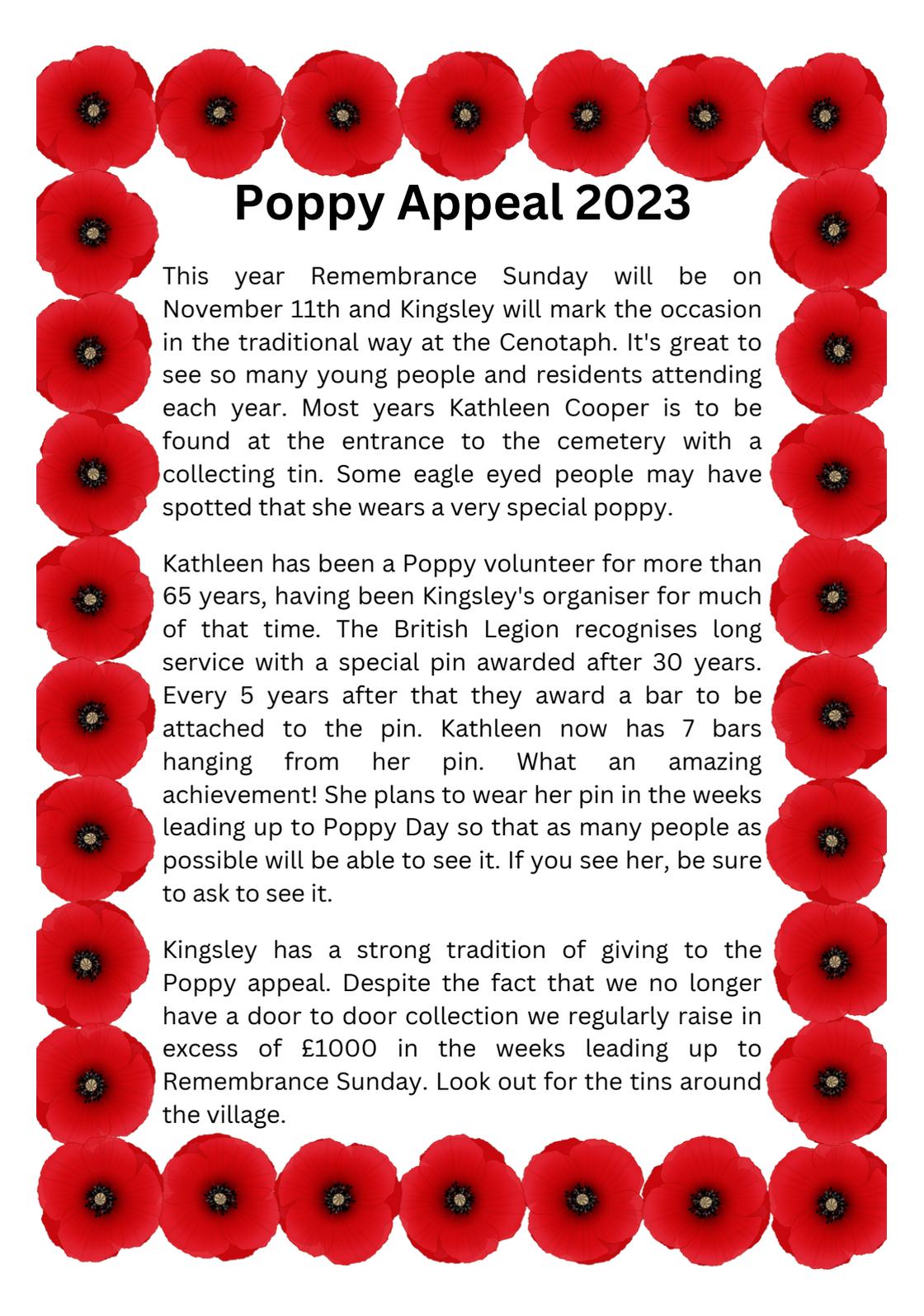
On the 12th September 13 intrepid walkers set off from Norley Village Hall in the rain, which had been forecast to stop at 9am but carried on till 11. The paths had been cleared on earlier reconnaissance trips but some nettles merely thought they had been lovingly pruned and had re-appeared in fresh, green profusion. The maize too was verdant and blotted out the view from the planned coffee stop. Chris G partially disappeared down a muddy pothole but was rescued by Sue W, whilst Tina V daintily made a mud angel in a barley field and Griff G, at the back of the group, confused all by heading straight to the pub, rather than the Norley car park. A very enjoyable meal at the Carriers Inn restored warmth and made up for the worries of the walk.



In much more pleasant weather we travelled further afield on the 26th September to the Manifold Valley, Staffordshire, NOT Derbyshire we were firmly told. We always try to share lifts and on the drive there five people nearly went into low earth orbit as the driver hit the ramp to a cattle grid a trifle fast. No damage was done to the car or any posteriors and we got away with a gentle admonishment from Manchester Air Traffic Control as we briefly appeared on their radar. We enjoyed great views from Wetton Hill, whilst some of us visited Thor's cave. At a cafe stop we encountered a gaggle of touring classic cars and helped bump start an MG Roadster.

The October short walk nearly got off to a very confused start. The two cheerful reapers went out with their scythes, in advance, to clear a section of path and, fortunately, realised that there are two Griffin Inns near St Helens, with the lunch booking and travel directions having been made for the wrong one. Hurried emails were made to the walkers, with phone calls to the pubs to cancel and rebook. Another enjoyable walk resulted with a visit to The Dream Sculpture at the site of the old Clock Face Colliery.

*As always new members are welcome, please contact
kingsleywalkersWA6@gmail.com*



Poppy Appeal 2023

This year Remembrance Sunday will be on November 11th and Kingsley will mark the occasion in the traditional way at the Cenotaph. It's great to see so many young people and residents attending each year. Most years Kathleen Cooper is to be found at the entrance to the cemetery with a collecting tin. Some eagle eyed people may have spotted that she wears a very special poppy.

Kathleen has been a Poppy volunteer for more than 65 years, having been Kingsley's organiser for much of that time. The British Legion recognises long service with a special pin awarded after 30 years. Every 5 years after that they award a bar to be attached to the pin. Kathleen now has 7 bars hanging from her pin. What an amazing achievement! She plans to wear her pin in the weeks leading up to Poppy Day so that as many people as possible will be able to see it. If you see her, be sure to ask to see it.

Kingsley has a strong tradition of giving to the Poppy appeal. Despite the fact that we no longer have a door to door collection we regularly raise in excess of £1000 in the weeks leading up to Remembrance Sunday. Look out for the tins around the village.



We help all girls to know they can do anything

Kingsley and Norley Guides has spaces for new girls (aged 10-14) to join!

Guides is a fun-filled space to have one big adventure with friends, learn how to be yourself, explore the things you love and do stuff you've never done before!



Monday evenings

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Remembrance Sunday

12th November 2023

10.00 am Service of Remembrance at St John's Church, Kingsley joint with Kingsley Methodist Churches

followed by an Act of Remembrance at 10.50 a.m. at the Cenotaph in Kingsley Cemetery

Reverend Hilary Merrington
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DID YOU
KNOW ?

..... that TSS stands for Trinity Safe Space and it is the Hurst Church's new project for 2023/24. TSS is a small charity run by volunteers. Its roots are in the Christian faith but volunteers include people of other faiths or none as well as people from a variety of churches of a variety of flavours.

TSS aims to support asylum seekers, refugees and vulnerable migrants - providing them with essentials such as toiletries, food, pots, pans, clothes, trainers, bedding, household items, sanitary items, nappies, wipes etc. Among other things, TSS also aims to help them learn English and to learn about British Culture.

The name Trinity Safe Space is linked to the spaces used by the charity – Trinity Methodist Church in Widnes and Halton Trinity Methodist Church in Runcorn.

At any one time there are about 650 asylum seekers in Halton and about 160 Syrian refugees plus Ukrainian refugees. There are also vulnerable migrants eg those who are fleeing domestic abuse – there have been some from Romania, Poland, Bulgaria, Albania who have ended up in Halton and who have attended TSS drop-ins. There is a safe house in Widnes run by the Medaille Trust which looks after and supports those who have been trafficked and sometimes they attend too.

What is the difference between an asylum seeker and a refugee?

A refugee is a person who has fled armed conflict or persecution and is recognized as needing international protection because it is too dangerous for them to return home. They are protected under international law by the 1951 Refugee Convention, which defines what a refugee is and outlines the basic rights afforded to them.

An asylum seeker is a person who has applied for asylum in another country but whose application has not yet been processed. They are seeking international protection because they fear persecution or harm if they return home. Asylum seekers are entitled to certain rights under international law, including the right not to be returned to a country where they face persecution.

Some asylum seekers are put into the Daresbury Park Hotel as a temporary measure which has become stays of over a year in some instances. They get their meals and £9.58 per week to cover clothing, toiletries, laundry, transport., etc. There are over 250 people in there. Others are put in "houses of multiple occupancy" where they do not know the others in there and sometimes there is conflict because of religion or warring countries. They get a bed (not very good condition), a plate, cup, knife and fork and a pan, some towels and a bit of bedding. Often there is no wardrobe or chest of drawers so they have to store their clothes on the floor. They receive £47.38 per week to cover the cost of meals, clothing, toiletries, laundry, transport., etc. When they get leave to remain they have to move out and go into the housing pool with other residents and just lately some are ending up homeless as there is not enough housing to go round. They have just 7 days to find other accommodation.

The Hurst is looking to support this work through fundraising, donating toiletries and other items.

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59 Kingsley Rd, Frodsham, WA6 6SJ (opposite the Travellers Rest Pub)

10 reasons to join Frodsham Pharmacy

1. We **DELIVER FREE** for everyone. No quibbles! No debate. This includes your monthly meds and same day delivery of any new medicines or antibiotics prescribed by your doctor.
2. We are a local pharmacy where the pharmacist is also a prescriber. Christian can **PRESCRIBE** for a wide range of conditions **WITHOUT THE NEED TO VISIT YOUR DOCTOR**. This includes a range of anti-biotics.
3. We have a **FRIENDLY AND EXPERIENCED** dispensing team who know our patients and will always go the extra mile.
4. You can contact us via phone, email, or our Facebook page. If you ring us, **WE WILL ALWAYS ANSWER, OR CALL YOU BACK**.
5. We use **AN EXTENSIVE RANGE OF SUPPLIERS** which means we have an increased chance of ensuring all your medicines are available when you need them.
6. We support you with any medicine supply problems by liaising with your Doctor, suggesting alternatives and resolving any issues. **WE DO NOT PASS THE PROBLEM BACK TO YOU!**
7. If you get your medicines at different times of the month, we liaise with your surgery to get these aligned to make life easier for you.
8. If your surgery allows us, we can order and dispense your medicines for you and then **DELIVER for FREE**. If your surgery requires you to order yourself, we offer a **FREE** Prescription Ordering reminder service to remind you to order. When we receive your medicines from the surgery, we deliver them for free.
9. We do **BLISTER PACKS** to support patients who need help taking their medicines. We have no waiting lists and capacity to take on more patients who need this support. Many pharmacies do not offer this service to patients.
10. We are a **LOCAL, FAMILY OWNED** pharmacy who care about the community we live in. We invest in local initiatives to support other local businesses and services.



Book your
flu jab now!
Call us
on 01928
620112

If this sounds like the type of service you want from your pharmacy, make Frodsham Pharmacy your local pharmacy of choice

Give us a call on 01928 620112
or email to info@frodshampharmacy.co.uk

NHS





NCK



YOUTH CLUB



**TABLE TENNIS
TABLE FOOTBALL
CRAFTS
BALL GAMES
TUCK**



**6:30-
7:45pm**



FRIDAY, 22 SEPTEMBER



FRIDAY, 20 OCTOBER



FRIDAY, 17 NOVEMBER



FRIDAY, 15 DECEMBER

CHILL, CHAT, GAMES

NCK CENTRE, ST JOHN'S CHURCH, NORLEY LANE, WA6 8NE



YEAR 6+





The Parish Council meeting was held on Tuesday 17th October 2023, at the Kingsley Community Centre, no members of the public were present.

The Parish Council has agreed to re-instate the Community Fund Grants scheme that was run a number of years ago. This will be open to any community groups, or, organisations to bid for grants to aid their work within the community, and must be used on projects that directly benefit the residents of Kingsley. Previous beneficiaries of grants have been; Kingsley Gardening Club, Kingsley WI, Kingsley Youth Theatre amongst others. It is hoped to officially launch the scheme in November and bids will be requested by January 2024, this will allow the Parish Council to include in its 2024/25 budget for these costs, the Council budgets are prepared in January. It is hoped that this will become an annual event, but is very much dependent upon the uptake this coming year, this will be a one-off opportunity for any 2024 projects you may have planned.

In the coming weeks the old goal posts will be removed from the playing field ahead of the arrival of new goal posts expected in the coming weeks. The existing posts have been identified as being unsafe as part of our recent play area H&S inspection, hence their removal and replacement. New wild flower seed has been ordered for the two areas of wild meadow at the top of the playing field for the 2024 growing season.

Whilst on the Playing Field, the Parish Council have been in discussions with CWAC with regards to a Community Orchard. We have been advised that 25 new fruit trees will be delivered in January for planting in an orchard to be located inside the walking track on the Dark Lane side of the field. The planting is to be a community event, and a date will be advised early in the New Year. It is hoped that local schools and members of the community will assist in the planting of the trees, a countryside warden will be on hand to assist and advise.

A 5.5m Christmas tree has been ordered from a local supplier, to be delivered and erected in early December. Christmas lights will be installed on the two trees at The Brow by a national company, whilst the Christmas Tree and the tree at The Cross will be decorated and lit by the Parish Council.

Finally, as announced previously, it is planned to have an open public meeting in March 2024 (date to be announced in the New Year) to discuss the proposed purchase of a plot of land to the side of the existing cemetery. This land will provide a future cemetery extension when the existing cemetery becomes full. This will be an opportunity for the public to have their say on what use the land can be put to in the intervening period and what form the cemetery will take. More details to follow in the New Year.

KINGSLEY PARISH COUNCIL

Contact Details for Kingsley Parish Council;

Kingsley Parish Council Website:
www.kingsleyparishcouncil.org.uk
Parish Clerk email address:
parish.clerk@kingsleyparishcouncil.org.uk
Mobile Number : 07483 157679

Kingsley Parish Council, The
Boardroom, Kingsley Cemetery,
Kingsley WA6 8EF

WANTED

Recently retired local engineer wishes to purchase any old motorcycles or parts.

Anything considered in any condition.

Cash paid on collection.

Please have a look in your garages and sheds.

07836 335108



IAN BARLOW BUILDER & SONS

Established over 20 years

Extensions

Renovations

Roofing

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All general building work undertaken

Free estimates

Call Ian on 07714 755 580

Soup Lunch



Thursday November 16th at 12 Noon

OPEN TO ALL

Cost £5.00 for soup, pudding,
and tea or coffee

**The Hurst Methodist Church, The Hurst,
Kingsley, WA6 8BB**

in aid of KSN Hospital, Sarenga, West Bengal, India