KINGSLEY NEWS

THE NEWS AND VOICE OF YOUR COMMUNITY



Kingsley Players cast members from Hobson's Choice 26th to 29th October Kingsley Community Centre





Kingsley Community Association – Committee Members

Chairman	Elizabeth Batey	788788
Vice Chairman	Steve Easton	788050
Treasurer	Simon Batey	788788
Bookings/Secretary	Heather Hayes	788494
Kingsley News Editor	Heather Hayes	
Printing Co-ordinator	Simon Batey	
Printing Support	Jane Wodhams	
Distribution Co-ordinator	Carol Rowlands	
Council Members (Elected) (In addition one representative from each affiliated group also supports the committee)	Vic Wodhams, Carol Rowlands, Anne Kavanagh	

KINGSLEY COMMUNITY CENTRE REGULAR FITNESS CLASSES

TAI CHI	MONDAY	11.30am to 12.30pm	liverpooltaichi@gmail.com
GENTLE YOGA	MONDAY	6.15pm to 7.30pm	helenjanetwoodcock@gmail.com
PILATES	TUESDAY	12 to1pm	dickienad@yahoo.co.uk
KARATE	TUESDAY	6pm to 7pm	dan@kenshinryu.co.uk
YOGA	TUESDAY	7.30pm to 8.30pm	will@yogaandhealingcheshire.co.uk
GENTLE EXERCISE	WEDNESDAY	11am to 12noon	helenjanetwoodcock@gmail.com
НіїТ	THURSDAY	6.30pm -7.30pm	info@alutotraining.com
ZUMBA	SATURDAY	9.45am to 10.45am	rachel_lebreuilly@yahoo.co.uk

Please note all back copies of the Kingsley News including details of local events and regular groups meeting can be found at www.kingsleyvillage.co.uk

Welcome to the October 22 edition of the Kingsley News,

It feels to me like the onset of Autumn is already here, the nights are slowly drawing in and already the trees are starting to turn. On the dark nights ahead there are however, plenty of activities taking place in Kingsley. This month the WI's guest speaker, Gary Hart, will be talking about Women in Parliament. Gary works for Parliament UK his talk will highlight the role women play across parliament and what we can do to engage with parliament. If you haven't attended a WI event before, then you would be most welcome to come along and join in.

Kingsley Community Centre is to host Cheshire Rural Touring Arts "Ma Bessies Prohibition Party" on 15th October. An evening of 1920's and 30's Blues and Jazz. See back page for more details.

At the end of the month Kingsley Players will be performing Hobson's Choice. For those of you who haven't been to a Kingsley Players production yet then you should really give it a go, the whole community centre is transferred into a theatre with a raked seating area and all seats are comfy with excellent views.

We have a new regular activity at the Community centre, HiiT classes delivered by Darren Townsend, who lives in the village. These take place every Thursday evening at 6.30pm and having given it a go myself then I can highly recommend them.

We also have another new advertiser this month, Kingsley Carers. Carmen is a qualified lead healthcare worker , having worked for many years in the care sector and she has now set up Kingsley Carers in order to provide domiciliary care to Kingsley and the local area. I know that Carmen already has a number of local clients and would welcome your call.

Finally, I would like to thank Zora, Mike and Ed for offering to help me with some of the ever growing list of jobs. Your help is most appreciated.

Here's wishing you all a happy and productive October.

Heather

Articles for the newsletter to be sent to the Editor at <u>kingsleynewseditor@gmail.com</u> Tel 07912 280804 Copy deadline 21st of the month. **Online edition at www.kingsleyvillage.co.uk**



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- Nursing Care Homes
- Dementia Care (EMI) Homes

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www.kingsleycare.co.uk

kingsleycare@outlook.com

Call: 07354 087520



SEPTEMBER—OCTOBER 2022					
Tuesdays	2.15- 3.30pm	Adult Mixed Coaching (Improvers)			
	4- 5pm	LTA Youth Red (ages 5- 8years) All abilities			
	5- 6pm	LTA Youth Yellow (ages 11- 14years) Improver group			
	6- 7.15pm	Adult Ladies Coaching (Improver+)			
	7.15- 8.30pm	Adult Mens Coaching (Improver+)			
Thursdays	4- 4.45pm	LTA. Youth Start (ages 5- 8years).			
	4.45- 5.45pm	LTA Youth Start, (ages 9- 11years)			
	6- 7pm	Adult Cardio Tennis(all abilities) A fun high energy cardio class.			
	7- 8pm	Tennis Xpress, for adults who have never played/ not for some time.			
Sundays	9- 9.30am	LTA Youth Blue (ages 3 ½- 6years)			
	9.30-10.30am LTA Youth Orange/ Green (ages 8-12years) All abilities.				
	10.30- 11.30am LTA Youth Red (ages 5- 8years)				

Individual Lessons and small groups: can be arranged at a time to suit you.

FREE ½ HOUR INDIVIDUAL LESSON: for adult members of Kingsley during September

To book on any of the above courses: www.clubspark.lta.org.uk/JaneWrightCoaching

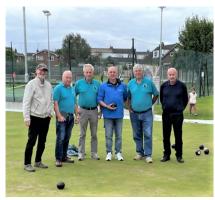
If you would like more information on any of the courses please contact:

Jane Wright, Level 4, LTA Accredited+ Coach

Email: Jane.wright66@gmail.com TEL: 078824 83575

Found on the Football field in Middle Lane, Kingsley a folding child's push chair and an electric scooter. To claim please telephone 01928 789942.

KINGSLEY & NEWTON VILLAGE INSTITUTE OPEN DAY 25 SEPTEMBER 2022



KNVI held its annual Open Day to demonstrate its facilities available for Kingsley people. The opportunity was available to "have a go" at bowls and tennis, aided by experienced bowlers and our LTA qualified tennis coach. The BBQ provided a welcome supply of burgers and hotdogs for the eighty or so

villagers who attended during the course of the afternoon.

Both Bowls and Tennis memberships are buoyant and new members of both sections were recruited at the Open Day.

The Institute boasts first class indoor facilities as well, including a full size snooker table, a dance



floor, bar and kitchen, and is available for private bookings.



This is your Village Institute—please make use of it! Membership enquiries to Elizabeth Batey:*embatey@msn.com*



Kingsley Wl

Our next meetings will be on

Wednesday 5th October

WOMEN IN PARLIAMENT'

by Gary Hart

The November meeting on Wednesday 2nd

will be the AGM and social evening and the meeting

on 7th December will be 'Christmas Crafts'

For further information ring 01928 788873 or email janetlesleyfletcher@gmail.com



MESSAGE OF THANKS

I would like to express my sincere thanks to Kay and John Leach for organising a wonderful party in my honour to celebrate my birthday and to all the members of the Bible group for their contribution. It was a wonderful occasion and I shall never forget their kindness.

With much love,

Ursula Martin.



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The Great Spud Weigh at The Red Bull Inn

"Tell me again Seamus, how did it all begin?"

"O.K. Pat but shurrup while I'm tellin it. Right, it all began at the Spring Fayre when Bob Merrill brought a whole load of bags containing tiny taters . The idea was to buy a bag, take it home and nurture the spuds till they grew. You could add your own manure, compost an the like an even talk to them if you wished. I know for a fact that Ciaran used to close up an sing 'Whiskey in the jar' to his bag way into the early hours.

And so the spuds grew throughout the summer months till it was time for the big weigh in.

Judith was there with her bowl, scales and board and Victor an Alan were riddlin the bags to extract the spuds. First up was Ali an Nigel an they registered 3lbs, not at all bad for starters. The weights were pretty even till it was Heather and Ian's bag. 6lbs Pat, what a haul; Heather's face which was pale up to then cos she'd got bladdered the night before went crimson with glee. The bags came and went till it was the lad's turn, never seen Ciaran more excited. Jees, his spuds were bold, big an ugly, more

like Orcs than spuds. Where's Frodo Baggins when you want him? The bowl couldn't hold them and the scales showed 11lbs, incredible. Ciaran's little face lit up, only a real Oirishman can grow a spud Pat.

Soon there were only two bags left, it was all over, or so we thought.

Next up was Janet an Marks bag. Jees Pat, they could hardly lift it. The lads face dropped when



the scale registered 12lbs, never seen Ciaran so sad. But the drama was yet to come. The last bag was Julie an Nicks. Streuth Pat, there were spuds everywhere, mountains of 'em. Two bowls were needed to weigh the buggers an they registered 14lbs, what a climax to the day.

Judith presented Nick with his trophy an Nick gave the bag of spuds to Julie.

'What am I gonna do with these', she asked.

He never flinched, 'I grew 'em, you can peel 'em.' he said."

"No, he really said that?"

"Sure as I'm drinking this Guinness. You know Pat, I'm sure there's a bit of Oirish in Nick O'Mort.



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Classic period comedy 'Hobson's Choice'

staged by Kingsley Players

(26 - 29 October 2022)

Award-winning Kingsley Players return to the stage this month to present Harold Brighouse's classic Lancashire comedy '**Hobson's Choice'**, set in 1880s Salford.

Widower Henry Hobson is a successful bootmaker and a tyrannical father of three daughters, who all want to leave him to get married. Strong-willed Maggie leads her two sisters in their clever battle of wills to gain independence.

Lesley Silcock, a familiar face in front of the curtain, makes her directorial debut with this much-loved period classic. She says: "Hobson's Choice has always been one of my favourite plays. Its intriguing story is full of wry humour, with brilliant characters whose direct, forthright language highlight a number of life lessons which are still pertinent today.

"The play's title has become synonymous with a choice which offers no choice. Apparently the saying dates back to a 16th century Cambridge livery stable owner Thomas Hobson, who noticed his fastest horses were also the most popular, while the others lay idle. To make best use of his stable, he resolved to give his customers only the illusion of choice – take it or leave it!"

First staged in 1915, the play has been a favourite with theatre audiences for more than a century, as well as being adapted for film several times, most famously in 1954, with Charles Laughton in the title role.



Treading the boards in the Kingsley Players version are Mike Kelsall (Funny Money) as Henry Hobson, Jen Deakin as Maggie, Catrin Jones and Rebecca Lowe as her two sisters and Chris Doyle as Willie Mossop, supported by Jo Oultram, Malcolm Barker, Jake Powell, George James, Murray Milligan and Keith Boswell.

'Hobson's Choice' will play for four performances at Kingsley Theatre in Kingsley Community Centre, from Wednesday 26 to Saturday 29 October 2022, 7.30pm. Tickets cost £10, with £7 tickets available for students/ children. These can be booked online at www.kingsleyplayers.co.uk or by ringing the box office on 07724 892154.

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KINGSLEY AND NEWTON VILLAGE INSTITUTE

AGM

MONDAY 24th OCTOBER 2022 at 7.30pm

AT THE INSTITUTE ON TOP ROAD, KINGSLEY WA6 8DA

KNVI will be holding its AGM on 24th October 2022.

All residents of Kingsley and Newton and all Friends of the Institute are welcome to attend. We would appreciate your support.

Nominations for election to the management committee (as a Charity Trustee) to be sent to Fiona Crane (Secretary) at the address or e-mail below, to be received by **5:00pm on Thursday 20th October 2022:**

9 Westbrook Road, Kingsley, Frodsham, Cheshire, WA6 8EA or

e-mail fiona.crane1@outlook.com

Nominations must meet the following conditions:

- You must provide your full name and address
- You (the person nominating) must live in the Parish of Kingsley or Newton
- You must provide the full name and address of the person you are nominating. (The person you are nominating is not required to live in the Parish of Kingsley or Newton)
- You must ensure that the person you nominate agrees to the nomination and confirm that in your nomination
- The person nominated must be over the age of 18 years

If you want a copy of the 2022 Accounts and minutes of the 2021 and 2020 AGMs, please e-mail me (at the above e-mail address) and I will send you a copy a few days before the AGM. There will only be a few paper copies available on the night.

Fiona Crane

Secretary

KNVI

DID YOU KNOW that if you are lonely there is no need to be.....

DID YOU ALSO KNOWthat a **FULL MONTY (FM)** is on offer at the Hurst Methodist Church on the last Friday of each month from 10.30 until noon! Yes, you read that correctly! **The Men's Brunch** is open to **ALL GENTLEMEN**. All you have to do is come along and claim your **F.M.** - a bacon and sausage bap/barm with tea/ coffee. No charge is made but we welcome donations to a chosen charity. Occasionally we have a speaker, an exhibition, a visit to a local site of interest or just chat about old times. A monthly quiz has often caused some head scratching, Don't wait to be asked just turn up...you will be more than welcome. Our next meeting will be on October 28th.Contact Jean on 787442 for more info.

ALSO On the last Thursday of the month **ALL LADIES** are invited to Tea at Two Thirty for cakes, tea/coffee. This is from 2.30pm - 4.00pm at the Hurst Methodist Church. Bring your friends, enjoy a game of bingo or chat/ knit/ whatever takes your fancy! Date of next meeting: October 27th Lifts can be arranged - just contact Jean on787442

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October 2022

Sunday 2nd October

8:30am Holy Communion led by Revd. A Emison

10am Morning Worship led by Mr K Martin

Sunday 9th October

10am Morning Worship led by Mrs J Batey

Sunday 16th October

10am Holy Communion led by Revd. A Emison

Sunday 23rd October

10am Morning Worship Local Arrangement

Sunday 30th October

10am Morning Worship led by Mrs E Holmes

A warm welcome awaits all who wish to attend.

We are anxious the most vulnerable of our community feel safe, so ask that you please do not attend if you have cold or flu symptoms. Feel free to wear a mask if you wish.



They're back - two of our pre lock down favourites - please come and join us

Tea at 2.30 – Thursday, 27th October 2022 at 2.30pm at The Hurst Chapel meeting room

Men's Brunch - Friday, 28th October 2022 at 10.30am at The Hurst Chapel meeting room



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What's On - Halloween Activities



Pumpkin Patch – Pop in and pick your own pumpkins

The Norley Veg Lady (Norley Road) & Delamere Farm Shop (Station Road)

Clothes and Halloween Costume Swap – Weaver Hall Museum Northwich 26 October @ 10.30am - 4.00pm Free. Drop in.

Fancy a new outfit without spending a single penny? Bring the clothes you no longer wear and trade them for new and exciting pieces! Between 10.30am and 4pm, drop off your old clothes and exchange them for something new. Clothes for all ages, shapes, and sizes welcome

Magical Woodland – Blakemere Village - A spooktacular, Magical Woodland Experience. Featuring BRAND NEW themes to guarantee you an evening of Halloween family fun!

FURTHER AFIELD

BeWILDerwood, Bickley Moss, Whitchurch

It's the most fantastical time of the year, as BeWILDerwood's famous Glorious Glowing Lantern Parade is back 15th – 31st October, with a sparkly new story.

Halloween at Beeston Castle

Sat 22 - Sun 30 Oct 2022 Gather your little monsters and prepare for a ghoulishly good day out at Beeston Castle. Follow Dennis, Gnasher and friends to solve creepy clues on the fun family quest around the grounds. Then, meet costumed performers to hear tall tales of the strange, the supernatural and the downright silly.

Halloween Chester Interactive Ghost Walk With Haunting Nights Your interactive adventure with the Haunting Nights Team starts with a ghostly tale of sinister drownings on the banks of the river Dee, just a short walk will take you to the ancient church where hooded figures are seen to dart around the ruins.

Sneaky Spooks – Half Term Halloween Fun At Walton Hall And Gardens

Mysterious sightings have been reported within the grounds at Walton Hall and Gardens. An expert team of paranormal scientists have been summoned to investigate... but they need your help!



,				
Cryptic Names of Cars				
	1.	This car is royalty]]	
	2.	Has an odd sound 🧐 😽]	
	3.	Is where boats are kept]	
	4.	Well liked]	
	5.	Is in East England]]	
	6.	Is an insect]	
	7.	Is a wild horse]	
	8.	Has a red breast]	
Π	9.	Is accompanying you]	
Ū	10.	Has odd paintwork]	
	11.	Shouts "fore"]	
Answers on inside back page				

***** ⋇ ************ *** **KINGSLEY GARDEN CLUB** ⋇ * The new season 2022-2023 began in September, with a presentation by * Maureen Sawyer entitled Scents of Purpose. Maureen brought examples ✤ of plants which would give all round scented interest. 米 * The next meeting will be on October 10th. The speaker will be Anthony Nor-* man, the topic: Creating Winter Baskets. Anthony and Susan of Conquest * Plant Nursery are specialist growers of variegated and coloured foliage. They ∦ have a great knowledge of how to get the most from this range of plants 米 including grasses, shrubs, perennials and bulbs. * 米 We look forward to meeting members and visitors at The Community Centre ** on October 10th. Doors open at 7.30 for an 8.00 start. ∦ ⋇ *

St John the Evangelist, Kingsley We are part of the United Benefice of Norley, Crowton and Kingsley with Alvanley and Manley Sunday 2nd October 10.00 am Harvest Festival Services at Norley, Crowton, Kingsley and Alvanley 6.00 pm Holy Communion at Alvanley 6.30 pm Service of stillness & reflection Sunday 9th October 10.00 am Holy Communion, Kingsley 6.00 pm Holy Communion (BCP) Alvanley Sunday 16th October 10.00 am Family Service, Crowton 6.00 pm Healing Service with Holy Communion Kingsley Sunday 23rd October 8.30 am Holy Communion (BCP), Crowton 10.00 am Holy Communion at Alvanley 6.00 pm Evening Prayer at Norley Sunday 30th October 10.00 am Holy Communion at Manley Thursday Mid-week Holy Communion all at 10.00 am 6th October at Norley 20th October at Kingsley 13th October at Crowton 27th October at Alvanley Vicar: Rev Canon Ron Iveson. Tel: 01928 787 180.

Email: roniveson@hotmail.com

Church Website www.nck.org.uk

KINGSLEY PRAYER DIARY

Each week of the year Christians in Kingsley pray specially for people in a different area of the village and its surroundings. During October we think of, and pray for people living in: -

W/c Oct2nd BradleyW/c Oct9th BrooksideW/c Oct16th Lower Brookside and Well LaneW/c Oct23rd Hollow Lane and St John's SchoolW/c Oct30th Depmore Lane

We invite you to add your own prayers

WANT TO GET FITTER, HEALTHIER AND AID WEIGHT LOSS?

Did you know - Physical activity is not only good for your body, but it's also great for your mind.

ALUTO Fitness & Wellbeing want to bring the benefits of getting active, becoming fitter and ultimately, feeling good about yourself.

The benefits of being active helps to release chemicals within the brain that makes us feel good (the warm fuzzy feeling you get after exercise) – being active also boosts our self-esteem, helps us to de-stress, provide a mental energy boost and leave us feeling we have achieved something good.

Government guidelines suggest adults should aim to do 150 minutes of moderate activity a week or 75 minutes of vigorous activity a week - Think about your current fitness levels, how much time you have to exercise, and what feels realistic to you. Anything you do to get active and reduce the amount of time you spend sitting or lying down is good. Remember, exercise is not all about losing weight or changing our body shape, if you enjoy it and it makes you feel good, *that's the important part.*

ALUTO Fitness & Wellbeing are running weekly Cardio/HiiT/Circuit training sessions every Thursday at 6.30pm at Kingsley Community Centre These sessions are for all ages between 18 and upwards. Sessions include classic exercises such as Star Jumps, Crunches, Mountain Climbers, Sprints and everyone's favourite, Burpees – an all over body blitz! Our aim is to fire up the heart rate, then let it drop, then go again – this provides a massive boost to the cardiorespiratory system, which keeps the blood pumping around your body efficiently.

It can also be a great way to meet new people, feel more confident and have a break from daily life

What – ALUTO Fitness & Wellbeing training classes (HiiT/Circuit Training)

When – Every Thursday evening 6.30pm, "walk – ins" welcome

Where – Kingsley Community Centre

£6.00 per session

For more information: Info@alutofitness.com



QUIZ ANSWERS 1. Princess 2. Accent 3. Marina 4.Popular 5. Anglia 6. Beetle 7.Mustang 8. Robin 9. Escort 10. Picasso 11. Golf

Another Successful Year For Kingsley Bowls Club in 2022

Bowlers are well used to having matches postponed owing to rain, hail and sometimes snow causing unplayable greens but whoever thought high temperatures would ever be a reason! Well, it happened this season and most likely will happen again in future years.

Playing on dry, fast and often grassless surfaces for most of the summer presented challenges but happily did not prevent league and cup successes coming our way. Following last season's Norley League Section 7 first place our B team narrowly missed promotion again, however on the back of a terrific team performance they did win the Fred Rogers Trophy in a thrilling final against one of the top sides in the area. The handicap allowance helping them over the line by just a couple of points. Great stuff!

Whilst the A team could not manage cup competition success they did do exceptionally well in two of the three leagues they entered finishing very close runners up in both, thus achieving promotion and a return to Section one in both leagues.

Both cup and league success brings considerable prize money, which helps to fund green maintenance work. We will however always be reliant on the support of the KNVI management committee who this year agreed to fund vital renovation work to the green surrounds as well as our first ever brand new specialist green mower to replace the ancient Atco which finally expired.

Our season finale was an away day to beautiful Benllech BC on Anglesey, enjoying a fish and chip lunch followed by an afternoon bowls with delicious afternoon tea. We bowlers know how to live!

If you are interested in joining us contact Rob Hill (Secretary)

robmarghill@tiscali.co.uk mob 07871 556108.



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